

The National Coaching Certification Program (NCCP) is a coach training and certification program for 65 different sports in both official languages across Canada. NCCP courses are designed to meet the needs of all coaches, from first-time coach to head coach of a provincial and or national team.

### 2008-2009 Multi-Sport NCCP Course Schedule

Level	Dates	Registration Date	Course Location
Part A	September 19 and 20	September 15	Charlottetown
Part A	September 26 and 27	September 22	Summerside
Part B	October 2, 3 and 4	September 29	Charlottetown
Part A	November 21 and 22	November 17	St. Louis
Theory 3*	November 10, 12, 17, 19, 24, 26, Dec 1 and 3	November 6	Charlottetown
Part A	January 23 and 24	January 19	Charlottetown
Part B	February 5, 6 and 7	February 2	Summerside
Part A	February 27 and 28	February 23	Montague
Part A	(To be announced - French Course April)		Abram's Village
Part A	April 17 and 18	April 13	Charlottetown
Part B	May 7, 8 and 9	May 4	Charlottetown
Competition Development May 15 to 18 (Atlantic Coaches Seminar)			
Part A	June 12 and 13	June 8	Charlottetown
Part A	TBA (Aboriginal Sport)		Charlottetown
Part B	TBA (Aboriginal Sport)		Charlottetown

\* Atlantic Coaches Seminar – Contact Daphne Pellerin (902) 425-0942, daphne@cscatlantic.ca

To register for a course, please contact the appropriate office found below.

### Sport and Recreation Regional Offices

Office	Phone	Contact	Email
Queens County	368-4783	Ted Lawlor	twlawlor@gov.pe.ca
Kings County	838-0634 or 687-7041	Marguerite Arseneault	mkarseneault@gov.pe.ca
East Prince	432-2706	François Caron	frcaron@gov.pe.ca
West Prince	859-8861	Joanne Wallace	jpwallace@gov.pe.ca
Evangeline and Wellington*	854-7250	Jeannette Gallant*	jeuxacadie@gov.pe.ca
Mikmaq Confederacy of PEI	626-2882	Ryan Knockwood**	rknockwood@mcpei.com

\*French Course Contact

\*\*Aboriginal Sport Contact.

To discuss your multi-sport training needs, please contact Jo-anne Wallace, Provincial Coaching Coordinator, at tel: (902) 859-8861 or email: [jpwallace@gov.pe.ca](mailto:jpwallace@gov.pe.ca).

Web Site: [www.gov.pe.ca/ccca](http://www.gov.pe.ca/ccca)

click on [Sport & Recreation](#)

Multi-sport Modules Fees		
Level	Fee	Length of Course
Competition-Introduction Part A	\$35	11 hours
Competition-Introduction Part B	\$55	14 hours
Theory 3	\$85	28 hours + assignments
Make Ethical Decisions Module	\$15	3 hours

**Note:** Cheques should be made payable to the **Coaching Association of PEI**

c/o Margie Misner

Department of Communities, Cultural Affairs and Labour

PO Box 2000, Charlottetown, PE C1A 7N8

### Overview of the Multi-sport Modules

Competition – Introduction Part A Modules	Duration
Make Ethical Decisions * (Note 1)	3.5 hours
Planning a Practice	6 hours 15 minutes
Basic Nutrition	1 hour 15 minutes
Competition – Introduction Part B Modules	
Design a Basic Sport Program	4 hours
Basic Mental Skills	3 hours
Teaching and Learning	6 hours 30 minutes
Competition Development Modules * (Note 2)	
Leading Drug Free Sport	3 hours 30 minutes
Prevention and Recovery	7 hours 30 minutes
Managing Conflict	4 hours 30 minutes
Coaching and Leading Effectively	10 hours
Psychology of Performance	7 hours
Developing Athletic Abilities	9 hours

\* Note 1: **Make Ethical Decisions** is a prerequisite for certification in some sports. You may register for this Module only. This course is offered on each Friday at 6 p.m. of the dates shown for the Part A courses in the 2008-2009 NCCP Multisport Schedule.

\* Note 2: **Theory 3** will no longer be offered as of January 1, 2009 and will be replaced by **Competition Development**.

### New!!! Fundamental Movement Skills

Fundamental Movement Skills is an eight-hour workshop that can be offered as a full-day session for delivery in a municipal or community sport setting or partitioned into 45 minute time slots for delivery in a high school environment. It is targeted to leaders and coaches working with young children who are participating in physical activity. Participants are exposed to the key teaching points most appropriate for the child's stage of development as well as fair play, responsibility and safety. Some of the fundamental movement skills covered include: jumping, running, throwing, catching, kicking, and balancing. Please contact Jo-anne to request a Fundamental Movement Skills Workshop for your organization!

### The NCCP

The structure of the NCCP is designed to take into account the different types of coaches who contribute to the Canadian sport system and the environment or context in which they coach.

Streams:	Community Sport	Competitive Sport	Skill Instruction
Contexts:	Initiation to Sport	Introduction to Competition	For Beginners
	Ongoing Participation	Developmental Competition	For Intermediate
		High Performance	For Advanced Performers

For more information on the evaluation process in the Competition-Introduction context, contact your national sport federation. For a list of all NSF's, go to [www.coach.ca/e/partners/nsf.htm](http://www.coach.ca/e/partners/nsf.htm).

For more information about the NCCP and the changes underway, please contact your PSO and/or Provincial/Territorial Coaching Coordinator.

### Amanda – Your online coach

Confused about what kind of training you need as a coach? CAC has developed an online tool, *Coach Amanda*, which can help you identify which context is right for you and which workshops you need to be identified as "trained" or "certified". Check out the following website, [www.coach.ca/eng/certification/nccp\\_for\\_coaches/context\\_tool/index.cfm](http://www.coach.ca/eng/certification/nccp_for_coaches/context_tool/index.cfm)

### Important Reminders:

- ◆ All participants wishing to attend a course must pre-register by the specified deadlines. To pre-register, contact the regional office of the sport and recreation branch nearest you or [mrmisner@gov.pe.ca](mailto:mrmisner@gov.pe.ca).
- ◆ Courses will be offered if there is sufficient pre-registration received by the deadline.

To obtain information on a sport-specific NCCP course, contact the sport representative listed below.

NCCP Sport Technical Contacts				
Sport	Course Contact	Home Tel	Work Tel	Email
Athletics	Colin MacAdam	894-3600	368-6085	cemacadam@edu.pe.ca
Badminton	Margaret Parslow	436-7384		mcfparslow@pei.sympatico.ca
Baseball	Mike Cameron	436-8832		camerons@pei.sympatico.ca
Basketball	Matthew Davies		566-0562	mjdavies@upe.ca
Bowling (5 pin)	Sue MacPherson		368-5309	sbsmacpherson@ihis.org
Boxing	Howard Watts	569-5423		koedoboxing@hotmail.com
Canoe/Kayak	Justin Batten	962-2000	962-3883	justin.heidi@windsinc.com
Curling	Gayle Johnston	368-1071		gaylej@pei.sympatico.ca
Cycling	Luke MacDonald	940-7440		td@cpei.ca
Equestrian	Nicole Kitchener	675-3673		nkitchener@pei.sympatico.ca
Fencing	Philip Stewart	566-1073		pstewart@pei.sympatico.ca
Field Hockey	Sue Grady Thomson		888-8284	ssthomson@edu.pe.ca
Figure Skating	Carolyn Tessier			carolyn_tessier@hotmail.com
Football	Mark MacDougall	368-1674	368-4270	mpmacdougall@edu.pe.ca
Golf	Don Chandler	393-3293		peiga@peiga.ca
Gymnastics	Patrick Carmichael			carmichaelpatrick@gmail.com
Hockey	Mike White		368-4334	mike@hockeypei.com
Judo	Gordie Foster	626-4425	368-4590	michgord@pei.sympatico.ca
Karate	Ken Roper	892-3640		kroper@eastlink.ca
Paralympics	Tracy Stevenson		368-4540	tracy@paralympicspei.pe.ca
Ringette	Brenda Beaton	894-8026		blybeaton@eastlink.ca
Rugby	Greg Lucas		368-4986	glucas@sportpei.pe.ca
Sailing	Cathryn Dagenais	569-2719		cathryn@aperturecommunication.com
Soccer	Peter Wolters		368-6251	admin@peisoccer.com
Softball	Linda Pitre	894-5379	892-1561	softballpei@pei.sympatico.ca
Special Olympics	Charity Sheehan		368-8919	csheehan@sopei.com
Speed Skating	Phil Byrne	566-5476		ashcroftbyrne@eastlink.ca
Squash	Steven Banks	892-6462		steven.banks@vac-acc.gc.ca

## NCCP Sport Technical Contacts

Sport	Course Contact	Home Tel	Work Tel	Email
Swimming	Barney Bree	838-3937		bree@pei.sympatico.ca
Synchronized Swimming	Jolene Dawson			dawsonjoline@hotmail.com
Table Tennis	Najam Chishti	368-2360		najam.chishti@hotmail.com
Tae Kwon Do	Mike Ives	314-5425		mives@peitaekwondo.com
Tennis	Brian Hall	314-4985		brianhall@acncanada.com
Volleyball	Lynn Boudreau	675-2176		lboudreau@upe.ca
Wrestling	Colin MacDonald		369-4262	colin198735@hotmail.com

The Coaching Association of Canada has developed a new database. Coaches can go online and check this information at any time. Please allow four weeks following a course for your information to get updated. If you have checked the database and your records are not accurate, please contact Jo-anne Wallace immediately to discuss.

**Obtain your own coaching certification information at [www.coach.ca](http://www.coach.ca).**

The Coaches Association of Prince Edward Island (CAPEI) is dedicated to educating Islanders on the importance of qualified coaches leading sport programs as well as offering a variety of professional development opportunities for Island coaches.

CAPEI also provides input and advise into the delivery of the multi-sport NCCP Program. If you would like to discuss an idea on how to improve coaching on PEI, please contact the Coaches Association of PEI at 902-569-0583 (Executive Director) or 902-368-8919 [csheehan@sopei.com](mailto:csheehan@sopei.com) (President)



08SR06-21170



# Multi-sport Modules Course Schedule September 2008 to June 2009

