Ideas for Schools to Participate in Family Violence Prevention Week

For Students of All Ages

1. **Have students wear purple clothing or ribbons** on February 15th and talk about why they are wearing purple to raise awareness of family violence. All Islanders are being encouraged to wear purple on this day. **Tattoos** are also available by contacting Dr. Wendy Verhoek-Oftedahl (contact information above).

2. **Use Morning Announcements** to share facts about family violence with students and to call attention to Family Violence Prevention Week activities in the community. (See PAC website [www.stopfamilyviolence.pe.ca](http://www.stopfamilyviolence.pe.ca) for facts and the schedule of activities)

3. **Hold an Awareness Day** in the school with one or more activities to raise awareness of family violence and to educate students on ways to prevent this violence.

4. **Hold a school assembly** with a speaker on family violence.

5. **Conduct a fund raising or similar activity** for organizations that serve victims of family violence:
   a. **PEI Family Violence Prevention Services, Inc.** is our Island-wide provider of services for abused women. PEI FVPSI is responsible for Anderson House that provides emergency shelter for abuse women and their children, and outreach workers who provide support and advocacy services to abused women who live in the community. One idea for an activity is to raise funds to purchase $25 grocery store gift cards or to collect non-perishable food items. Please call PEI Family Violence Prevention Services at (902) 894-3354, extension 221 to determine their current needs.

   b. **Chief Mary Bernard Memorial Women’s Shelter**, located on Lennox Island, provides on-reserve, region-wide emergency housing to Aboriginal and non-Aboriginal women and their children who are experiencing family violence and to women who are homeless. One idea for an activity is to collect toiletry items such as shampoo, conditioner, bath soap, etc. Please call the Chief Mary Bernard Memorial Women’s Shelter at (902) 831-2332 to determine their current needs.

   c. **The PEI Rape and Sexual Assault Centre** provides support services to Islanders age 16 years and older who are survivors of sexual violence including persons who have experienced incest and those who have been sexually assaulted by dating partners or spouses. They provide services to both female and male
survivors. Please call the PEI Rape and Sexual Assault Centre business line at (902) 566-1864 to determine their current needs.

Additional Activities for Elementary Students

From Curriculum:

Grade 1 Health curriculum:
R- 1.6 Twenty ways you can be a friend to others. 1) List ways students can help others have a good time at recess. 2) List characteristics of a good friend; put a star beside the ones you want to do more of

Grade 2 Health curriculum:
R-2.1 Draw positive ways to express feeling (e.g., I can show that I am happy by…. I can show that I feel frustrated by…)
R-2.3 If I need help, I can ask:….I can say…..when asking for help

Grade 3 Health curriculum:
R- 3.4 Draw self-talk thought balloons for coping with stress
R- 3.5 Anger Do’s and Don’ts list: Things that DO help when you’re angry:….Things that DON’T help when you’re angry:…

Read any one of the books from the literature support kits to support the Grades 1-3 Health Curriculum

Other Activities:

Activities from www.proteacher.org (see the social studies section)

1) Discussion – What is a family? How do we communicate love and affection?
   French books suitable for this activity: Petits mots d'amoureux by Virginie Hanna, Le temps des calins by Patrick Mcdonnell

2) Read library books on animals and their young. Examine how love and affection is shown. French books suitable for this activity: Les animaux sauvages by Natalie Belineau.

3) Talk and create together: read Have you filled a bucket today? by Carol McLeod and talk about ways to be kind and caring to others. See http://bucketfillers101.com/free-resources.php for activity ideas.

4) Read Hands Are Not For Hitting by Martene Agassi. https://www.youtube.com/watch?v=W3j1s1EAkOc
   Discuss alternatives to hitting:
   How can we use hands to play, learn or work together?
   How can your hands be helpful at school, at home?
   How can use your hands to show kindness and caring?
**Activity:** Students cut and trace hands, create original artwork showing hands being ‘useful and kind.’

5) Read The Important Book by Margaret Wise Brown. Have class/students make/write important things about their family or friends.

6) Listen to and talk about the song These Hands by Dave Gunning and George Canyon. The song (and book that is based on the song) teach that every person has the ability to be a hero. [http://www.youtube.com/watch?v=5csvfGqJFqw](http://www.youtube.com/watch?v=5csvfGqJFqw)

7) UNICEF websites with many activities for elementary students:

**Additional Activities for Grades 4-6**

From Curriculum:

Grade 4 Health Curriculum:
R- 4.1 Read the book Thank You, Mr. Falker. Have students compose a friendly letter of support to Trisha by using the rubric provided in the curriculum.

Grade 5 Health Curriculum:
R- 5.1 Brainstorm a list of emotions and then describe three positive and appropriate ways to express each emotion.
R- 5.6 The benefits of having friends: 1) younger than you 2) the same age 3) older 4) adults 5) seniors

Grade 6 Health Curriculum:
R- 6.1 Choose your Reaction : Use the flowchart to outline the type of situation you would like to manage better.
R- 6.4 Barriers to Communication: Types of communication barriers..to overcome these barriers I can: 1) think 2) say 3) do

Other Activities:

1) Have students create a storyboard for the 2017 Storyboard Showcase to show what a healthy relationship looks like. Teachers are invited to have students submit storyboards for a chance to win $250 for their classroom. See [http://www.stopfamilyviolence.pe.ca/2017Storyboard](http://www.stopfamilyviolence.pe.ca/2017Storyboard) for showcase details.

2) The following activities are related to the UN Convention on the Rights of the Child
**Additional Activities for Intermediate/Senior High School Students**

From Curriculum:

Grade 7 Health Curriculum  
R- 7.6 Discuss media violence and relationships

Grade 8 Health Curriculum  
R- 8.7 Have students develop and demonstrate strategies for promoting peaceful relationships

Grade 9 Health Curriculum  
Relationship Choices Outcomes:  
- Identify and categorize various types of abuse  
- Develop an awareness of the warning signs of abusive relationships and available community support  
- Distinguish between abusive relationships and health relationships  
- Gain an understanding of the complex societal and individual factors that perpetuate abuse  
- Identify safe and effective alternatives to abusive behavior  
- Determine effective support for a friend who may be involved in an abusive relationship, as a victim or as an abuser

Other Activities:

1) **For grades 7-9, have students create a video for the 2017 Video Showcase to show what a healthy relationship looks like. Teachers are invited to have students submit videos for a chance to win $250 for their classroom. See [http://www.stopfamilyviolence.pe.ca/2017storyboard](http://www.stopfamilyviolence.pe.ca/2017storyboard) for showcase details.**

2) The Advisory Council on the Status of Women resource guide for teachers and students is aimed at preventing family violence and gender-based violence. The Teachers Guide addresses trauma and consent and includes a multilingual poster, purple ribbons and bookmarks, handouts for students and links to local, national and international resources for teachers. The 2016-17 theme is "Believe Survivors."

3) The following activities are related to the UN Convention on the Rights of the Child  
   NOTE: French materials for most of the activities in this section can be accessed by clicking the Français tab on the top right hand side of the English web links.
4) Incorporate family violence prevention content into class lessons during the Week.
   Examples
   a. English – read and discuss literature that addresses some aspect of family violence and/or educates students regarding healthy and unhealthy relationships.
   b. Art classes – create posters to raise awareness of family violence.
   c. Math – collect and graph statistics on family violence (www.stopfamilyviolence.pe.ca/stats)

5) For other project ideas see: http://www.character-education.info/