

ENOUGH IS ENOUGH

Making a Difference for Mental Health

Join **Charlottetown** in saying **ENOUGH IS ENOUGH** to the stigma of mental illness by joining us, and Charlottetown partner hosts **CMHA PEI**, at this event:

**Celebratory BBQ
at Confederation
Landing Park,
Charlottetown
Saturday, August 3
Noon – 2:00pm**

Ginny and Kerry Dennehy will be stopping in Charlottetown as part of their 8,000 km cycle across Canada for mental health.

Join them for a celebratory BBQ to end the stigma of mental illness.

Participants can hear Ginny and Kerry's personal story relating to mental illness, meet the ENOUGH is ENOUGH team, and share their own stories about mental health and the importance of resources.



The Kelty Patrick Dennehy Foundation is determined to combat premature deaths and the anguish many individuals – and their families – suffer. With your help, we can increase the quality of care, education and resources for those with mental illness.

ENOUGH IS ENOUGH is a powerful yet positive message, empowering individuals and local communities to reduce the casualties of mental illness.

Find out more at thekeltyfoundation.org