

Inventory of Counselling Resources for Survivors of Sexual Abuse and Sexual Assault

The individuals and agencies on this list have indicated that they provide counseling or therapy for survivors of sexual abuse/assault. The listing of treatment providers is not an endorsement and may not be exhaustive. When seeking a therapist, it is appropriate to ask the service provider about their clinical experience and training in the treatment of sexual abuse/assault survivors to determine if they will meet your specific needs.

Queens/Kings County	Services Available to:					Types of Counselling Available:				Fee Structure	Notes
Name and Details of Individual or Organization	Adult Women	Adult Men	Children	Youth 16-17	Families of Abuse Victims	Information & Support	Individual	Group	Family		
Community Mental Health Services Charlottetown McGill Centre 55 McGill Avenue 902.368.4911	X	X	X	X	X	X	X		X	No fees	CMH provides mental health services within a recovery-based model of treatment (which is trauma-informed), to child victims of sexual assault/abuse and their families/supports. CMH screens referrals using a standardized screening tool which prioritizes referrals with more significant mental health symptoms, such as depression, anxiety, suicidality, and trauma. CMH accepts referrals for children ages 0-18 and can assist with family reunification as part of their treatment service with existing clients. Both parents must be in agreement with service (where there is joint custody) and services are voluntary and free.
Charlottetown Richmond Centre 1 Rochford Street 902.368.4430	X	X	X	X	X	X	X		X	No fees	
Montague Centre 126 Douses Road 902.838.0960	X	X	X	X	X	X	X		X	No fees	
Souris Centre 17 Knights Lane 902.687-7110	X	X	X	X	X	X	X		X	No fees	
PEI Rape & Sexual Assault Centre 1 Rochford St., Charlottetown 902.368.8055 / www.peirsac.org	X	X		X	X	X	X	X		No fees	Short and long term trauma-informed therapy for survivors of recent and historic sexual assault and childhood sexual abuse. Manage Men Matter , a group program for adult male survivors.

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Victim Services 1 Harbourside Access Rd., Charlottetown 902.368-4582	X	X	X	X	X	X	X			No fees	Assists victims throughout their involvement in the criminal justice process, short term counselling, referrals, criminal injury compensation, etc.
Abegweit Associates Bill Campbell M.Ed, CRT, CGC, CCC 53 Queen St., Charlottetown 902.368-2767 www.abegweitassociates.ca	X	X	X 12+	X	X	X	X		X	Fee for service	Deals with addiction issues (sexual addiction, alcohol, drug, food, gambling, spending, etc.)
Beck and Mallia Psychologists Charlottetown 902.367.4446 drchristinebeck@gmail.com drgeorgemallia@gmail.com	X	X			X	X	X			Fee for service	
Bulger, Frank MSW, RSW 498 Lower Malpeque Rd, Charlottetown 902.626.9787 fpbulger@hotmail.com	X	X		X	X	X	X		X	Fee for service Insured by several EAP programs and Insurance Companies	
Campbell, Christina MSW, RSW Sexologist 1 Rochford Street, Charlottetown 902.629.4894 campbellchristina07@gmail.com	X	X			X	X	X		X	Fee for service Services are covered by some insurance providers and EAP	Also dealing with sex addiction, sex therapy, depression, anxiety, stress, self-esteem, anger management issues, grief and loss, PTSD
Canon, Cheryl MSW, RSW Charlottetown 902.894.4604	X	X		X	X	X	X	X	X	Fee for service Can accommodate Blue Cross & some EAP referrals	Mental health, sexual addiction, and counseling for all sexual issues.

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Catholic Family Services Bureau 129 Pownal Street, Charlottetown 902.894.3515 www.catholicfamilyservice.ca	X	X	X	X	X	X	X	X	X	Fee for service Sliding scale based on income and family size.	Therapeutic counselling, play and music therapy –all provided by a clinical team committed to the highest quality of treatment.
Counselling & Training Centre Mary Lou Morrison M.Ed (Counselling) 1 Rochford Street, Charlottetown 902.628.6004	X					X	X			Fee for service	
Evans-Murley, Viola MSW, RSW Cert. Family Mediator & Cert. Elder Mediator, Charlottetown violaevansmurley@gmail.com 902.393.1944 or Mediation of PEI Inc. 902.892.7667 or 902.569.2804	X	X	X			X	X		X	Fee for service Provides services for some EAP Program and private clients.	
Family Service PEI 155 Belvedere Ave. Suite 106 Charlottetown 902.892.2441 or 1-866-892-2441	X	X	X	X	X	X	X		X	Fee for service Sliding scale based on income & circumstances; covered by many private insurance and Employee Assistance programs.	Also does couples counseling. Screening in place to ensure suitability of specific interventions such as couples counseling and/or anger management when there is any history of violence or victimization. www.fspei.ca
Gallant, Lorna B.A. Box 5659, South Rustico 902.963.2714	X	X			X	X	X	X		Fee for service	Trauma training seminars and professional consultation. Services available in Charlottetown and Summerside.

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Leblanc, Caroline Psychologist 44 Grafton St., Charlottetown 902.393.3829	X	X		X	X	X	X		X	Fee for service	Equine-assisted psychotherapy, EMDR, mindfulness. www.sereviewranch.com
MacMillan, John MSW, RSW 50 Prince Charles Dr., Charlottetown 902.892.9264	X	X	X 12+	X	X	X	X	X	X	Fee for service	Also offer consulting to professionals & work w/ associated problems of victimization (e.g. eating disorders, relationships, addictions, PTSD, CISM, victim/offender mediation).
MacMillan, Mary Beth MSW, RSW 50 Prince Charles Dr., Charlottetown 902.892.9264	X	X	X 12+	X	X	X	X		X	Fee for service	Training fees negotiated.
Matters, Dr. Rhonda Clinical Psychologist 1 Rochford Street, Charlottetown 902.569.8731	X	X	X	X	X	X	X	X	X	Fee for service	
Pierce, Kenneth Psychologist 549 North River Road, 2 nd Floor Charlottetown, PE C1E 1J6	X	X	X 2+	X	X		X	X	X	Fee for service	Couple and Group rates available www.kenpiercepsychologist.com www.mental-health-center.com
Ratelle, Edmond R RSW 44 Grafton Street, Charlottetown 902.894.4357 www.ratellehypnosis.com	X	X		X		X	X	X	X	Fee for service	
Ross, Gail M.ED., MSW 1 Rochford St., Charlottetown, PEI 902.367.0721; cell 902.629.0054 gail.ross@bellaliant.net	X	X		X		X	X			Fee for service	Treatment for trauma; depression and anxiety; substance abuse women's issues, self-esteem and anger management issues; parent-child conflict; grief and loss

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Roy, Rachel MSW 129 Kent St., Suite 305 Charlottetown 902.626.6929	X	X	X 7+	X	X	X	X	X	X	Fee for service	NLP Training, Energy Psychology Techniques, Emotional Freedom techniques, works with the body meridian and chakra systems, post traumatic stress, trauma of any kind (sexual abuse and assault).
Ruth Lacey & Thyramas Corporation Psychologist P.O. Box 512, Charlottetown 902.675.4282 Rlacey688@gmail.com	X	X	X 5+	X	X	X	X	X	X	Fee for service	We have an 8 week therapeutic facility that is a summer day camp.
Webb, Marilyn M Ed., CCC 1 Rochford St., Charlottetown C1A 9L2 902.388.4233	X	X			X	X	X		X	Fee for service Covered by most EAP providers	Full time practice, Specializing in Couples, PTSD, Trauma Treatment , Depression and Anxiety

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Name and Details of Individual or Organization	Adult Women	Adult Male	Children	Youth 16-17	Families of Abuse Victims	Information & Support	Individual	Group	Family		
<p>Community Mental Health Services Summerside, Prince County Hospital 65 Roy Boates Avenue 902.888.8180</p> <p>O’Leary Health Centre 15 MacKinnon Drive 902.859-8781</p> <p>Alberton Location 334 Church Street 902-853-8670</p> <p>Evangeline Health Centre 48 Mill Road, Wellington 902.854.7259</p>	X	X	X	X	X	X	X	X	X	No fees	<p>CMH provides mental health services within a recovery-based model of treatment (which is trauma -informed), to child victims of sexual assault/abuse and their families/supports. CMH screens referrals using a standardized screening tool which prioritizes referrals with more significant mental health symptoms, such as depression, anxiety, suicidality, and trauma. CMH accepts referrals for children ages 0-18 and can assist with family reunification as part of their treatment service with existing clients. Both parents must be in agreement with service (where there is joint custody) and services are voluntary and free. French services available.</p>
<p>PEI Rape & Sexual Assault Centre Satellite Offices: Alberton & Summerside 902.368.8055 www.peirsac.org</p>	X	X		X	X	X	X	X		No fees	

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Victim Services 263 Heather Moyses Dr. Suite 19, 2 nd Floor Summerside 902.888.8218	X	X	X	X	X	X	X			No fees	Assists victims throughout their involvement in the criminal justice process, short term counselling, referrals, criminal injury compensation, etc.
Abegweit Associates Bill Campbell M.Ed, CRT, CGC, CCC 4 Summer St. (Suite 2, Office 5) Summerside, PE C1N 3H2 902.436.3545 www.abegweitassociates.ca	X	X	X 12+	x	x	x	x		X	Fee for service	Deals with addiction issues (sexual addiction, alcohol, drug, food, gambling, spending, etc.)
Catholic Family Services Bureau Office: Mondays at Trinity United Church 902.894.3515 www.catholicfamilyservice.ca	X	X	X	X	X	X	X	X	X	Fee for service Sliding scale based on income and family size.	Therapeutic counselling, play and music therapy –all provided by a clinical team committed to the highest quality of treatment.
Family Service PEI 109 Water, Summerside 902.436.9171 www.familyservicepei.com	X	X	X	X	X	X	X		X	Fee for service Sliding scale based on income & circumstances; also covered by most insurance companies and many Employee Assistance programs.	Also does couples counseling. Screening in place to ensure suitability of specific interventions such as couples counseling and/or anger management when there is any history of violence or victimization. www.fspei.ca When no staff available to answer the phone in Summerside, the phone rings through to Charlottetown.

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Gallant, Lorna B.A. Box 5659, South Rustico 902.963.2714	X	X			X	X	X	X		Fee for service	Trauma training seminars and professional consultation. Services available in Charlottetown and Summerside.
Ratelle, Edmond R RSW 41 Dekker Road, Summerside 902.439.6839 www.ratellehyposis.com	X	X		X		X	X	X	X	Fee for service	
Henry, Jan MSW, RSW 293 Water St., Suite 6 Summerside 902.436.0098	X	X	X 3+	X	X	X	X		X	Fee for service	Provide services to EAP and private clients. Specialize in children 3-18 yrs of age. Also couple work and mental health work. Specialty in PTSD and child sexual abuse.
McLure, Dr. Neil Psychologist 292 Water St., Summerside 902.432.3910 mclure@pei.sympatico.ca	X	X	X 10+	X	X		X	X		Fee for service	Clinical psychology assessments to determine diagnosis. Neuropsychology assessment to determine cognitive changes secondary to assault.

Questions to ask a therapist:

Have you seen a lot of clients with similar concerns?

What concerns do you mostly deal with in your practice?

How long have you been in practice?

Can you tell me what your specific training and education is with survivors of sexual abuse?

Are you registered with a professional body?

What is the cost? What are payment options?

How long are the sessions?

What are the policies around missed and cancelled appointments?

Questions to ask yourself after the first few sessions:

Do I feel comfortable and respected by my therapist?

Do I feel that I can discuss my concerns with the therapist?

Do I feel rushed by my therapist?

Does my therapist educate me about trauma symptoms?

Is there anything about the sessions that made me feel uncomfortable?

Can the therapist tell me how we are going to work together?

How will I know if this is covered through my Employee Assistance Program?