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For more information concerning the history of these regulations, please see the [Table of Regulations](#).

If you find any errors or omissions in this consolidation, please contact:

Legislative Counsel Office
Tel: (902) 368-4291
Email: legislation@gov.pe.ca

CHAPTER D-10.1

DIETITIANS ACT

STANDARDS AND DISCIPLINE REGULATIONS

Made by the Prince Edward Island Dietitians Registration board pursuant to section 9 of the *Dietitians Act* Stats. P.E.I. 1994, c.12, after consultation with the Prince Edward Island Dietetic Association and approved by the Lieutenant Governor in Council.

1. In these regulations

	Definitions
(a) "Act" means the <i>Dietitians Act</i> R.S.P.E.I. 1988, Cap. D-10.1;	Act
(b) "affected dietitian" means the dietitian who is complained against or is otherwise the subject of an inquiry, investigation or disciplinary process;	affected dietitian
(c) "Board" means the Prince Edward Island Dietitians Registration Board;	Board
(d) "complainant" means a person who submits a complaint against a dietitian;	complainant
(e) "full investigation" means a thorough examination of a case by the Investigation Committee following a preliminary inquiry, pursuant to section 10;	full investigation
(f) "Investigation Committee" means the committee appointed under section 8;	Investigation Committee
(g) "preliminary inquiry" means initial consideration of a complaint, allegation or suspicion by the Investigation Committee pursuant to section 9 for the purpose of determining whether a full investigation is warranted;	preliminary inquiry
(h) "Registrar" means the officer appointed under subsection 8(2) of the Act;	Registrar
(i) "Registration Regulations" means the regulations concerning registration made under the Act (EC454/95). (EC830/95)	Registration Regulations

STANDARDS

2. A dietitian shall abide by the requirements of section 12 of the Registration Regulations concerning continuing professional development. (EC830/95)

- Acceptable practice **3.** A dietitian shall exercise generally accepted standards of practice and procedures that are, in the judgment of the Board, consistent with a combination of
- (a) the dietitian's professional training;
 - (b) current teaching in accepted educational programs as referred to in the Registration Regulations;
 - (c) current research and thinking appearing in recognized professional journals and reports; and
 - (d) customary practices generally evident among peers in Canada. (EC830/95)
- Incompetence, negligence **4.** The Board may find a dietitian guilty of professional incompetence or negligence if it concludes that a client suffered demonstrable harm or serious risk of harm which can reasonably be attributed to something the dietitian did or failed to do or failed to take into account, which act or omission was inconsistent with generally accepted standards of practice and procedures as described in section 3, and cannot be justified to the satisfaction of the Board. (EC830/95)
- Conflict of interest **5.** It is a conflict of interest for a dietitian to place herself in or accept a situation which, in the Board's judgment,
- (a) results, by connection with her dietetic practice, in her monetary or other personal gain other than that earned directly from the provision of professional services;
 - (b) results in gain for a person who refers a client to the dietitian as a consequence of the referral; or
 - (c) puts her professional integrity or her rendering of services at risk of being controlled or detrimentally influenced by other persons or by factors other than her professional judgment of what is best for the client. (EC830/95)
- Professional Misconduct **6.** Without limiting the generality of section 17 of the Act, the Board may find a dietitian guilty of professional misconduct for any of the following reasons:
- (a) failing to abide by any terms or conditions of the dietitian's certificate;
 - (b) exceeding the lawful scope of practice, as defined by the Act and amplified by the generally accepted standards of practice as described in section 3;
 - (c) purporting to have a qualification or special expertise which the dietitian does not in fact possess;
 - (d) attempting to deal with a client's problem which the dietitian recognizes or should, according to her qualification, recognize as being beyond the scope of her competence or expertise;

- (e) failing to refer a client appropriately when the dietitian recognizes, or should in the Board's judgment recognize, a condition requiring the attention of another professional;
- (f) failing to inform the dietitian's employer of the dietitian's inability to accept a certain responsibility in an area where specific additional training is required or where the dietitian does not feel competent to function without supervision or assistance;
- (g) assigning another dietitian, a dietetic intern, food service supervisor, technician or other person who is subject to the dietitian's direction the performance of a dietetic function in which such person is not adequately trained or competent;
- (h) permitting, in circumstances within the dietitian's control, an unauthorized person to perform any of the reserved professional functions of the profession except as may be provided for in law or according to generally accepted standards of practice as described in section 3;
- (i) attempting or carrying out, without previously informing and obtaining the advice of the Board, research based on methods which do not conform to the dietitian's training or to generally recognised contemporary custom;
- (j) failing to have and employ equipment, instruments, materials or other aids which enable the dietitian to render service according to an acceptable standard of current practice as described in section 3;
- (k) failing to discuss appropriately with a client the plan for the services to be given;
- (l) providing a service without obtaining proper consent where a consent is required by law;
- (m) failing to reveal or explain the exact nature of a service provided, following a client's request to do so;
- (n) failing to provide appropriate explanation, instruction or advice when assigning to a client a regimen of care or treatment, including the use of a piece of equipment or technique or substance, that is to be self-administered;
- (o) discontinuing professional services, unless
 - (i) the dietitian determines that the service is no longer necessary,
 - (ii) the client requests, clearly accepts or indicates by behaviour an intention that services be discontinued,
 - (iii) alternative services have been arranged, or
 - (iv) the client has had a reasonable opportunity to arrange for alternative services;
- (p) engaging in practice while ability to perform any professional act is impaired by alcohol or other drug or substance;

- (q) engaging in practice while ability to perform any professional act is significantly impaired by a condition of physical or mental ill-health;
- (r) providing or recommending service that is improper, inappropriate, unnecessary or cannot be reasonably expected to contribute to improving a client's health;
- (s) failing to co-operate with an appraisal or investigation duly authorized by the Board in accordance with the Act and regulations;
- (t) failing to comply with directions issued by the Board in accordance with the Act and regulations;
- (u) failing to carry out an undertaking given to or agreement made with the Board;
- (v) wilfully breaching or failing to carry out an agreement with or commitment to a client;
- (w) abusing a client verbally, physically or emotionally;
- (x) sexually abusing or harassing a client, employee, colleague or other person in a practice setting;
- (y) practising under a conflict of interest;
- (z) failing to maintain current client records;
- (aa) maintaining in records under the dietitian's control, signing, issuing or submitting a record, report, certificate, claim or similar document which the dietitian knows or should know contains false or misleading information or which, by omitting significant information, may give a misleading impression;
- (bb) failing, without reasonable cause, to provide a report or certificate relating to an assessment, treatment or other professional service performed by the dietitian within a reasonable time after a client or authorized representative has requested such document;
- (cc) giving information regarding a client's condition or services provided to the client to a person other than the client without the consent of the client or authorized representative, unless allowed or required to do so by law or for a purpose directly related to the client's care;
- (dd) disposing of client records in a manner that does not preserve confidentiality;
- (ee) failing to take reasonable steps, before ceasing practice or terminating services to a client, to ensure that, with respect to a health record for which the dietitian has primary responsibility,
 - (i) the client is so notified and offered the opportunity to obtain a copy of the record,
 - (ii) the record is transferred to another qualified dietitian, or
 - (iii) where more than five years have passed since the completion of service to which a record refers, the record is destroyed;

- (ff) advertising that is improper or misleading in the judgment of the Board with reference to such written guidelines as may be developed;
- (gg) failing to inform a client, prior to providing service, of the nature and level of any fees to be charged to the client;
- (hh) submitting an account or charge for services that the dietitian knows is false or misleading;
- (ii) failing to itemize an account so that the client or other payer can clearly understand the value of the different aspects of service which were rendered;
- (jj) contravening a provision of the Act or regulations;
- (kk) contravening a federal or provincial law or municipal bylaw or rule of a facility or program in which the dietitian practises if the purpose of the law, bylaw or rule is to protect the health of the public or the contravention is significant to the dietitian's ability to practise competently;
- (ll) failing, where there are reasonable and probable grounds for suspicion, to report to the Board an incident or pattern of apparent negligence, incompetence, unsafe practice or professional misconduct on the part of another dietitian;
- (mm) conduct or an act associated with practice which, in the judgment of the Board without any negative vote, would reasonably be regarded by the vast majority of dietitians as dishonourable or seriously offensive to a client. (EC830/95)

COMPLAINT AND INVESTIGATION

7. (1) A complaint against a dietitian shall be submitted to the Registrar, and the Registrar shall generally inform the complainant of the nature and process of the investigation system preserved in these regulations. Complaint

(2) The Registrar shall determine the substance and, to the extent immediately practicable, the background and facts of the complaint and report the matter to the Board. (EC830/95) *Idem*

8. (1) When the Board, on its own initiative or as a result of a complaint, determines that there is cause for examining a particular alleged incident or the practice of a dietitian, it shall appoint an Investigation Committee. Investigation Committee

(2) the Investigation Committee shall comprise two dietitians and a person who is not a dietitian, who may or may not be members of the Board, and it may include such other persons as the Board considers necessary. Membership

(3) The Investigation Committee may engage the assistance of such other persons as the Board may authorize. (EC830/95) Assistance

Preliminary inquiry	9. (1) The Investigation Committee shall conduct a preliminary inquiry to determine whether there is cause for full investigation.
Discretion to inform dietitian	(2) The Investigation Committee may or may not, as it judges most productive, inform the affected dietitian of the preliminary inquiry.
No basis for action	(3) If the Investigation Committee finds that there is not a sufficient basis for proceeding, it shall recommend to the Board that there be no further action, and the Board shall approve that conclusion or else direct the Investigation Committee to take further action. (EC830/95)
Full investigation	10. If the Investigation Committee decides that there is cause for full investigation, or if directed by the Board pursuant to subsection 9(3), it shall in writing so inform the affected dietitian and carry out such full investigation as it considers appropriate or the Board may direct. (EC830/95)
Parties to be heard	11. During the full investigation, and at the discretion of the Investigation Committee also during the preliminary inquiry, the Investigation Committee shall ensure that any complainant and the affected dietitian are each permitted to be heard and to submit evidence. (EC830/95)
Co-operation	12. The affected dietitian shall if required give full co-operation to the Investigation Committee, including the provision of such records within the dietitian's control as may be requested. (EC830/95)
Mediation alternative	13. (1) Wherever it thinks it appropriate, the Investigation Committee shall commend to the complainant and the affected dietitian the alternative of mediation, that is, an effort mutually to resolve the complaint, allegation or suspicion informally without further inquiry or investigation.
Resolution	(2) If mediation resolves the matter, the Investigation Committee shall so notify the Board in writing, and if the Board is satisfied, there need be no further action.
Non-resolution	(3) Where the Investigation Committee believes that the attempt at mediation is not, or is not likely to be, successful, or where the Board is not satisfied, the preliminary inquiry or full investigation shall proceed. (EC830/95)
Action pending outcome	14. On recommendation of the Investigation Committee, at any stage of the inquiry or investigation process, if (a) there appears to be overwhelming evidence of negligence, incompetence or misconduct;

- (b) there is demonstrable risk to the affected dietitian's clients or to the general public; and
 - (c) the Board so decides without any negative vote
- the Board may take one or more of the following actions:
- (d) make public or otherwise disclose the fact that an inquiry or investigation into the practice or conduct of the affected dietitian is under way;
 - (e) suspend or impose a condition on the certificate of the affected dietitian. (EC830/95)

15. The Investigation Committee shall not inquire jointly or inclusively into the practice or conduct of another dietitian because of evidence which appears during the inquiry or investigation concerning the affected dietitian, but instead shall if necessary conduct a separate inquiry. (EC830/95)

No inclusive investigation

16. (1) The Investigation Committee shall keep records of the information it gathers related to the complaint, allegation or suspicion.

Committee records

(2) The Registrar shall keep these records confidential and not give access to them to persons other than the Board, the Investigation Committee or its advisers or agents, except with the express consent of both the affected dietitian and the Investigation Committee.

Confidentiality of records

(3) The completed file of an Investigation Committee inquiry, investigation and decision shall be kept for at least five years after the Board's decision on the matter, and thereafter at its discretion, but the file in a case where suspension or revocation of a certificate results shall be kept permanently.

Retention of records

(4) Such completed files shall be inaccessible to anyone other than the Board or its authorized officers or agents, except by court order or with the consent of both the Board and the affected dietitian. (EC830/95)

Access to files

17. The Investigation Committee shall in writing report the findings of fact and conclusions of its full investigation and any recommendations to the Board, which shall provide a copy to the affected dietitian. (EC830/95)

Report

18. If the Board believes that the report of the Investigation Committee's investigation does not warrant proceeding further with the disciplinary process, the Board shall in writing so inform the affected dietitian and may, subject to the affected dietitian's concurrence, dismiss the matter and proceed no further on it, and the Board shall so inform the complainant. (EC830/95)

Complaint dismissed

HEARING AND JUDGMENT

Hearing	19. (1) Unless the matter is dismissed in accordance with section 18, the Board shall hold a hearing to provide the affected dietitian with the opportunity to address the report of the Investigation Committee's investigation and otherwise present the dietitian's case to the Board.
Quorum	(2) The Board shall not conduct the hearing and make its decisions under section 20 with fewer than three members present, of whom one must be a non-dietitian.
Notice of hearing	(3) The Board shall, by ten days written notice delivered by hand or sent by registered mail to the person's last known address, inform the affected dietitian of the time and place of the hearing, and of the right, if the dietitian wishes, to be represented at the hearing by legal counsel.
Procedure	(4) The Board shall make the rules under which a hearing is to be conducted, reflecting principles of natural justice, and shall inform the affected dietitian of the rules in advance.
Legal counsel	(5) A less formal, non-legalistic procedure shall be the normal approach, but if it is considered necessary, either the affected dietitian or the Board or both parties may be represented by legal counsel.
Hearing closed	(6) A hearing shall be closed, but the Board <ul style="list-style-type: none"> (a) shall, if there is no reason to believe that it would be harmful, permit the complainant, if any, to attend and speak; and (b) may, if it considers it appropriate and constructive, permit other persons to attend. (EC830/95)
Judgment by Board	20. The Board shall consider the report of the Investigation Committee together with such further information as has emerged from the hearing, and shall by vote determine <ul style="list-style-type: none"> (a) whether to accept the findings of fact of the Investigation Committee; (b) whether to accept, reject or modify the conclusions of the Investigation Committee; and (c) the remedial or disciplinary action, if any, to be taken. (EC830/95)
Notification of affected dietitian	21. The Board shall without delay notify in writing the affected dietitian of its decisions, and any requirements to be undertaken by the dietitian, specifying the time allotted for compliance and, in the case of suspension or revocation of a certificate, informing the dietitian of the right to appeal under section 19 of the Act. (EC830/95)

22. Subject to the appeal provisions of section 19 of the Act, the dietitian against whom remedial or disciplinary action is taken shall comply with the Board's directions, and if there is not compliance within the specified time, the Board may apply an additional requirement or penalty. (EC830/95) Compliance

23. the Board may, upon the dietitian's subsequent application, reinstate a suspend or revoked certificate according to subsection 19(3) of the Act and according to such terms and conditions as it considers appropriate for protecting the public interest. (EC830/95) Subsequent re-instatement

REMEDIAL MEASURES AND PENALTIES

24. Where it finds the holder of a certificate guilty of professional misconduct, incompetence, negligence or failure to abide by the prescribed standards or other requirements of the Act or regulations, the Board shall determine a measure of remedy or penalty which it considers appropriate to the nature and degree of the failure. (EC830/95) Board to determine remedy or penalty

25. (1) Without limiting the generality of section 24, disciplinary measures may include the following: Measures

- (a) a reprimand, whether oral or written;
- (b) direction that the person fulfil a specified continuing professional development requirement beyond the normal annual requirements;
- (c) direction that the person complete a rehabilitative treatment program;
- (d) a term or condition imposed on the certificate, limiting the scope or independence of practice;
- (e) suspension of the certificate for a fixed period of time or until a condition has been fulfilled;
- (f) revocation of the certificate;
- (g) a combination of any of the above measures.

(2) As part of the discipline, the Board may require a person found guilty to pay the cost or part of the cost of the investigation and hearing. Costs

(3) In the case of suspension or revocation, the holder of the certificate shall return it to the Board. (EC830/95) Return of certificate

26. (1) The criteria for the Board's assessment of the nature and severity of the penalty or remedial measure shall include: Criteria

- (a) the extent of the affected dietitian's awareness of the fault;
- (b) the degree of risk or harm to the client;
- (c) the potential further risk to the public;
- (d) the potential effect upon the professional service system and the public;

- (e) the likely effect upon the disciplined person's ability to earn a livelihood;
- (f) the possible deterrent effect;
- (g) any restitution or remediation voluntarily undertaken by the affected dietitian.

Idem (2) Wherever possible the Board shall seek, by the disciplinary action it takes, an approach and outcome of remedy or positive improvement rather than mere penalization. (EC830/95)

Confidentiality **27.** (1) The Board shall, subject to this section and section 14, keep secret any investigation and disciplinary or remedial measures unless otherwise requested by the affected dietitian; however, the Board may reveal such matters in any report on its operations, so long as this is done in such a way that the parties involved cannot readily be identified.

Inform complainant (2) Unless it has reasonable cause to believe that significant harm would result, the Board shall inform the complainants, if any, of the outcome of an investigation in at least general terms.

Outcome made public (3) In unusual cases where it appears necessary for protecting the welfare of the public, the Board may choose as part of the penalty or remedy applied to reveal the nature of the case and its outcome, including the identity of the person at fault, to the Minister, the Dietetic Association, employers, other health- and human-service professionals, regulatory bodies, law enforcement officials and the courts, or the general public.

Notification of employers, etc. (4) Where a certificate is suspended or revoked, the Board shall so inform employers, regulatory bodies and others as may be applicable in order to restore to the dietitian opportunities for resuming authorized practice. (EC830/95)

MISCELLANEOUS

Liability of committee **28.** No action lies against the Investigation Committee, its members or persons acting in accordance with its directions for anything done in good faith with respect to its functions under these regulations. (EC830/95)

Member disqualified **29.** A member of the Board or of the Investigation Committee shall withdraw from any official involvement as a member or officer in any investigation, hearing or disciplinary action of which that person is the subject or where such involvement would create a significant risk of the person's not making conclusions objectively. (EC830/95)

30. (1) The Board may compile and publish statistical information with regard to the volume and nature of the workforce, professional services and their use, and similar subjects related to patterns of service, need and performance, in such form that individuals are not identifiable without their consent. *Statistical information*

(2) The holder of a certificate shall provide to the Registrar such information as may be requested by the Board for purposes of this section. *Idem* (EC830/95)