

# The Circle of Health

**The Circle of Health** is an interactive framework and tool that provides a complete picture of the components of health at a glance. The Circle of Health was created through a collaborative process, integrating the theoretical frameworks of the determinants of health, Ottawa Charter, and the Aboriginal Medicine Wheel. It provides a common language to use when working with people across sectors to promote health and well-being. Used worldwide, it is available in six languages. Supplementary tools and resources are available, as are online and in-person workshops and facilitator training.



[www.circleofhealth.net](http://www.circleofhealth.net)

Workshops on the Circle of Health are hosted by The Quaich Inc., an internationally recognized consulting company based in Charlottetown, PEI. We specialize in working with organizations on capacity building, knowledge exchange and program design, especially in the sectors of community development, health, and education. We also design and deliver conferences, online workshops, and events aimed at fostering leadership and collaboration, and building healthier, safer communities.

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# Events Schedule

## **September 9, 2015 – Online Workshop (Free)**

*Health Promotion made easier with the Circle of Health*

[www.thequaich.pe.ca](http://www.thequaich.pe.ca)

## **September 30, 2015 – Lunch and Learn (Free)**

*Tracing the path of the Circle of Health: Preparing for the 20th anniversary of its launch*

Charlottetown, PEI

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## **October 1-2, 2015 – Circle of Health Facilitator Training**

*Facilitating with the Circle of Health: Finding Common Ground to Improve Health & Social Inequities*

Charlottetown, PEI

[www.thequaich.pe.ca](http://www.thequaich.pe.ca)

## **November 2015 – Circle of Health Five Part Online Workshop Series**

- 1) Understanding the Circle of Health
- 2) Developing Partnerships
- 3) Comprehensive Planning
- 4) Education
- 5) Facilitation

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Customized workshops are available.

Contact: [info@thequaich.pe.ca](mailto:info@thequaich.pe.ca)

