

# CHRONIC OBSTRUCTIVE PULMONARY DISEASE TEACHING CHECKLIST

QE/HH    PCH    KCMH    Souris  
 Western    Stewart Memorial    O'Leary

*PATIENT ID*

**Resources:**    The BreathWorks Plan Booklet    Living well with COPD    Tobacco Free    COPD Resources  
 Living a Healthy Life (Chronic Disease)    Exercise Booklet    Plan of Activities

	COMMENTS (i.e. patient understanding)	DATE	INITIAL
What is COPD? (BreathWorks p. 5, Living Well p. 4)			
Managing COPD (BreathWorks p. 10, Living Well p. 8)			
When to call the doctor (BreathWorks p. 32)			
<b><u>Medications</u></b> (BreathWorks p. 16, Living Well p.10)			
i) How to use puffers (Inhaler Checklist) (Living Well p. 15)			
Deep Breathing and Coughing (Living Well p. 24)			
Home O <sub>2</sub> (O <sub>2</sub> manufacturers information) (BreathWorks p. 19)			
Lifestyle Changes (Breathworks p.12, Living Well p. 6)			
Smoking Cessation (BreathWorks p.12, Living Well p.6)			
Vaccinations (BreathWorks p.19, Living Well p.9)			
Prevent and Treat Flare-ups (BreathWorks p. 29, Living Well p. 21)			
Follow up with doctor/tests (BreathWorks pg. 36)			
Action Plan (Living Well p. 31)			



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ONE ISLAND HEALTH SYSTEM