



LINK 2017

## 24th Annual Atlantic Psychiatric Conference

May 25-26, 2017  
Charlottetown, P.E.I.

[www.healthpei.ca/atlanticpsychiatricconference](http://www.healthpei.ca/atlanticpsychiatricconference)

Sponsored by

Health PEI



## SPEAKERS

At the end of his presentation, “**Working Together for Youth Mental Health: Integrated Models of Care**” participants will be able to: explain the mechanics and benefits of integrated youth mental health services; identify specific applications of this program within a Canadian context; and describe emerging initiatives to facilitate the implementation of such models across Canada.

**DR. DONNA E. STEWART** is a University Professor and Inaugural Chair of Women’s Health at University Health Network and University of Toronto. She is a women’s health researcher, educator, author, advocate and policy advisor nationally and internationally. She is the co-author of the World Psychiatric Association Curriculum on Intimate Partner Violence (IPV) and Sexual Violence against Women. In 2014, she was made a member of the Order of Canada—the country’s highest civilian honour.

At the end of her presentation, “**The Latest Developments in Intimate Partner Violence and Sexual Violence and Mental Health**” participants will be able to: explain the importance of IPV in mental health practice; describe how to use the latest developments in IPV to improve the clinical care of individuals who have experienced IPV; and understand how to teach mental health providers about IPV using the World Psychiatric Association curriculum on IPV.

**DR. BENOIT H. MULSANT** is Professor and Chair of the Dept. of Psychiatry, University of Toronto, an Adjunct Professor of Psychiatry at the University of Pittsburgh, and a Senior Scientist at the Centre for Addiction and Mental Health in Toronto. The over-arching goal of his research work has been to improve the treatment of older persons with severe mental disorders. He has a small clinical practice focused on older patients with mood disorders and cognitive disorders (dementia).

At the end of his presentation, “**Improving the Outcomes of Pharmacotherapy for Major Depression**” participants will be able to: assess the evidence supporting the benefits and risks of psychotropic medications in the treatment of major depression; identify the impediments to successful pharmacotherapy of major depression in adults; and maximize the effectiveness of pharmacotherapy when treating adult patients with major depression.

**CLINT MALARCHUK** No job in the world of sports is as intimidating, exhilarating, and as stress-ridden as that of an NHL hockey goaltender. Now imagine doing that job while suffering high anxiety, obsessive compulsive disorder and depression, and having your career nearly cut short by a skate slicing across your neck. He shares his extraordinary and heart-wrenching life story—which includes his long battle with alcoholism and almost ending his life by a gunshot to the head—in his relentless effort to help end the stigma of mental illness and to help others who may suffer as well. His memoir, *The Crazy Game: How I Survived in the Crease and Beyond*, was published in 2014.

At the end of his presentation, “**The Crazy Game: How I Survived in the Crease and Beyond**” participants will be able to: value an individual’s ability to overcome obstacles; and manifest care and concern about the subject of mental illness.



## SPEAKERS

**DR. PHILIP TIBBO** received his B.Sc. from Mount Allison University in Sackville, NB, and his MD from Memorial University of Newfoundland and completed his residency in psychiatry at the University of Alberta. He is a Professor in the Dept. of Psychiatry with a cross-appointment in Psychology at Dalhousie University and an Adjunct Professor in Dept. of Psychiatry at the University of Alberta. He is Director of the Nova Scotia Early Psychosis Program and co-director of the Nova Scotia Psychosis Research Unit. He is President of the Canadian Consortium for Early Intervention in Psychosis.

At the end of his presentation, “**New Clinical Tools for Intervention in Psychosis**” participants will be able to: apply clinically relevant solutions to address key clinical challenges in the management of early psychosis; consider the integration of clinical tools into everyday workflow; and recognize the importance of monitoring for side effects and relapse in an early phase psychosis population.

**COLONEL RAKESH JETLY** graduated in 1991 from the University of Toronto with a Doctorate in Medicine (MD). He completed his psychiatric residency in Toronto in 2000. Col Jetly is currently senior psychiatrist and mental health clinical to the Canadian Forces Surgeon General. He is also an Associate Professor of psychiatry at Dalhousie University and the University of Ottawa. He has published numerous articles in professional journals and presents nationally and internationally on such topics as post traumatic stress disorder and operational psychiatry.

At the end of his presentation, “**PTSD in the Military and First Responders**” participants will be able to: explain PTSD in the context of reactions to stress and trauma; identify the Canadian Armed Forces approach to PTSD and mental health in the workplace; and describe the current and potential future approaches to the management of PTSD.

**DR. ABRAHAM SNAIDERMAN** is a Neuropsychiatrist trained at University of Toronto, University of Western Ontario, University of Manitoba and U.N.A.M. He is the director of the Neuropsychiatry Clinic at the Toronto Rehabilitation Institute, Neuro-rehabilitation Program where he has worked for the past 21 years. He is a consultant to the Acquired Brain Injury, Stroke, Continuing Care, Multiple Sclerosis Programs at Toronto Rehabilitation Institute and several community agencies. His expertise is in the areas of the cognitive, emotional and behavioural effects of neurological problems such as severe traumatic brain injury, multiple sclerosis, stroke, seizure disorders and others.

At the end of his presentation, “**Wires and Sparks: Behavioural and Emotional Issues in Traumatic Brain Injury**” participants will be able to: identify the challenges that emotional and behavioural dyscontrol syndromes after Acquired Brain Injury produce; understand the basic physiology of these problems; and identify the differences in presentation and treatment between syndromes.

**DR. IAN MANION** is a clinical psychologist and scientist-practitioner who has worked with children, youth and families for over 30 years. He is an Adjunct Professor in the School of Psychology at the University of Ottawa. Currently he is the Director of Youth Mental Health Research at the Institute for Mental Health Research. Dr. Manion is actively involved in research on mental health promotion, youth depression and suicide.

## REGISTRATION

**ADVANCE REGISTRATION-UNTIL MAY 5, 2017**

**2-Day: \$300.00**

**AFTER May 5, 2017**

**2-Day: \$350.00**

*To be considered registered, your registration fee MUST accompany your registration form.*

### **CANCELLATION POLICY**

Conference cancellations received by May 5, 2017 will be refunded in full less a \$25.00 administration fee. Refunds after April 29th are not possible, although substitutions may be made at any time.

**Registration Deadline: May 18, 2017**

## HOTEL REGISTRATION

**HOST HOTEL: Rodd Royalty**

**14 Capital Drive, Charlottetown, PE**

**Tel: 902-894-8566**

**Toll Free: 1-800-565-RODD(7633)**

**Fax: 902-892-8488**

**Rates:** Standard \$110.00 + taxes (based on double occupancy)

Suite \$130.00 + taxes (based on double occupancy)

Rates include a breakfast buffet. Rooms held for conference until April 23, 2017. Should you wish to extend your stay 3 days pre/post conference, the rate is applicable based on availability.

**For more information contact:**

**Maria Ward @ 902-368-6615 or**

**[mjward@ihis.org](mailto:mjward@ihis.org)**



Wed., May 24, 2017

5:30-7:00 pm Early Registration - Courtyard



Thurs., May 25, 2017

7:45-8:15 am Registration - Courtyard

8:15-8:45 Opening Remarks  
8:45-9:45 DR. PHILIP TIBBO:

“New Clinical Tools for Intervention in Psychosis”

9:45-10:10 Question & Answer

10:10-10:30 Nutritional Break

10:30-11:25 COL RAKESH JETLY:  
“PTSD in the Military and First Responders”

11:25-11:50 Question & Answer

11:50-1:05 LUNCH (On your own)

1:05-2:00 pm DR. ABRAHAM SNAIDERMAN:  
“Wires and Sparks: Behavioural and Emotional Issues in Traumatic Brain Injury”

2:00-2:15 Question & Answer

2:15-2:35 Nutritional Break

2:35-3:35 DR. IAN MANION:  
“Working Together for Youth Mental Health: Integrated Models of Care”

3:35-4:00 Question & Answer

4:00-7:00 FREE TIME

6:00-7:00 Cash Bar - Courtyard  
7:00 pm Dinner & Entertainment Courtyard



Fri., May 26, 2017

8:30-8:40am Registration - Courtyard  
8:45-9:55 DR. DONNA STEWART:

“The Latest Developments in Intimate Partner Violence and Sexual Violence and Mental Health”

9:55-10:15 Question & Answer

10:15-10:35 Nutritional Break  
10:35-11:35 DR. BENOIT Mulsant:

“Improving the Outcome of Pharmacotherapy for Major Depression”

11:35-12:00 Question & Answer

12:00-1:15 pm LUNCH (On your own)

1:15-2:00 CLINT MALARCHUK:  
“The Crazy Game: How I Survived in the Crease and Beyond”

2:00-2:15 Question & Answer  
2:30 WRAP UP!

### CONFERENCE OBJECTIVES

- ▶ To recognize the multi-dimensional factors behind mental illness;
- ▶ To examine issues of treatment, service delivery, clinical research in mental health, and their impact on the health care system and consumers;
- ▶ To network with other professionals around mental health issues;
- ▶ To describe the most recent evidence based clinical treatments in mental health and consider their adoption in one’s own practice, and;
- ▶ To stimulate and rekindle professional interest in one’s own field.

### CONFERENCE EXHIBITORS

Career Development Services Inc.

Operational Stress Injury Clinic



Seniors’ Secretariat of Prince Edward Island



All registration receipts will be issued the day of program. Participants who preregister on or before the registration deadline should assume their registration has been accepted unless otherwise informed. Please note: A \$10.00 administration fee will be required before receipts will be reissued following the conference.

#### Link Organizing Committee

Ann Atkinson , RN	Dr. Terry Cronin, MD, FRCP(C)
Lorri Murphy, RN, BN	Dr. Rob Jay, MD, FRCP(C)
Maria Ward , RN	Dr. Alfred Morais
Carolyn Livingston, RN	Denise Bain (Admin)

### DINNER & ENTERTAINMENT

Dinner & Entertainment will be held Thursday evening, May 25th at the hotel. Buffet meal (turkey and/or beef) is included with the 2-day registration fee. There is an additional cost of \$40.00 for other participants and guests who wish to attend this event.

I PLAN TO ATTEND BUFFET: Yes  No

GUEST: Yes  No

Special Diet (and/or food allergies):

### REGISTRATION FORM

Name: \_\_\_\_\_ Facility: \_\_\_\_\_  
 Title: \_\_\_\_\_ Province: \_\_\_\_\_  
 Work Address: \_\_\_\_\_ Tel.: \_\_\_\_\_  
 City: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_  
 Email: \_\_\_\_\_

Make cheques payable to: Atlantic Psychiatric Conference  
 Mailing Address: C/O Maria Ward  
 McGill Centre  
 PO Box 2000  
 Charlottetown, PE C1A 7N8

SEE REVERSE FOR REGISTRATION INFORMATION