



Men Matter is a male centered group program being offered for male survivors of sexual abuse in PEI. The program is managed and administered by the PEI Rape and Sexual Assault Centre. The Catholic Family Services Bureau will be the access point for men who wish to participate. There is no charge to participants.

If you would like more information about the **Men Matter** program, you can call Sigrid Rolfe at the PEI Rape and Sexual Assault Centre, 902-566-1864, or Chris Doiron at the Catholic Family Service Bureau, 902-894-3515.

Phase 1

Phase I is a 10-session/10-week group program. Its purpose is to prepare men for their journey of trauma recovery, by learning more about the impacts of abuse and expanding coping skills. Group members are not required to divulge personal information to the group.

Each group will have 6 – 8 members, and will be led by two facilitators. Sessions are all free of charge. It is expected that group members attend all sessions.

Phase 2

After completing Phase 1, men are invited to participate in Phase 2 group work. This group program is offered in 8 week cycles, and men can remain in the group for up to two years. While participating, individual counselling is highly recommended.

All sessions are free of charge. The group will be led by two facilitators.