



**Group Programs for men  
who have experienced  
sexual abuse**

*A free service for men who are on a  
journey of recovery from sexual abuse*

**For More Information Call:**

**Catholic Family Services Bureau  
902- 894-3515**

**OR**

**PEI Sexual Assault Centre  
902-566-1864**



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## **Group Programs for Men Recovering from Sexual Abuse**

**Men Matter** offers free and confidential group programs, led by experienced professionals, that can assist men in their healing.

Phase One: A ten week education program that is aimed at increasing knowledge of the impacts of abuse and expanding coping skills. .

Phase Two: After completing Phase One, men may choose to continue with Phase Two. This process oriented group goes deeper into healing work.

Before participating in a group, we would like to meet with you to answer any questions you may have, and to determine if this is a good choice for you. Call Chris at the Catholic Family Service Bureau, 902-894-3515, to arrange an appointment.

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