

## HOMEMADE CLEANING RECIPES



Household  
Cleaner Recipes

## MAKE YOUR OWN (REUSABLE) DRYER SHEETS

4 white dishrags (face cloths)

Downy Fabric Softener

A bowl or bucket

Start by placing the cloths in the bowl, pour the Downy over the cloths enough to soak them. Allow cloths to dry (hanging on a clothes line does the trick) until they are completely dry.

Throw one sheet in the dryer with your clothes. You should be able to use each cloth a dozen times or more, before they need to be dipped and dried again.



## HOMEMADE "SHOUT" STAIN REMOVER

2/3 cup Dawn Dish Soap  
2/3 cup ammonia  
6 Tbsp. baking soda  
2 cups warm water

Mix everything together and pour into a spray bottle. Spray on stain and let it soak in for a minute or two, than place in the washer.

\*Note: If you are removing a tough stain like chocolate, after you let the stain remover soak in rub the fabric together a few times, and the stain will be gone.



**RIGHT OUTTA THE DIRTY  
CLOTHES BASKET**



**after SPRAYING WITH  
FAUX "SHOUT"**



**after RUBBING THE  
FABRIC TOGETHER!**



## MAKE YOUR OWN COOKING SPRAY

1 part olive oil (or whatever oil you prefer)

5 parts water

1 misting spray bottle

Mix in your spray bottle 1 part oil to 5 parts water, shake well, store in a cool dark place.



## SUPER FAST & SUPER EASY HOMEMADE LAUNDRY DETERGENT

- 3 one gallon jugs
- 3 Tbsp. Borax
- 3 Tbsp. Washing Soda
- 3 Tbsp. Dawn Dish Soap
- 12 cups hot water

Add one Tbsp. of each ingredient to each jug. You can use a small plastic funnel which will make the pouring easier. Once you have the ingredients poured in, add 4 cups of very hot water into each jug. Swirl each jug around until the dry ingredients dissolve; fill each jug with cold water.



## **HOMEMADE WRINKLE-RELEASE SPRAY**

1/3 cup liquid fabric softener

1/3 white vinegar

1/3 cup water

Mix these three ingredients and pour into a spray bottle. Then take your wrinkled garment, place it on a hanger, spray generously on clothing then tug and pull item to smooth. Hang or lay flat to dry. If you are in a rush toss it in the dryer for a few minutes after misting, and you are good to go.



## HOMEMADE HAIR SPRAY

- 1 fine mist spray bottle
- ½ cup water
- 2 Tsp. sugar
- 2 Tbsp. rubbing alcohol
- 6-8 drops essential oils (optional)

Heat water to a boil and turn off heat source. Add sugar and stir until completely dissolved, then add rubbing alcohol and the 6-8 drops of your favorite essential oil sent (optional).

There are 3 simple steps to making this spray work for you:

1. Find the right concentration for you.
2. Use a spray bottle with a very fine mist.
3. Wait for it to dry 20-30 seconds between applications.



## TUB AND SHOWER SOAP SCUM BUSTER

24 ounce spray bottle

12 ounces of Dawn dishwashing liquid

12 ounces of white vinegar

Heat the vinegar in the microwave until hot, pour into the spray bottle. Add Dawn soap. Shake well.



## TEST YOUR HOME CLEANING IQ

1. To stay on top of your housework when should you shake or vacuum area rugs?
  - a. Once a week.
  - b. Every 6 weeks.
  - c. Whenever you are frustrated - - it's good therapy and you will have really clean rugs.
  - d. Twice a year.
  
2. If you use your time wisely which chores can you finish in 30 minutes?
  - a. Vacuuming the living area floors and dusting the major furniture.
  - b. Watching soap operas and eating bonbons.
  - c. Cleaning the stove and wiping the interior of the refrigerator.
  - d. Sweeping the kitchen floor and wiping the cook top.
  
3. How often should you clean baseboards, dust mini blinds, and vacuum curtains?
  - a. Weekly.
  - b. Monthly.
  - c. Every two weeks.
  - d. Once in a blue moon.
  
4. Name three chores you could do while chatting on a portable telephone:
  - a. Bake and decorate a five-tier wedding cake, and build a woodshed.
  - b. Clean the stove, change a light bulb and scrub a bathtub.
  - c. Declutter the playroom, wax a floor, and flip mattresses.
  - d. Unload the dishwasher, fold laundry, and polish silver.
  
5. What is another use for liquid washing detergent - - besides washing dishes?
  - a. Makes a terrific soak for rough cuticles – just add lemon juice.
  - b. Mixed with olive oil, it becomes a conditioning shampoo for parrots.
  - c. Functions as a low-cost alternative to silver polish.
  - d. Dissolved in warm water, creates a good, all purpose household cleaner.
  
6. When mapping a cleaning route for your entire home, in which direction should, you work?
  - a. Start in the top of your home and work inward and downward.
  - b. Being in the basement and work your way up and out.
  - c. Whichever way the wind blows - - use natural forces to make sweeping easier.
  - d. First do the kitchen, and then proceed clockwise from room to room.
  
7. What should you do to your refrigerators cooling coils?
  - a. Replace them.
  - b. Vacuum them.

- c. Wipe them with a damp cloth.
  - d. Remove and play with them like a Slinky.
8. What should you check when the time switches to daylight savings time?
- a. The list you made for Santa.
  - b. Your gutters and drainpipes.
  - c. The batteries in smoke and carbon monoxide detectors.
  - d. Your clocks - - to make sure they are set an hour behind.
9. Why should you consult with your insurance agent before hiring a housekeeper?
- a. To see what liability coverage you have.
  - b. In case the housekeep moves in.
  - c. So the housekeeper can use your car to run errands.
  - d. Your housekeeper might like an insurance policy of his/her own.
10. What will remove paint, grease, or oil from your hands?
- a. Water, soap, or a cloth.
  - b. Bath oil or cooking spray.
  - c. Tree bark or apple peels
  - d. All of the above.

**SEND IN YOUR FAVORITE CLEANING RECIPE!**

## ANSWER

1. A
2. D
3. B
4. D
5. D
6. A
7. B
8. C
9. A
10. B

## Sources

[www.onegoodthingbyjillie.com](http://www.onegoodthingbyjillie.com)

[http://www.bhg.com/bhg/quiz.jsp?quizId=/templatedata/bhg/quiz/data/Cleaning\\_09112001.xml](http://www.bhg.com/bhg/quiz.jsp?quizId=/templatedata/bhg/quiz/data/Cleaning_09112001.xml)