

Guidance & Counselling Resource Directory

**A list of programs and resources used by
school counsellors in P.E.I.**

September 2006

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ABUSE PREVENTION

Resource and Description Schools

Elementary

Resources: Programs

<u>C.A.R.E.</u> -Grades K-2	- All Schools
<u>Feeling Yes/Feeling No</u> - Grade 1-3	- All Schools - Teachers' Resource Centre, ESD
<u>Touching (Kit)</u> - Grades 4-5	- Prince Street Elementary
<u>It's Up To Me</u> - Binder and activities Relationships P.O. Box 1660 Moncton, N.B. E1C 9X5	- Queen Elizabeth Elementary - Hernewood Intermediate
<u>Children's Domestic Abuse Program</u> - Children from violent homes - There are separate manuals for ages 3-5, 6-8 and 9-12	- Athena Consolidated
<u>Friendship</u> - Grades Elementary	- Greenfield Elementary
<u>My Feelings Count</u> - Grades 1-4	- Southern Kings
<u>Physical/Sexual Abuse Kit</u>	- Southern Kings
<u>Come in from the Storm</u> - Grade 6	- Prince Street Elementary - Teachers' Resource Center, Eastern District
<u>Cries for Help</u>	- Donagh Regional

Resources: Videos

ABUSE PREVENTION (Con't)

Resources: Books

Intermediate

Resources: Videos

Resource and Description	Schools
<u>Who do You Tell</u> - Grade 5	- Teachers' Resource Center, Eastern District
<u>Yes, You Can Say No</u> - Grade 5	- Teachers' Resource Center, Eastern District - Prince Street Elementary
<u>Being Friends</u> -Being part of the 'in' crowd - Grades 3-6	- Greenfield Elementary
<u>Smart Kids</u> - Grade 1-7 RCMP Video (Home Smarts, Street Smarts, School Smarts, Internet Smarts	- Teachers' Resource Center, Eastern District
<u>My Body is Private</u>	- Spring Park Elementary - Athena Consolidated
<u>Secret of the Silver Horse</u>	- Spring Park Elementary - West Royalty Elementary
<u>It's Not Your Fault</u> - Grades 1-6	Athena Consolidated
<u>The Dangers of Strangers</u>	- West Royalty Elementary
<u>Sometimes It's Okay to Tell Secrets</u>	- West Royalty Elementary
<u>It's My Body</u>	- West Royalty Elementary
<u>Come in from the Storm:</u> <u>Part 1: China Doll</u> <u>Part 2: The Diary</u> <u>Part 3: The Necklace</u> - Grade 7	- Teachers' Resource Center, Eastern District - Prince Street Elementary
<u>Terrible Things My Mother Told Me</u> - Grade 7	- Teachers' Resource Center, Eastern District

ABUSE PREVENTION (Con't)

Resources: Videos

Resources: Books

Resource and Description

Schools

Breaking the Cycle

- Sunburst Video on Child abuse

- Grades 7-9

- Summerside Intermediate

Power to Choose

- Grade 9

- Teachers' Resource Center, Eastern District

In Our Defense

- Spousal abuse

- Grades 9-12

- Stonepark Intermediate

- Morell Regional High

- Donagh Regional

The Magic Lantern Book of Life: Sexual Abuse

Prevention: Five Safety

Rules for Persons Who Are Mentally Handicapped

- P.E.I. Association for Community Living

Just Topsy Honey

- 60 minutes

- Alcohol facts for teenagers

- Grades 7-12

- Colonel Grey Senior High

Personal Safety

Grade 7-12 RCMP Video

(stalking, self-defense, criminal harassment)

- Teachers' Resource Center, Eastern District

Safe at Home: How to Lock Out Crime

- Grade 7-12 (RCMP Video)

- Teachers' Resource Center, Eastern District

Degrassi Talks About Abuse

- Grades 7-12

- Summerside Intermediate

Children Are Speaking from Their Voice (1995)

-A guide to becoming an advocate for children who have been sexually abused

- By Paula Finkle

- Grades 7-12-

- Colonel Grey Senior High

ABUSE PREVENTION (Con't)

Resource and Description

Schools

Sex. Power and the Violent School Girl
- Grades 7-11

- Colonel Grey Senior High

Senior High

Resources: Programs

When Sex Means Trouble
-Sunburst1986. Sexual exploitation molestation and rape-Awareness and prevention techniques
- Grades 9-12

- M.E. Callaghan Intermediate
- Teachers' Resource Center, Eastern District

Date Rape

- Teachers' Resource Center, Eastern District

Resources: Videos

Naked And Uncensored
- Pornography

- Souris Regional High

Trouble With Evan
- Grades 10-12

- Morell Regional High

When Women Kill
- Grades 10-12

- Morell Regional High

A Love That Kills
- Grades 10-12

- Westisle Composite High

The Gentle Side of Saying No
- Grades 10-12

- Westisle Composite High

Right From the Start
- Grade 9-12 (abusive relationships)

- Teachers' Resource Center, Eastern District

Resources: Books

Ask Me No Questions

- Souris Regional High

ABUSE PREVENTION (Con't)

Professional

Resources: Videos

Resource and Description

Schools

Identifying, Reporting and Handling Disclosure of the Sexually Abused Child

- Teachers' Resource Center Eastern District

The Mountain & Beyond
- A collaborative approach to domestic violence

- Hernewood Intermediate

The Crown Prince
- Wife assault from the perspective of children

- Hernewood Intermediate

Wednesday's Children 1 2 3

- Hernewood Intermediate

Safe Children:
- An Educational Guide for Parents to Teach Their Children to Be Safety Conscious

- Teachers' Resource Center, Eastern District

RCMP Video
(bicycle safety, stranger safety, sexual safety, etc.)

- Teachers' Resource Center, Eastern District

Smart Kids: Adult Video
- RCMP Video - helping kids develop their confidence so they have the power to keep themselves safe (Home Smarts, School Smarts, Street Smarts)

- Teachers' Resource Center, Eastern District

Resources: Books

Variety of Books ranging from physical/sexual abuse to Substance Abuse
- Grades 10-12

- Three Oaks Senior High

ADDICTIONS

Elementary

Resources: Programs

Well Wabbit, Let's Talk About Smoking
 - Student workbook
 - Grades 4-6

- Georgetown Elementary
 - St. Peter's Consolidated
 - Mt. Stewart Consolidated

Materials and video from Darlene Oaks during Drug Awareness Week

- Westwood Primary

Program from Fairview Southdale Hospital in St. Paul, Minnesota.

- Westwood Primary

- Steps for children
 - Focus on feelings, self-esteem, boundaries and trust
 - Grades 1-3

Student Assistance Program - S.A.P.
 - Addiction Services Program for children affected by someone's addiction
 - Grades 1-6

- Parkdale Elementary
 - L.M. Montgomery Elementary
 - Southern Kings Consolidated

Support Group For Children Living In Families With Alcohol Issues
 - Each year grade 3 and 5 groups

- Prince Street Elementary

Resources: Videos

Cartoon: All-stars To The Rescue
 - Educates about the dangers of alcohol and other drugs
 - Grades 1-6

- Souris Consolidated
 - Rollo Bay Consolidated
 - Eastern Kings Consolidated
 - Fortune Consolidated

ADDICTIONS (Con't)

Resources: Books

Resource and Description	Schools
<u>There's An Elephant In The Living Room</u> - A video on parental addiction - Grades 4-6	- Prince Street Elementary
<u>Saying No (Smoking)</u> - Grades 1-4	- Teachers' Resource Center Eastern District
<u>Let's Talk About Drugs</u> - Grades K-2	-Teachers' Resource Center Eastern District
<u>The Dog Who Dared To Keep Kids Off Drugs</u> - Peer pressure regarding drugs - Grade 5	- Prince Street Elementary
<u>Student Workshop: All About Drugs</u> - K-2	- Teachers' Resource Center, Eastern District
<u>Alcohol: It's Not for Me</u> - Grade 1-4	- Teachers' Resource Center, Eastern District
<u>What About Tobacco?</u> - Grade 2-4	- Teachers' Resource Center, Eastern District
<u>Tobacco - What About It?</u> - Grade 4-6	- Teachers' Resource Center, Eastern District
<u>I Wish Daddy Didn't Drink So Much</u> - Excellent - Grades 1-4	- Southern Kings Consolidated
<u>Sometimes My Mom Drinks Too Much</u> - Grades 1-3	- L.M. Montgomery Elementary
<u>What's Drunk, Mama?</u> - Grades 1-3	- Parkdale Elementary - L.M. Montgomery Elementary

ADDICTIONS (Con't)

Resources: Games

Intermediate

Resources: Programs

Resource and Description

Schools

Living With a Parent Who
Drinks Too Much

- Grades Elementary

- Prince Street Elementary

Plus 1

- Alcohol and Drug
Prevention Program(1987)
- Grades 4-6

- Belfast Consolidated

Kid's Power

- By Jerry Moe and Dori
Pohlman
- Healing games for children
of alcoholics
- Grades 1-3

- Westwood Primary

S.A.P. (Student Assistance
Program)

- Alcohol and drug program
for students concerned with
their own or someone else's
use
- Grades 7-9

- Athena Consolidated
- Hernewood Intermediate
- East Wiltshire
Intermediate
- Queen Charlotte
Intermediate
- Birchwood Intermediate
- Summerside Intermediate
- Hernewood Intermediate
- M.E. Callaghan
Intermediate

Positive Life Using Skills

- Drug Prevention Program
- Grades 7-8

- Summerside Intermediate
- M.E. Callaghan
Intermediate

Substance Abuse Prevention
Activities

- Summerside Intermediate

ADDICTIONS (Con't)

Resources: Videos

Resource and Description

Schools

Working It Out - A Family Discusses Drinking
- Includes discussion guide - free from Molson's Brewery
- Grades 7-9

- East Wiltshire Intermediate
- Hernewood Intermediate
- M.E. Callaghan Intermediate

Club Drugs: Nothing to Rave About
- Grade 6-9

- Teachers' Resource Center, Eastern District

The Truth About Marijuana
- Grades 5-9

- Teachers' Resource Center Eastern District

Drugs and You
- Grades 7-9

-Teachers' Resource Center, Eastern District

Resources: Books

An Elephant In The Living Room
- A leader's guide for helping children of alcoholics

- East Wiltshire Intermediate

Intermediate/ Senior High

Resources: Videos

Degrassi Talks: Drugs (1992)
- Grades 7-12

- Teachers' Resource Center, Eastern District

Still Waters (1992)
- Grades 7-12

- Teachers' Resource Center, Eastern District

Dirty Business (Smoking)
- Grades 7-12

- Teachers' Resource Center, Eastern District

Tobacco and You
- Grades 7-12

- Teachers' Resource Center, Eastern District

Real People: Marijuana, The Burning Truth
- Grades 7-12

- Teachers' Resource Center, Eastern District

Real People: Smoking, The Burning Truth
- Grades 7-12

- Teachers' Resource Center, Eastern District

ADDICTIONS (Con't)

Resource and Description	Schools
<u>Real People: Smoking, The Burning Truth</u> - Grades 7-12	- Teachers' Resource Center, Eastern District
<u>When Your Parent Drinks Too Much</u> - Grades 7-12	- Summerside Intermediate - M.E. Callaghan Intermediate
<u>Students Against Driving Drunk</u> - Grades 7-12	- Teachers' Resource Center Eastern District
<u>Cocaine/Crack: A Teenager's Story (1989)</u> - Grades 7-12	- Teachers' Resource Center Eastern District
<u>Binge Drinking Blowout: The Extreme Use of Alcohol</u> - Grades 7-12	- Teachers' Resource Center, Eastern District
<u>Drinking and Driving Kills</u> - Grades 7-12	- Teachers' Resource Center, Eastern District
<u>Drugs: What Goes Up Must Come Down</u> - Grades 7-12	- Teachers' Resource Center, Eastern District
<u>Teens and Alcohol (Sunburst)</u> - Grades 7-12	- Summerside Intermediate
<u>Shattered</u> - Grades 7-12	- Summerside Intermediate
<u>The Party's Over</u> - Grades 7-12	- M.E. Callaghan Intermediate
<u>What Everyone Should Know About Alcohol</u> - Grades 7-12	- Colonel Grey Senior High
<u>Just Tippy Honey</u> - Alcohol facts for teenagers only - Grades 7-12	- Colonel Grey Senior High

ADDICTIONS (Con't)

Resources: Books

Senior High

Resource: Programs

Resources: Videos

Resource and Description	Schools
<u>Straight Facts About Drugs and Drug Abuse Too</u> - From Health Canada - Grade 7-12	- Colonel Grey Senior High
<u>Coping With A Drug Abusing Parent</u>	- Souris Regional High
<u>Coping With An Alcoholic Parent</u>	- Souris Regional High
<u>Renseignement sur les drogues</u> - Information sur différentes drogues - 7 ^e - 12 ^e année	- École François-Buote
<u>S.A.P. (Student Assistance Program)</u> - This program is of value to students who are drug/alcohol addicted or whose lives are being affected by others who are - Presently offered in our schools by the Addictions Counsellor - Grades 7-12	- Athena Consolidated - Hernewood Intermediate - Souris Regional High - Westisle Composite High - Colonel Grey Senior High
<u>The Cat Who Ate And Drank Too Much</u> - Grades 10-12	- Morell Regional High
<u>Masquerade</u> - Drugs and alcohol - Grades 10-12	- Souris Regional High
<u>Knocking On Heaven's Door</u> - Drinking and driving - Grades 10-12	- Morell Regional High

ADDICTIONS (Con't)

Resource and Description	Schools
<u>Getting Serious: Impaired Driving and the Law</u> - Grades 9-12	- Teachers' Resource Center, Eastern District
<u>I Live in an Alcoholic Family</u>	- Teachers' Resource Center, Eastern District
<u>Hard Facts; Speak Up, Speak Out: Learning to Say No to Drugs: and Dare to be Different: Resisting Drug Related Pressure</u> (1988) - Grades 10-12 - Uses the scenario of a senior class trip to illustrate techniques students can use to resist peer pressure and refuse drug use	- P.E.I. Association for Community Living ph.566-4844 E-mail: peiacl@isn.net
<u>Alcohol and Attitudes: Where Do You Stand?</u> (1994) - Grades 9-12	- Teachers' Resource Center, Eastern District
<u>Diary of a Teenage Smoker</u> (1993) (female) - Grades 7-12	-Teachers' Resource Center, Eastern District - M.E. Callaghan Intermediate
<u>Positif VIH</u> - Documentaire pour toxicomanie - 10 ^e - 12 ^e année	- École François-Buote
<u>Documentaire sur le SIDA</u> - 10 ^e - 12 ^e année	- École François-Buote
<u>Gambling, Spare Time, Spare Cash</u> - Grades 10-12	- Three Oaks Senior High

ADDICTIONS (Con't)

Resources: Books

Resource and Description	Schools
<u>Everything You Need To Know About An Alcoholic Parent</u>	- Souris Regional High
<u>Degrassi Talks on Drugs</u> - Grades 7-12	- Summerside Intermediate
<u>Degrassi Talks in Alcohol</u> - Grades 7-12	- Summerside Intermediate
<u>Several books dealing with women and addictions</u> - Grades 10-12	- Three Oaks Senior High

ADOLESCENT GUIDANCE

Resource and Description Schools

Elementary/ Intermediate

Resource: Programs:

- Thinking, Feeling, Behaving
- An Emotional Education Curriculum for Children
- Grades 1-6
- Miscouche Consol.
- Amherst Cove Consol.
- Somerset Elementary
- Options Guidance Program (1989)
- Grades 1-8
- Summerside Intermediate
- Class Discussions - 2nd Ed.
- Grades 1-9
- Summerside Intermediate

Resources: Books

- Coping With Junior High - Guidance
- Good balance of theory and practicality
- Grades 6-9
- Donagh Regional
- Guidance For Grade 1-8 Option Series
- Set of ten titles
- Includes suicide, abuse,
- Georgetown Elementary
- St. Peter's Consolidated
- Mount Stewart Consolidated
- Counselling in the Elementary School
- Grades 1-8
- Peguis Publishers, Winnipeg
- West Royalty Elementary
- Life Lessons for Young Adolescents
- An Advisory Guide for Teachers
- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary
- Group Counselling for Elementary School Children from separated and divorced families
- by Gail Biback Carr
- Teachers's Resource Center, Eastern District

ADOLESCENT GUIDANCE (Con't)***Intermediate*****Resource: Programs****Resource and Description****Schools**Self Help For Kids

- Series: You And Your Family, You And School, Survival Guides For Adolescents

- Athena Consolidated

Resources: BooksStaying In School

-Donagh Regional

Skills For Living: Group Counselling Activities For Young Adolescents

- Excellent resource for group activities on social issues
- Grades 7-9

- Queen Charlotte Intermediate
- Summerside Intermediate

Resources: VideoSchizophrenia The Family Stranger
The Schizophrenia Society of PEI

- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

Intermediate/ Senior High**Resources: Programs**Thinking, Feeling, Behaving

-An Emotional Education Curriculum for Adolescents
- Grades 7-12

- Miscouche Consol.
- Amherst Cove Consol.
- Somerset Elementary

Skill Streaming the Adolescent

- Grades 7-9

- Montague Intermediate

Resources: BooksMentor Program

- Kit
- Grades 7-12

- Colonel Grey Senior High

Test GROUPE

- Test de personnalité et d'intérêts
- 7^e - 12^e année

- École François-Buote

ADOLESCENT GUIDANCE (Con't)

Senior High

Resources :Videos

Resource and Description

Schools

Schizophrenia The Family Stranger
- Grades 9-12

- Colonel Grey Senior High

Stand Up For Yourself
- Grades 10-12

- Three Oaks Senior High

Refusal Skills
- Grades 10-12

- Three Oaks Senior High

Resources: Videos/Programs

Developing Capable People
- For adults who work with youth and for use with parents

- Kinkora Regional High

ANGER MANAGEMENT

Elementary

Resource: Programs

Second Step

- Management tools and outlines
- Good introduction to social skills topics of self-control and general awareness

- Souris Consolidated
- Rollo Bay Consolidated
- Eastern Kings Consolidated
- Fortune Consolidated
- Parkside Elementary
- Elm Street Elementary
- Queen Elizabeth
- Greenfield Elementary
- Westwood Primary
- St. Peters Consolidated
- Mt. Stewart Consolidated
- St. Teresa Consolidated
- West Royalty Elementary

TLC

- Grades 1-6

- All Elementary Schools

Taming The Dragon

- A preventative program in anger management and conflict resolution for early childhood
- Module 1 inquiries call: 403-282-5691
- Grades 1-2

- Spring Park Elementary
- Westwood Primary
- L.M. Montgomery Elementary
- Parkdale Elementary

Friendship Is...

- Includes sessions on self-esteem, **anger management**, problem solving, cooperation and **assertiveness training**
- Grade 3

- Westwood Primary

ANGER MANAGEMENT (Con't)

Resources: Videos

Resource and Description

Schools

Coping With Anger

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

When You're Mad, Mad - Dealing With Anger
- Grades 5

- Prince Street Elementary
- Teachers' Resource Center, Eastern District

When Anger Turns To Rage
- Video
- Grades 4

- Prince Street Elementary
- Teachers' Resource Center, Eastern District

Angry: Ten Ways to Cool Off
- Grades 1-4

- Prince Street Elementary
- Teachers' Resource Center, Eastern District

What to do About Anger
- Grade 1-3

- Prince Street Elementary
- Queen Elizabeth Elem.

Anna Learns About Disagreements

- Teachers' Resource Center, Eastern District

I Get So Mad
- Grade K-2

- Teachers' Resource Center, Eastern District

Ten Things To Do Instead Of Hitting - Sunburst
- Grades K-2

- St. Peter's Consolidated
- Mount Stewart Con.
- Prince Street Elementary
- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary
- Teachers' Resource Center, Eastern District

1-2-3 Magic
- Grades 1-3
- Parent resource for effective discipline techniques

- Spring Park Elementary
- Alberton Elementary
- St. Louis Elementary
- Tignish Elementary
- Athena Consolidated
- Bloomfield Consolidated
- Ellerslie Elementary
- O'Leary Elementary
- L.M. Montgomery
- Parkdale Elementary
- West Royalty Elementary

ANGER MANAGEMENT (Con't)

Resource and Description

Schools

All About Anger

- Four segments/scenes of various ways to deal with anger
- Grades 2-4

- Westwood Primary
- Teachers' Resource Center, Eastern District
- Prince Street Elementary

Chester and the Secret of Cool

- Grades 1-5
- CD ROM

- Greenfield Elementary

Student Workshop: What to do About Anger- Video Kit

- Grades 1-6

- Video Library

From Mad to Worse

- Sunburst Communications
- Grades 3-4

- Video Library

Student Workshop: How Not to Fight- Video Kit

- Grades 1-6

- Video Library

XS Stress

- Queen Charlotte

Resources: Books

Book series by Jim and Joan Boulden

- Deal with a variety of concerns including bereavement, separation, divorce, conflict resolution, **anger management** and self-esteem
- Grades 1-6

- Athena Consolidated
- Cardigan Consolidated

Don't Rant And Rave On Wednesdays

- Good
- Grades 1-4

- Southern Kings Consolidated

Dealing With Anger

- Grades 2-4

- West Royalty Elementary

ANGER MANAGEMENT (Con't)

Resource and Description	Schools
<u>The Anger Workbook</u> - Resource Book	- West Royalty Elementary
<u>Let's Talk About...</u> - Grades 1-2	- West Royalty Elementary
<u>Everytime I Blow My Top I Lose My Head</u> - Grades 1-5	- Parkdale Elementary
<u>A Volcano In My Tummy</u> - Helping Children to Handle Anger Grades 1-6	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>How I Learned to Control My Anger</u> - Grades 1-4	- Parkdale Elementary
<u>Penguin Who Lost Her Cool</u> - Grades 1-3	- Parkdale Elementary - West Royalty Elementary
<u>Anger Control Stories</u> - Grades 2-6	- L.M. Montgomery Elementary
<u>Leave No Angry Child Behind - 160 Quick Tips and Strategies</u>	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Self Control Patrol Book</u> - Grades 4-7	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Furious Fred</u> - Board game - Grades 1-3	- Parkdale Elementary - Greenfield Elementary
<u>Anger Control</u> - Grades 3-6	- Parkdale Elementary - L.M. Montgomery Elementary
<u>The Mad, Sad, Glad Game</u>	- Spring Park Elementary
<u>Magic Mop of Feelings Game</u>	- Spring Park Elementary
<u>The Smart and Angry Game</u>	- West Royalty Elementary

Resources: Games

ANGER MANAGEMENT (Con't)

Resource and Description

Schools

The Anger Solutions Game

- Queen Elizabeth

The Self Control Patrol Game

- Greenfield Elementary

Elementary / Intermediate

Resource: Programs

Self Control Patrol Wordbook
- Grades 4-7

- Athena Consolidated

Rainbows
- Grades 1-8

- Alberton Elementary
- St. Louis Elementary
- Tignish Elementary

Resources: Videos

Sunburst
- Video and resources
- Grades 5-9

- East Wiltshire Intermediate
- Athena Consolidated
- Queen Elizabeth Elementary
- Parkside Elementary
- Elm Street Elementary

Student Workshops, Handling Your Anger - Sunburst
- Hands-on workshop designed to teach anger-management techniques
- Grades 5-9

- Alberton Elementary
- St. Louis Elementary
- Tignish Elementary

Resources: Books

Break It Up: A Teacher's Guide to Managing Student Aggression (1995)

- Teachers' Resource Center, Eastern District

Treatment of Individuals with Anger-Control Problems and Aggressive Behavior: A Clinical Handbook

- Alberton Elementary
- St Louis Elementary
- Tignish Elementary

ANGER MANAGEMENT (Con't)

Resource and Description

Schools

The Courage to Change: A Teen Survival Guide

- Alberton Elementary
- St Louis Elementary
- Tignish Elementary

Hot ways to Help kids Chill Out

- Alberton Elementary
- St Louis Elementary
- Tignish Elementary

Conflict Resolution: Learning to Get Along
- by Ann B. Stephens (1995)

- Teachers' Resource Center, Eastern District

Intermediate

Resource: Programs

Healthy Relationships: A Violence Prevention Curriculum (1994, Men for Change, N.S.)

- Birchwood Intermediate

-3 Volumes: **Dealing With Aggression**, Gender Equality and Media Awareness, Building Healthy Relationships

Better Ways of Getting Mad
- Anger management skills for a small group

- Summerside Intermediate

Be Cool Series
- Criticism, teasing, bullying, anger/other, and anger/self

- Montague Intermediate

Resources: Videos

Anger Management Series
- Good
- Grade 9

- East Wiltshire Intermediate

Anger: You Can Handle It - Teacher's Guide
- Grades 6-8

- Video Library

Just Chill: Dealing with Anger- Teacher's Guide
- Grades 6-8

- Video Library

ANGER MANAGEMENT (Con't)

Resource and Description

Schools

Second Step: A Violence Prevention Curriculum for Middle School/Junior High Levels

- Grade 6-9 (3 videos)

- Teachers' Resource Center, Eastern District

Intermediate/ Senior High

Resource: Programs

An eleven session program designed and used at the Summerside Youth Center
- Intermediate-Senior High

- Kensington Intermediate/Senior High
- Summerside Intermediate

Anger Management Group Offered by Youth Worker
- Grades 7-12

- Colonel Grey Senior High

Managing Anger in Educational Settings (7-12)

- Summerside Intermediate

Resources: Videos

Anger: You Can Handle It - Sunburst
- Anger management
- Grades 9-12

- Hernewood Intermediate
- Summerside Intermediate
- Three Oaks Senior High

Real People: Preventing Student Violence-A Teacher's Guide
- Grades 7-12

- Video Library

Violence Prevention: What Middle School Teachers and Students should know
- Grade 7-12

- Teachers' Resource Center, Eastern District

Conflict Resolution
- Grade 9-12

- Teachers' Resource Center, Eastern District

Resources: Books

Anger Management and Violence Prevention
- Group activities
- Grades 7-12

- Southern Kings Consolidated

ANGER MANAGEMENT (Con't)

Senior High

Programs

Resources: Books

Resource and Description

Schools

Employability Skill Curriculum (Anger Management Unit)

- Souris Regional High

Anger Management For Youth

- Bluefield High

- Book with activities for skills training and tracking.
- Grades 7-12

Anger Management

- Three Oaks Senior High

- Grades 10-12

Coping Through Self Control

- Souris Regional High

Everything You Need To Know...- Series

- Souris Regional High

- Anger...

- Grades 7-9

BULLYING/ TEASING

Resource and Description Schools

Elementary

Resource: Programs

<p><u>Bully Proofing Your School</u> - Survey and concrete suggestions to identify, report and curtail bullying behaviour - Grades 5-6</p>	<p>- L.M. Montgomery Elementary - West Kent Elementary - Englewood - Eliot River Elementary</p>
<p><u>Focus On Bullying (B.C. Program)</u> - A school wide approach to curtail bullying behavior</p>	<p>- All Elementary Schools, Eastern District</p>
<p><u>A School Anti-Violence Program (ASAP)</u></p>	<p>- Souris Consolidated - Rollo Bay Consolidated - Eastern Kings Consolidated - Fortune Consolidated - Teachers' Resource Center, Eastern District</p>
<p><u>A Prevention Program For Elementary School Communities</u> - Good ideas in supporting our school policy - Grades 1-3</p>	<p>- Westwood Primary</p>
<p><u>Teaching Students To Get Along (1995)</u> - Lee Canter Associates Canadian Guidance Services Box 1062, Stn. B Burlington, ON L7P 3S9 - Grades K-6</p>	<p>- Greenfield Elementary</p>
<p><u>TLC</u> - Grades 1-6</p>	<p>- All Elementary Schools</p>

BULLYING/TEASING (Con't)

Resources: Videos

Resource and Description	Schools
<u>Conflict Resolution</u> - Four workbooks dealing with anger, fighting, insults and bullying - Grades 1-6	- Athena Consolidated - Amherst Cove Consol. - Miscouche Consol. - Somerset Intermediate
<u>Helping Children Who Have Hardened Their Hearts and Become Bullies - A Wibble Called Biple</u>	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>It's Not Okay To Bully</u> - Animated - Shows how to deal with bullies and how to stop being a bully - Coloring book included - Grades 1-4	- Athena Consolidated
<u>Bully on The Bus</u> - Grade 4-6	- Teachers' Resource Center, Eastern District
<u>Bullying on the Bus</u> - Grades 1-4	- Prince Street Elementary
<u>No More Teasing - Sunburst</u> - Grades 2-5	- St. Peter's Consolidated - Mount Stewart Consolidated - L.M. Montgomery Elementary - Prince Street School - Athena Consolidated - Teachers' Resource Center, Eastern District
<u>Options And Consequences</u> - Series of six: Cheating, gossip , lying, prejudice, stealing and teasing	- Spring Park Elementary (for Colonel Gray family)
<u>Stop Teasing Me</u> - Grades K-2	- Prince Street Elementary - Teachers' Resource Center, Eastern District

BULLYING/TEASING (Con't)

Resource and Description	Schools
<u>Stop Teasing</u> - Describes effects of teasing and how to handle teasers - Grades 3-4	- West Kent Elementary
<u>Real Kids: What we Learned About Bullying</u> - Grade 2-4	- Teachers' Resource Center, Eastern District
<u>Student Workshop: I Was Just Kidding! Learning About Harassment</u> - Grade 3-5	- Teachers' Resource Center, Eastern District
<u>How I Learned Not To Be Bullied</u> - Grades 2-4	- L.M. Montgomery Elementary - Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Respect Yourself and Others</u> Grades 2-4	- Athena Consolidated - Teachers' Resource Center, Eastern District
<u>Bullies to Buddies</u> - Sunburst Communications - Grades 3-6	- Greenfield Elementary
<u>Bullying - Not Just A Guy Thing</u>	- Queen Charlotte
<u>Bullies, Loners and Violence</u>	- Queen Charlotte - Teachers' Resource Center, Eastern District
<u>End the Silence - Stop the Bullying</u>	- Queen Charlotte
<u>Bully Breath - How to Tame a Troublemaker</u> - Grades 3 - 6	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>Be Cool Coping with Bullying</u> - Grade 1-3	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary

BULLYING/TEASING (Con't)

Resources: Filmstrips

Resources: Books

Resource and Description	Schools
<u>Be Cool Coping with Bullying</u> - Grade 4-6	- Teachers' Resource Center, Eastern District
<u>Be Cool: Coping With Teasing</u> - Grade 4-6	- Teachers' Resource Center, Eastern District
<u>Fighting, Bullying & Teasing People</u>	- L.M. Montgomery Elementary
<u>Help Me Be Good</u> - Series of books with topics like lying, teasing, stealing, fighting, being bullied , etc. - Grades 1-6	- Athena Consolidated
<u>Rosie's Story</u> - Grades 1-6	- Athena Consolidated
<u>Bullies Are A Pain In The Brain</u> - Very good - Includes myths and facts, survey to find out whether or not a child is a bully, how schools should respond in such cases and website and contacts - Grades 3-6	- Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary
<u>Conflict Resolution Library Series</u> - Issues covered - Being Left Out, Gossip, Bullying and Competitiveness - Grades 2-4	- Central Queens Elementary - Spring Park Elementary
<u>Marvin Melnyk Association Series: On Bully And Victim, Separation And Divorce</u> - Younger children	- Spring Park Elementary

BULLYING/TEASING (Con't)

Resource and Description	Schools
<u>Stick Up For Yourself</u> - Grades 3-6	- L.M. Montgomery Elementary
<u>Bullying in Schools</u> - Grades 1-6	- Parkdale Elementary - Spring Park Elementary
<u>Don't Pick on Me</u> - Grades 1-6	- Parkdale Elementary - Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Don't Call Me Fatso</u> - Grades 1-3	- Parkdale Elementary
<u>Pinky and Rex the Bully</u> - Grades 1-3	- Spring Park Elementary
<u>Bulling in Schools and What to Do About it</u>	- West Royalty Elementary
<u>How I Learned Not To Be Bullied</u> - Grades 2-4	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>The Bully Prevention Handbook: A Guide for Principals, Teachers and Counsellors</u>	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary - Teachers' Resource Center, Eastern District

Elementary / Intermediate

Resources: Videos

<u>Don't Pick On Me - Sunburst</u> - Video and teacher's guide - Promotes discussion on teasing and models effective responses - Grades 5-9	- Alberton Elementary - St. Louis Elementary - Tignish Elementary - Prince Street Elementary - Teachers' Resource Center, Eastern District - Birchwood Intermediate - Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
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BULLYING/TEASING (Con't)

Resources: Games

Intermediate

Resource: Programs

Resource and Description	Schools
<u>Bulling Proof Your School</u> - Survey and concrete suggestion to identify a Bully	- École François-Buote
<u>Real People: Gossiping, Taunting, Bullying: It's All Harassment</u> - Grade 5-9	- Teachers' Resource Center, Eastern District
<u>Bullies To Buddies Game</u>	- Greenfield Elementary
<u>Cross School Awareness</u>	- Queen Charlotte Intermediate
<u>Be Cool - Conflict Management Program</u> (Coping with teasing, anger, criticism, bullying)	- Souris Regional High
<u>Empowerment Training</u> - For teens who feel they are victims	- Summerside Intermediate
<u>Focus on Harassment and Intimidation: Responding to Bullying in Secondary School Communities</u>	- All Intermediate Schools. Eastern District - Guidance Consultant, Dept of Education
<u>Second Step</u> - Grades 7-9	- Belfast Consolidated - Teachers' Resource Center, Eastern District
<u>Bullying/Anger Management</u> - Small groups - Grades 7-9	- Summerside Intermediate
<u>Victims</u> - Looks at the needs of this groups, very needy group of students - Grades 7-9	- Summerside Intermediate

BULLYING/TEASING (Con't)Resources: VideosResources: Books

Resource and Description	Schools
<u>Drama/Musical Group</u> - Dramatizes junior high scenarios	- Summerside Intermediate
<u>Bullying and Teasing</u> - Grades 7-9	- Teachers' Resource Center, Eastern District
<u>Guess What I Just Heard (22 Min, with Teacher's Guide)</u>	- Birchwood Intermediate
<u>Bully POV</u> - Four bullies talk about why they bully - Grades 7-12	- Summerside Intermediate
<u>Teen Violence Prevention Video</u> -Grades 7-9	- École François- Buote
<u>It's a Girl's World (DVD)</u>	- Summerside Intermediate
<u>It's a Girl's World (Video)</u>	- Teachers' Resource Center, Eastern District
<u>Fondement de l'équité</u> - Documentaire français contre les idées préconçues - 7 ^e - 9 ^e année	- École François- Buote
<u>Don't Pick On Me: How To Handle Bullying</u>	- Souris Regional High
<u>The bully, the bullied and the bystander - Barbara Coloroso</u>	- Birchwood Intermediate - Summerside Intermediate
<u>The Bully - Ken Rigby</u>	- Birchwood Intermediate
<u>Your Child Bullying</u> - Advise book for Parents/Educators	- Hernewood Intermediate

BULLYING/TEASING (Con't)

Resource and Description

Schools

Senior High

Resource: Programs

Bullying At School

- Summerside Intermediate

Odd Girl Out

- Summerside Intermediate

Resource: Videos

Bullying CBC

- Video
- Describes results of bullying on one teenager - suicide
- Grades 10-12

- Morell Regional High

Be Cool: Coping with Difficult People

- Conflict Management Video Series on Anger, Criticism and Bullying

- Souris Regional High

Professional

Resources: Books

Bullying in School and What to do About It.

- Resource Book

- West Royalty Elementary
- École François-Buote

Bully Free Classroom

- Tips and Strategies
- Elementary

- Parkdale Elementary

CAREER COUNSELLING

Intermediate

Resource: Programs

- The Real Game-
(allows students to see the
relevance of classroom
learning to their real lives
- Grades 7-9
- Birchwood Intermediate
 - Summerside Intermediate

Resources: Videos

- Self Image & Your Career
- Sunburst video and Guide
- Summerside Intermediate

Intermediate/ Senior High

Resource: Programs

- The Real Game
- Interactive lesson plans
- Twenty-four sessions
- Excellent program
- East Wiltshire Inter.
 - Southern Kings Consol.
 - Youth Services Coordinator, DOE
 - Kensington Senior High
- Careerware
- Grades 9-12
- Hernewood Intermediate
- Choices & Decisions
- Financial Planning
- Grades 9-12
- Hernewood Intermediate
- Looking for Work
- Activities Binder
- Grades 7-12
- Summerside Intermediate
- Various Job Search Handbooks
- Grades 7-12
- Summerside Intermediate
- Career Skills
- Instructional Guide and Resource Book (Maxwell Mac Millan Canada 1990)
- Grades 8-12
- M.E. Callaghan Intermediate

CAREER COUNSELLING (Con't)

Resources: Videos

Resource and Description

Schools

- Take Our Kids To Work
- The Learning Partnership
- Grades 9
- I Just Want a Porsche
- Grades 7-12
- How to Choose a University
- Grades 7-12
- Employable Skill
- Grades K-12
- What Do You Want To Do
With Your Life Series:
Volume 3 and 13
- Grade 8-12
- Career Track: Great Jobs
Without A College Degree
- Grade 8-12
- Resumes/Job Applications:
A Practical Guide
- Grade 7-12

Resources: Books

- Youth Link
- Helps make the transition
from school to work
- Grades 9-12
- Career Directions
-A guide to career paths
that do not require
university but would
require other post
secondary education or
training. A skills interest/
inventory included.
- Grades 7-12

CAREER COUNSELLING (Con't)

Resource and Description

Schools

Career Skills: Instructor's Guide and Resource Book
- Student Activity Workbook
Grade 6+

- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

Resume and Job Applications: A Practical Guide
- Sunburst (1983)
- Grades 9-12

- M.E. Callaghan
Intermediate

Senior High

Resource: Programs

Choices Program
- Grades 9-12

- All high schools

Employability Skills Curriculum
- Models on self awareness, self esteem, communication, decision making, anger management, learning styles

- Souris Regional High

Canada Prospects
- Grades 9-12

- All high schools

Succeeding In The World Of Work

- Morell Regional High

Classroom presentations
- Using a variety of materials related to career choices, career statistics and career exploration
- Each grade 10 class will receive 2-3 sessions on jobs and careers
- All grade 12 students receive approximately ½-1 hour sessions related to universities, careers, academic choices and scholarship information

- Morell Regional High

CAREER COUNSELLING (Con't)

	Resource and Description	Schools
	<u>Career Futures Course</u>	- Charlottetown Rural High
	<u>Co-op Work Course for Credit</u> - Grades 9-12	- Colonel Grey Senior High
	<u>Career Day</u> - Once every three years	- Charlottetown Rural High
	<u>Blue Print for Life</u> - Grades 10-12	- Three Oaks Senior High
<u>Programs: Videos</u>	<u>Jeunes entrepreneurs</u> - Comment partir son entreprise - 11 ^e - 12 ^e	- École François-Buote
	<u>Interview Power: Selling Yourself Face To Face</u> - Grade 10+	- Teachers' Resource Center, Eastern District
<u>Resources: Books</u>	<u>Career Job Market and Post Secondary Institutions</u> - Resource books - Completely stocked resource library for post-secondary institutions and career job market material	- Charlottetown Rural High
<u>Resources: Books</u>	<u>National Occupational Classification (N.O.C.)</u>	- Souris Regional High
	<u>Creating Your High School Resume</u>	- Souris Regional High
	<u>The Damn Good Resume Book</u>	- Souris Regional High
	<u>What You Can Do With an Arts Degree</u>	- Souris Regional High

CAREER COUNSELLING (Con't)

Resource and Description	Schools
<u>What You Can Do With a Science Degree</u>	- Souris Regional High
<u>The Career Education Source Book</u>	- Colonel Grey Senior High
<u>University Planning for Dummies</u>	- Colonel Grey Senior High
<u>Spectrum Series (2004)</u>	- Colonel Grey Senior High - Souris Regional High
<u>The Canadian Job Directory (1998)</u>	- Colonel Grey Senior High
<u>The Canadian Guide to Working and Living Overseas (1995)</u>	- Colonel Grey Senior High
<u>The Directory for Jobs and Careers Abroad (1993)</u>	- Colonel Grey Senior High
<u>Working at Ski Resorts (1997)</u>	- Colonel Grey Senior High
<u>www.schoolsincanada.com www.scholarshipscanada.com</u> - School search, university and colleges, French and English programs, request information, scholarships, etc.	
<u>www.schoolsintheUsa.com</u> - Career profiles, school search, scholarships, foreign students, studying overseas, etc.	
<u>www.SchoolFinder.com (2002)</u>	
<u>Choices Explorer (website)</u>	

Resources: Websites

CONFLICT RESOLUTION

Elementary

Resource: Programs

Lions Quest: Working It Out
 - Conflict management program
 - Grades K-6
 - Toll free telephone:
 1-800-265-2680

- Queen Elizabeth Elementary
 - West Royalty Elementary

Second Step
 - Grades 1-5 (two separate kits for Grades 1-3 and 4-5

- Georgetown Elementary

Creative Conflict Resolution: More than 200 Activities for Keeping Peace in the Classroom (1984)
 - Grades K-6

- Teachers' Resource Center, Eastern District

Conflict Resolution in schools project
 - Grades 1-12

- P.E.I. Resource Manual

Resources: Videos

Al's Secret Formula
 - Grade 5

- Prince Street Elementary

Learning to Share
 - Grade 1-3

- Prince Street Elementary
 - Teachers' Resource Center, Eastern District

How Not to Fight
 - Grades 1-3

- Prince Street Elementary

When Friends Mean Trouble
 - Grades 1-5

- Prince Street Elementary
 - Teachers' Resource Center, Eastern District

Just The Two Of Us
 - Grades 3-4

- Prince Street Elementary

CONFLICT RESOLUTION (Con't)

Resource and Description	Schools
<u>You Can Choose - Resolving Conflicts</u> - Grades 3-4	- Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary - Teachers' Resource Center, Eastern District
<u>Anna Learns About Disagreements</u> - Grade 2-5	- Teachers' Resource Center, Eastern District
<u>Ten Things To Do Instead of Hitting</u> - Grade K-2	- Teachers' Resource Center, Eastern District
<u>TLC: An Answer To Loneliness</u> - Good resource to discuss being a good friend, how it feels to be left out and resolving conflict.6Videos - Grades 1-2, 3-4, 5-6	- All Elementary Schools
<u>We Can Work It Out</u> - Grades 1-4	- Prince Street Elementary - Teachers' Resource Center, Eastern District
<u>Use Your Words</u> - Grades K-2	- Teachers' Resource Center, Eastern District
<u>Be Cool Coping With Teasing</u> - Grade 4-6	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Book series by Jim and Joan Boulden</u> - Deal with a variety of concerns including bereavement, separation, divorce, conflict resolution , anger management and self-esteem - Grades 1-6	- Athena Consolidated - Georgetown Elementary

Resources: Books

CONFLICT RESOLUTION (Con't)

Resource and Description	Schools
<u>Conflict Resolution Library Series</u> - Issues covered - “Being Left Out”, “Gossip”, “Bullying” and “Competitiveness” - Grades 2-4	- Central Queens Elementary - Spring Park Elementary - West Royalty Elementary
<u>Creative Conflict Resolution For Kids</u>	- West Royalty Elementary
<u>Creative Conflict Resolution: More Than 200 Activities for Keeping Peace in the Classroom</u> - Grade K-6	- Teachers’ Resource Center, Eastern District
<u>Everyone Wins - Cooperative Games and Activities</u>	- West Royalty Elementary
<u>Conflict Resolution Series</u> - Dealing with Teasing, lying, and stealing - Grades 2-4	- Bloomfield Elementary - Ellerslie Elementary - O’Leary Elementary
<u>Teaching Peace</u> - Grades 1-2 - # RQ1002D	- Queen Elizabeth Elementary
<u>Quiz Show Pro: Conflicts</u> -Games that provides opportunity to practice conflict resolution choices. - One to three players - Grades 2-6	- Athena Consolidated
<u>No More Monkeyshine</u> - ages 6-8	- Bloomfield Elementary - Ellerslie Elementary - O’Leary Elementary

Resources: CD

Resources: Game

CONFLICT RESOLUTION (Con't)
Elementary/Intermediate

Resources: Books

Resource and Description

Schools

Creative Conflict Solving
 - Grades 4-6

- West Royalty Elementary

Conflict Resolution and Kids: PEI Resource Manual

- Amherst Cove Consol.
 - Miscouche Consol.
 - Somerset Elementary

Solving Conflicts
 - **Sunburst** Communications

- Queen Elizabeth Elementary

Elementary/Senior

Médiation par les pairs
 - Résolution de conflit par un médiateur étudiant
 - 1^{re} - 12^e année

- École François-Buote

Justice réparation
 - Cercle de guérison
 - 1^{re} - 12^e année

- École François-Buote

Intermediate

Resources: Programs

Peer Helping
 - Conflict resolution, mediation

- East Wiltshire Intermediate
 - Montague Intermediate

Students Helping Students
 - Skills Activity Binder

- Summerside Intermediate

Resources: Videos

Communication: The Person to Person Skill

- Summerside Intermediate

Conflict Resolution

- Summerside Intermediate

Teen-Parent Conflict

- Summerside Intermediate

Making Things Better

- Summerside Intermediate

Sunburst Conflict Resolution
 - Active listening, summarizing, etc.
 - Grades 7-9

- Montague Intermediate

CONFLICT RESOLUTION (Con't)**Resource and Description****Schools**

Preventing Conflicts and Violence
Grade 5-9

- Teachers' Resource Center, Eastern District

Student Workshop: Mediation Skills
- Grade 5-9

- Teachers' Resource Center, Eastern District

Intermediate/Senior High**Resources: Programs**

Students Resolving Conflicts
- Peer Mediation Program
- Grades 6-12

- Summerside Intermediate

Senior High**Resource: Programs**

Strategies For Dealing With Conflict
- Grades 10-12

- Souris Regional High

Peer Mediation Program
- Grades 10-12
- Can be adapted for all levels

- Three Oaks Senior High

Resources: Videos

Student Workshop: Resolving Conflicts - Sunburst
- Student workbook activities
- Grades 9-12

- Souris Regional High
- Teachers' Resource Center, Eastern District

Conflict Resolution
- Grade 9-11

- Teachers' Resource Center, Eastern District

Resources: Books

Self Awareness, Assertiveness, Conflict
- Making decisions
- Grades 10-12

- Morell Regional High

Conflict Resolution and Kids

- Souris Regional High

CONFLICT RESOLUTION (Con't)

Resource and Description	Schools
<u>Coping Through Conflict Resolution and Peer Mediation</u>	- Souris Regional High
<u>The Kids Guide To Working Out Conflicts</u>	- Souris Regional High
<u>Forgiveness: The Greatest Healer of All</u> - Grades 10-12	- Kinkora Regional High
<u>Bringing Up Parents: The Teenagers Handbook</u> - Resolving conflicts with parents and improving family relations - Grades 7-9 or 7-12	- Athena Consolidated
<u>Coping With Conflict</u> - A Counsellor's Guide	- Parkdale Elementary
<u>Face to Face: Conflict Resolution in schools</u> - Videos and resources - Grades 1-6	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Conflict Resolution Skills</u> - Student workbook - Video and resources - Grades 5-9	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Negotiation Skills for Educators</u>	- Summerside Intermediate
<u>A Manual for Group Facilitators</u>	- Colonel Grey Senior High
<u>Coping Through Conflict Resolution and Peer Mediation</u>	- West Royalty Elementary
<u>Conflict Resolution Skills Grades 7 - 9</u>	- Montague Intermediate

Professional

DATING/ SEXUAL HARASSMENT

Intermediate

Resource: Programs

Healthy Relationships: A Violence Prevention Curriculum (1994, Men for Change, N.S.)
- 3 Volumes: Dealing With Aggression, Gender Equality and Media Awareness, Building Healthy Relationships
- Birchwood Intermediate

It's Up to Me
-maintain healthily relationships focusing on respect, and bullying.
- Grades 5-8
- Athena Consolidated

Resources: Videos

Discussion au claire de lune
- Sexisme et violence en français
- 7^e - 9^e année
- École François-Buote

Intermediate/ Senior High

Resources: Programs

Love Without Violence - A Kit On Dating Violence
- Queen Charlottetown Intermediate
- Summerside Intermediate
- Hernewood Intermediate

DATING/ SEXUAL HARASSMENT
(Con't)

Resource and Description

Schools

A Love That Kills

- National Film Board of Canada, 1999
- Documentary/reinactment of a 19 yr. Old murdered by her boyfriend with lesson plans
- Grades 9-12

- Summerside Intermediate

Resources: Videos

Love Taps

- Dating violence (National Film Board of Canada, Grades 9-12)

- Hernewood Intermediate
- Summerside Intermediate

Real People: Teens Who Choose Abstinence --

Sunburst

- Grades 9-12

- Hernewood Intermediate

Dating Violence & Abuse (2000) - with workshop guide.

- Grades 7-12

- Birchwood Intermediate

"Friends" Raping Friends

- Grades 7-12

- Summerside Intermediate

Sexual Decision Making:

- Teenage Sex: Resisting the Pressure
- Choosing to Wait
- Dating, Sex and Trouble
- Teen Sex: Challenges and Decisions
- Sex, Lies and the Truth

- Summerside Intermediate

Resources: Books

What is a Good Relationship?

- Grades 7-adult

- Summerside Intermediate

Sexuality and Education

- Maladie et autres
- 7^e - 12^e année

- École François-Buote

DATING/ SEXUAL HARASSMENT
(Con't)

Senior High

Resources: Programs

Resource and Description

Schools

Family Life Course

- Charlottetown Rural High

What is Sexual Harassment
- Grades 10-12

- Three Oaks Senior High

Right From the Start
- Grades 10-12

- Three Oaks Senior High

Boys Will Be Boys
- Unstable actions
- Grades 10-12

- Three Oaks Senior High

Healthy Relationships
- Violence Prevention

- Souris Regional High

Resources: Videos

No Means No
- On sexual responsibility

- Souris Regional High

Talk 16
- Teenage society,
relationships, self-esteem
- Grades 10-12

- Morell Regional High

Sex, Lies And The Truth
- Abstinence-based sex
education program
- Grades 10-12

- Souris Regional High
- Teachers' Resource
Center, Eastern District

The Power to Choose
- Grade 9

- Teachers' Resource
Center, Eastern District

Date Rape (1984)
- Grades 9-12

- Teachers' Resource
Center, Eastern District

Friendship and Dating
(1991)
- Grades 9-12

- Teachers' Resource
Center, Eastern District

DATING/ SEXUAL HARASSMENT
(Con't)

Resource and Description

Schools

Several Books and Novels
Dealing with the Topics of
Sexual Harassment
- Grades 10-12

- Three Oaks Senior High

Right From The Start
- Grade 9-12

- Teachers' Resource
Center, Eastern District

DECISION MAKING

Resource and Description Schools

Elementary

Resource: Programs

Decision Making for Success in Life - Greenfield Elementary

You Can Choose - Parkside Elementary
 - Ten volumes to practice life Skills
 - Elm Street Elementary
 - Grades 4-6

Survival Signs - Parkside Elementary
 - To give students the practice they need to become familiar with basic survival signs
 - Elm Street Elementary
 - Grades K-6

Resources: Books

Do I Have To? - Parkdale Elementary
 - The advantages of responsible social behaviour
 - Grades 1-3

Resources: Video

Doing The Right Thing - Teachers' Resource Center, Eastern District
 - Grade 3-5

Go Go Goals: How to Get There - Teachers' Resource Center, Eastern District
 - Grade 4-6

I Can Make Good Choices - Teachers' Resource Center, Eastern District
 - Grade 3-5

Elementary/Intermediate

Resources: Games

Problem Solver - Athena Consolidated
 - Board game for reinforcing problem solving skills during adolescence
 - Grades 1-9

DECISION MAKING (Con't)

Intermediate

Resource: Programs

Resource and Description

Schools

The Real Game

- Grades 7-8

- Birchwood Intermediate

You Decide! Making Responsible Choices

- A series of lessons/ activities that apply decision-making skills to situations that are relevant to students' own lives

- Grades 7-9

- Athena Consolidated

Baby Think It Over

- Electronic infant simulator cared for by students for 48-72 hours

- Grade 9

- Summerside Intermediate

Resources: Videos

Sexual Decision Making:

- Teenage Sex: Resisting the Pressure

- Choosing to Wait

- Dating, Sex and Trouble

- Teen Sex: Challenges and Decisions

- Sex, Lies and the Truth

- Summerside Intermediate

- Hernewood Intermediate

- Teachers' Resource Center, Eastern District

How to Make Good Decisions

- Pleasantville Media (1983)

- Grades 7-9

- M.E Callaghan Intermediate

Decision Making Skills Book

- J Watson Walsh Publisher, Publisher (1989)

- Grades 7-9

- M.E. Callaghan Inter.

- Amherst Cove Consol.

- Miscouche Consol.

- Somerset Elementary

DECISION MAKING (Con't)

Intermediate/Senior High

Resource: Programs

Resource and Description

Schools

Choices and Decisions
-designed to teach financial goals, budging, proper use of credit, investments and banking services. Includes interactive CD
- Grade 9-Adult

- Athena Consolidated

Resources: Books

Thinking, Feeling, Behaving
- Self -acceptance, **decision making**, relationships
- Grades 7-12

- Montague Intermediate

Resources: Video

Acting On Your Values
- Grade 7-12

- Teachers' Resource Center, Eastern District

Senior High

Resource: Videos

Choice, Chance, Control
- Grades 10-12

- Three Oaks Senior High

Resources: Books

Coping With Decision Making
- Grades 10-12

- Three Oaks Senior High

Self Awareness, Assertiveness, Conflict
- Making decisions
- Grades 10-12

- Morell Regional High

DIVERSITY AWARENESS

Resource and Description Schools

Elementary/Intermediate

Resources: Programs

Valuing Diversity - Tracadie Cross Consolidated

Playing Fair - Prince Street Elementary
 - Multi Cultural acceptance
 - Four parts
 - Grades 3-4

Resources: Videos

Educating for the 21st Century - Tracadie Cross Consol.

Dealing With Diversity in the Classroom - Teachers' Resource Center, Eastern District

Real People Cliques: Who's In, Who's Out? - Teachers' Resource Center, Eastern District
 - Grade 5-9

Playing Fair: Carol's Mirror - Teachers' Resource Center, Eastern District
Playing Fair: Hey Kelly
Playing Fair: Mela's Lunch
Playing Fair: Walker
 - Grade 2-6

Resources: Books

Mi'kmaq Past and Present: A Resource Guide - Tracadie Cross Consolidated

The Skin I'm In - Athena Consolidated
 -Helps children accept and be comfortable with skin color and race
 - Elementary

A Resource Guide for Antiracist and Ethnocultural Equity Education - Tracadie Cross Consolidated

Understanding Others - West Royalty Elementary

DIVERSITY AWARENESS (Con't)

Resource and Description

Schools

How Do I Walk In Your Shoes?
- Grade 1-6

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Intermediate

Resources: Programs

Cultural Diversity Group
- Designed to promote cultural understanding between diverse cultures as we celebrate our differences and similarities

- Birchwood Intermediate

Resources: Videos

Who is Peter Iswolsky?

- Teachers' Resource Center, Eastern District

Hanging Out
- Grade 7-12

- Teachers' Resource Center, Eastern District

For Angela
- Grade 6-12

- Teachers' Resource Center, Eastern District

EATING DISORDERS

Resource and Description Schools

Intermediate/Senior High

Resources: Programs

Mirror, Mirror on the Wall
- A handbook on dieting and eating disorders for students, teachers and families
- Grades 7-12

- Summerside Intermediate
- Souris Regional High
- Colonel Grey High School

Resources: Videos

Real people: Coping with Eating Disorders
- Grades 7-12

- Teachers' Resource Center, Eastern District
- M.E. Callaghan Intermediate

Dying To Be Thin
- Grade 7-12

- Teachers' Resource Center, Eastern District

The Truth About Body Language
- Grade 7-9

- Teachers' Resource Center, Eastern District

Pressure Zone
Peer Pressurs/Eating
- Grades 7-12

- Hernewood Intermediate

The P Syndrome
- Self Image/ Healthy Eating
- Grades 7-12

- Hernewood Intermediate

Secret Life of Mary Margaret
- Grades 9-12

- Three Oaks Senior High

Desperate Measures
- Eating disorders in Athletes
- Grades 10-12

- Westisle Composite High

What's Eating You?
- Self Image/ Healthy Eating
- Grades 7-12

- Hernewood Intermediate

EATING DISORDERS (Con't)

Resources: Books

Professional

Resource and Description

Schools

America: Thin Obsession
- Grades 7-12

- Summerside Intermediate

Fat is a Feminine Issue

- Summerside Intermediate

Coping With Compulsive Eating

- Souris Regional High

Nourishing Your Daughter
- Helping your daughter develop a healthy relationship with food and her body

- Summerside Intermediate

Variety of Books and Novels Dealing With Signs/Prevention as well as Treatment
- Grades 10-12

- Three Oaks Senior High

Teaching Students with Emotional Disorders and/or Mental Illness
- Alberta Learning
- Covers Anxiety Disorders, **Eating Disorders**, Depression, Schizophrenia, Oppositional Defiant Disorders, Conduct Disorders

- Summerside Intermediate

FAMILY ISSUES

Resource and Description

School

Elementary

Resources: Programs

Marriage And The Family Experience

- Book on lifelong topics related to family
- By Strong and Devault

- Parkside Elementary
- Elm Street Elementary

When Mom And Dad Separate

- Learning to cope with grief from divorce
- Child workbook
- By Marge Heegaard
- Grades 1-6

- Westwood Primary
- Cardigan Consolidated
- Georgetown Elementary
- Dundas Consolidated
- St. Peter's Consolidated
- Mount Stewart Consolidated

When Mom and Dad Divorce

- Elf Help Books
- Grades 1-4

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

When Your Parents Get A Divorce: A Kid's Journal

- Souris Consolidated
- Rollo Bay Consolidated
- Eastern Kings Consolidated
- Fortune Consolidated

Systematic Training For Effective Parenting: The Parents' Handbook

- Cardigan Consolidated
- St. Peter's Consolidated
- Mt. Stewart Consolidated

Counselling Children Of Separation And Divorce

- Eight-Ten week session on feelings, problem-solving and positive aspects of divorce
- By Diana Eckler
- Grade 3

- Westwood Primary

FAMILY ISSUES (Con't)

Resources: Videos

Resource and Description	Schools
<u>1-2-3 Magic</u> - Effective discipline techniques for parents - Available in book and video format - Grades 1-6	- Parkdale Elementary - Spring Park Elementary - Alberton Elementary - St. Louis Elementary - Tignish Elementary - Athena Consolidated - Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary - L.M. Montgomery
<u>Come In From the Storm, Parts 1-3</u> - Grade 4-6	- Teachers' Resource Center, Eastern District
<u>Family Violence - Child Abuse</u>	- Teachers' Resource Center, Eastern District
<u>How to Behave so Your Children Will Too</u> - Parent Guide	- Parkdale Elementary
<u>Me And My Family</u> - Solving conflicts - Grade 5	- Prince Street Elementary
<u>We're a Family</u> - Grade 4-5	- Prince Street Elementary - Teachers' Resource Center, Eastern District
<u>Let's Talk</u> - Grades 3 - 4	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>Twelve Secrets of Discipline</u> - video/book	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>One Divided by Two</u> - NFB 30 minutes	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary

FAMILY ISSUES (Con't)

Resources: Books

Resource and Description	Schools
Book series by Jim and Joan Boulden - Deal with a variety of concerns including bereavement, separation, divorce, conflict resolution, anger management and self-esteem - Grades 1-6	- Athena Consolidated
The Day Our T.V. Broke - Reminds children there is more magic inside themselves than inside the tv set - Grades 1-3	- Parkdale Elementary
<u>With All Due Respect</u>	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>1-2-3 Magic</u> - Effective discipline techniques for parents - Available in book and video format - Grades 1-6	- Alberton Elementary - St. Louis Elementary - Tignish Elementary - Athena Consolidated - Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary - L.M. Montgomery - Spring Park Elementary - Summerside Intermediate - West Royalty Elementary - P.E.I. Association for Community Living
<u>Let's Talk</u> - Activity book - Early separation, divorce - Marvin Associates 1-800-682-0029	- Greenfield Elementary

FAMILY ISSUES (Con't)

Resource and Description	Schools
<u>Let's Talk About Foster Homes</u> - Activity Book - Early Separation, Divorce - Marvin Associates - 1-800-682-0029	- Greenfield Elementary
<u>How It Feels To Be Adopted</u> - By Jill Krementz	- Eliot River Elementary
<u>My New Mom and Me</u> - Story of a young girl's painful experience in dealing with the death of her mother and learning how to love her new step mom - Grades 1-3	- Parkdale Elementary
<u>My Mom Can't Read</u> - Grades 1-3	- Parkdale Elementary
<u>My Dad Takes Care of Me</u> - Grades 1-3	- Parkdale Elementary
<u>Dinosaurs Divorce</u> - Feelings about divorce/separation - Grade level 1-6	- Eliot River Elementary - Westwood Primary - L.M. Montgomery Elementary - Athena Consolidated - West Royalty Elementary
<u>Mom's House/Dad's House</u> - Divorce - Parents	- Eliot River Elementary - Athena Consolidated
<u>Can I Catch It Like the Cold?</u> - Help in understanding parent depression - Grades 1-3	- Athena Consolidated
<u>Can I Leave the Light On?</u> - Night time fears - Grades 1-3	- Athena Consolidated

FAMILY ISSUES (Con't)

Resource and Description	Schools
<u>Who's in a Family</u> -The many different family types - Grades 1-3	- Athena Consolidated
<u>On the Day His Daddy Left</u> - Child's guilt during divorce - Grades 1-3	- Athena Consolidated
<u>All Kinds Of Separation</u> - Workbook - Grades 3-6 - Kidsrights 10100 Park Cedar Drive Charlotte NC 28210 (704) 541-0100	- Greenfield Elementary
<u>Guide To A Happier Family</u> - By Faber/Mazlisl - Parents	- Eliot River Elementary
<u>At Daddy's On Saturdays</u> - Divorce - Grades 1-4	- Southern Kings Consolidated
<u>When Your Parents Get A Divorce: A Kid's Journal</u> - Grades 1-6	- Souris Consolidated - Rollo Bay Consolidated - Eastern Kings Consolidated - Fortune Consolidated
<u>I Wish Daddy Didn't Drink So Much</u> - Excellent - Grades 1-4	- Southern Kings Consolidated - L.M. Montgomery Elementary
<u>How it Feels When Parents Divorce</u> - Grades 5-6	- L.M. Montgomery Elementary
<u>Mom And Dad are Getting a Divorce</u> - Grades 1-2	- L.M. Montgomery Elementary

FAMILY ISSUES (Con't)

Resource and Description	Schools
<u>When I Visit Daddy or Daddy Visits Me</u> - Grades 1-2	- L.M. Montgomery Elementary
<u>I Have Two Homes</u> - Grade 1	- L.M. Montgomery Elementary
<u>Tom Doesn't Visit Us Anymore</u> - Grades 1-2	- L.M. Montgomery Elementary
<u>Mom And Dad Don't Live Together Anymore</u> - Divorce - Grades 1-4	- Southern Kings Consol. - L.M. Montgomery - West Royalty Elementary
<u>The Whole Child Series</u> - Issues: self-esteem, discipline , etc. - Good aid for parents - Grades 1-6	- Central Queens Elementary
<u>Alexander, Who's Not Going To Move</u> - By Judith Viorst - Grades 1-3	- St. Peter's Consolidated - Mount Stewart Consolidated
<u>Help! It's Homework Time</u> - By Lee Canter - Parents	- Eliot River Elementary
<u>We're A Family (1992)</u> - Grades 4-6	- Teachers' Resource Center, Eastern District
<u>Marvin Melnyk Association Series On Bully And Victim/Separation And Divorce</u> - Younger children	- Spring Park Elementary

FAMILY ISSUES (Con't)

	Resource and Description	Schools
	<u>Successful Parenting: Discipline Makes The Difference</u> - Video and guide - Parents find this very helpful	- Westwood Primary
	<u>Family Changes</u>	- West Royalty Elementary - Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
	<u>Because Life Goes On</u>	- West Royalty Elementary
	<u>Positive Parenting From Two Homes (Parents' Manual)</u>	- West Royalty Elementary
<u>Resources: Games</u>	<u>Upside Down Divorce Game</u>	- Queen Elizabeth
<u>Elementary/ Intermediate</u>		
<u>Resources: Books</u>	<u>How It Feels When Parents Divorce</u> - By Jill Krementz - Very Good - Grades 7-9	- Stonepark Intermediate - Eliot River Elementary
	<u>Fighting Fair For Families</u>	- Montague Intermediate
<u>Resources: Videos</u>	<u>Me and My Family: Solving Conflicts</u> - Grades 5-9	- Teachers' Resource Center, Eastern District
	<u>One Divided By Two (NFB)</u> - Divorce and separation - Thirty minutes in length - Grades 4-12	- Greenfield Elementary - Queen Elizabeth - Hernewood Intermediate

FAMILY ISSUES (Con't)

Resource and Description

Schools

Divorce In Not the End of the World
- Grades 7-9

- Alberton Elementary
- St. Louis Elementary
- Tignish Elementary

Elementary/ Senior High

Resource: Programs

Family Law Information Kit

- Summerside Intermediate
- Colonel Grey High

Resources: Games

Family Happenings
- Board game that focuses on family dynamics and may include separation, remarriage, adoption, death, alcoholism, school problems, etc.
- Ages 6 to adult

- Athena Consolidated

Resources: Books

Parent-Teen Breakthrough: The Relationship Approach

- Summerside Intermediate

Kids are Worth It
- Barbara Coloroso

- Summerside Intermediate

Systematic Training for Effective Parenting (S.T.E.P.) Of Teens

- Summerside Intermediate
- Teachers' Resource Center, Eastern District

Parenting Teenagers Systematic Training for Effective Parenting
- Grades 7-12

- Cardigan Consolidated

Parenting with Wit & Wisdom in Times of Chaos & Loss
- Barbara Coloroso

- Summerside Intermediate

FAMILY ISSUES (Con't)

	Resource and Description	Schools
	<u>How to Talk so Kids Will Listen and Listen so Kids Will Talk</u> - Faber/ Mazlisl	- Southern Kings Consolidated - Eliot River Elementary - Summerside Intermediate
	<u>Teenagers: When to Worry & What to Do</u>	- Summerside Intermediate
	<u>The Good Kid Book: How to Solve the 16 Most Common Behavioral Problems</u>	- Summerside Intermediate
	<u>The Nine Most Troublesome Teenage Problems & How to Solve Them</u>	- Summerside Intermediate
	<u>Choice Theory</u> - William Glasser	- Summerside Intermediate
	<u>Child Behaviour</u>	- Summerside Intermediate
	<u>What Should I Tell the Kids: A Parent's Guide to Real Problems in the Real World</u>	- Summerside Intermediate
	<u>Children: The Challenge</u> - Rudolf Dreikurs	- Summerside Intermediate
	<u>What Growing Up Is All About</u>	- Summerside Intermediate
<i>Intermediate</i>		
<u>Resources: Programs</u>	<u>Counselling Children Of Divorce</u> - Workbook - Grades 7-9	- Stonepark Intermediate
<u>Resources: Books</u>	<u>Parenting Your Teenager</u> - By David Elkind	- East Wiltshire Intermediate

FAMILY ISSUES (Con't)

Resource and Description

Schools

Nourishing Your Daughter
- Helping your daughter develop a healthy relationship with food and her body

- Summerside Intermediate

Intermediate/ Senior High

Resources: Books

Bringing Up Parents: The Teenagers Handbook
- Resolving conflicts with parents and improving family relations
- Grade level 7-9 or 7-12

- Athena Consolidated

B.C. Council for the Family has some great stuff

- Kensington Intermediate/
Senior High

Resources: Videos

Communicating With Parents
- Grades 7-12

- Teachers' Resource Center, Eastern District

Teen-Parent Conflict (1988)
- Grades 7-12

- Teachers' Resource Center, Eastern District
- Summerside Intermediate

Teens in Changing Families (1989)
- Grades 7-12

- Teachers' Resource Center, Eastern District

If Your Parents Break Up
- **Sunburst**, with guide
- Grades 7-12

- Summerside Intermediate

When Your Parent Drinks Too Much
- Grades 7-12

- Summerside Intermediate

Fresh Talk- HIV and Teens Remembering-Speaking For Ourselves
- Grades 9-12

- Three Oaks Senior High

FAMILY ISSUES (Con't)

Elementary/ Senior High

Resources: Games

Resource and Description

Schools

Family Happenings

- Board game that focuses on family dynamics and may include separation, remarriage, adoption, death, alcoholism, school problems, etc.
- Ages 6 to adult

- Athena Consolidated

Senior High

Resources: Programs

Family Focus

- East Prince Health
- Assortment
- Grades 9-12

- Kinkora Regional High

Life Choices

- Text
- Grades 9-12

- Morell Regional High

Sexuality

- Grades 10-12

- Three Oaks Senior High

Health Concepts And Strategies

- Various strategies and activities
- Grades 9-12

- Morell Regional High

Resources: Videos

Ordinary People

- Suicide, family relationships
- Grades 10-12

- Morell Regional High

Cages Unveiled

- Mother and daughter relationships
- Grades 10-12

- Westisle Composite High

FAMILY ISSUES (Con't)

Resource and Description

Schools

Dying is a Part of Living

- Sunburst (1986)
- Emotional needs of family members in a time of crisis
- Grades 9-12

- M.E. Callaghan
Intermediate

Family Matters

- Grades 9-12

- Souris Regional High

Teen Parent Conflict-Making

Things Better

- Sunburst,(1988)
- Negotiations Techniques
- Grades 9-12

- M.E. Callaghan
Intermediate

Resources: Websites

www.hire.pe.ca

- Health Issues, **Parenting, and Pregnancy**

www.bccf.bc.ca

- Family life, relationships, community involvement, **suicide awareness, parenting**, support group issues

GRIEF COUNSELLING

Resource and Description Schools

Elementary

Resources: Programs

<p><u>When Something Terrible Happens</u> - Student Workbook - Grades 1-6</p>	<p>- St. Peter's Consolidated - Mt. Stewart Consolidated</p>
<p><u>Talking About Death</u> - Excellent - By Earl Grollman</p>	<p>- Spring Park Elementary</p>
<p><u>Helping Children Grieve</u> - By Theresa Huntley</p>	<p>- Spring Park Elementary</p>
<p><u>Books, artwork and videos on various kinds of losses</u> - Grades 1-3</p>	<p>- Westwood Primary</p>
<p><u>Rainbows Curriculum</u> - Discussion, games and activities - To deal with loss (through divorce, separation or death) in a peer-support group setting. - Grades 1-8</p>	<p>- Alberton Elementary - St. Louis Elementary - Tignish Elementary</p>
<p><u>Saying Goodbye</u> - Promotes a basic understanding of death and helps students learn positive ways of coping with grief - CD ROM - Sunburst Communications - Grades 2-4</p>	<p>- Westwood Primary - Greenfield Elementary</p>

GRIEF COUNSELLING (Con't)

Resources: Books

Resource and Description

Schools

<u>The Emotional Recovery Resource Kit</u> - Children dealing with trauma, (divorce, violence, disasters, terrorism, death, ets) and learning to create renewed hope.. - Grades Elementary	- Athena Consolidated
<u>Book series by Jim and Joan Boulden</u> - Deal with a variety of concerns including bereavement, separation, divorce, conflict resolution, anger management and self-esteem - Grades 1-6	- Athena Consolidated
<u>Helping Kids Manage Grief Fear & Anger</u> - Grades 1-6	- L.M. Montgomery
<u>Goodbye, Grandma</u> - Grades 1-4	- L.M. Montgomery
<u>Goodbye Grampa</u> - Grades 1-4	- West Kent Elementary
<u>Lifetimes</u> - Grades 3-6	- West Kent Elementary
<u>Why Did Gramma Die?</u> - Grades 1-3	- Parkdale Elementary
<u>My Best Friend Moved</u> - Grades 1-3	- Parkdale Elementary
<u>A Bunch Of Balloons</u> - Grades 1-4	- L.M. Montgomery

GRIEF COUNSELLING (Con't)

Resource and Description	Schools
<u>Good Grief</u> - workbook	- Bloomfield Elementary - Ellerslie Elementary - O’Leary Elementary
<u>I Wish I Could Hold Your Hand</u> - Grades 1-4	- L.M. Montgomery Elementary
<u>Waiting For The Whales</u> - Grades 1-6	- Eliot River Elementary
<u>Fall Of Freddy The Leaf</u> - Grades 1-6	- Eliot River Elementary
<u>The Tenth Good Thing About Barney</u> - Grades 1-6	- Eliot River Elementary - L.M. Montgomery Elem. - Bloomfield Elementary - Ellerslie Elementary - O’Leary Elementary - Georgetown Elementary
<u>I Hate Goodbyes</u> - Grades 1-2	- L.M. Montgomery Elementary
<u>Lifetimes</u> - Grades 1-6	- Eliot River Elementary
<u>Saying Goodbye</u> - Available from funeral homes - Grades 1-6	- Eliot River Elementary - West Kent Elementary - L.M. Montgomery Elementary
<u>Children Can Learn To Cope With Loss And Change</u> - Grades 1-3	- West Royalty Elementary
<u>Someone Special Died</u> - Storybook and resource book - Beautiful illustrations - Low level reading	- Bloomfield Consolidated - Ellerslie Elementary - O’Leary Elementary

GRIEF COUNSELLING (Con't)

Resource and Description

Schools

Healing a Child's Grieving Heart

- Ideas for family and care givers on healing a grieving child
- Grades Elementary__

- Athena Consolidated

When Good-bye is Forever

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

When Dinosaurs Die

- A guide to understanding death
- Grades Elementary

- Athena Consolidated
- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Elementary / Intermediate

Resources: Videos

A Child's View of Grief

- Grades 5-12 and parents

- Most Schools

Saying Goodbye

- Grades 3 - 4

- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

A Child's View of Grief - Picking Up The Pieces

- Foster's Garden Chapel Funeral Home

- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

Resources: Books

Healing a Teen's Grieving Heart: 100 practical Ideas

- Tracadie Cross

How It Feels When A Parent Dies

- By Jill Krentz
- Very Good
- Grades 7-9

- Stonepark Intermediate
- Eliot River Elementary

Options and Consequences

- The change/ loss connection

- Spring Park Elementary

GRIEF COUNSELLING (Con't)***Intermediate*****Resources: Programs****Resource and Description****Schools**

Healing & Helping Through Loss

- Grades 7-9

- Hernewood Intermediate

Dimensions of Loss & Death

- Grades 7-9

- Hernewood Intermediate

Resources: Videos

Surviving Death

- Stories of Grief

- Grades 7-9

- Hernewood Intermediate

Resources: Books

Teenagers Guide For Bereavement

- Easy to read and provides a good understanding description of the grieving process

- Grades 5-9

- East Wiltshire Intermediate

Intermediate/ Senior High**Resources: Programs**

Living With Loss

- A series of activities addressing grief issues

- Grades 7-12

- Stonepark Intermediate

Healing Your Grieving Heart for Teens

- Tips for teen on understanding grief

- Grades 7-12

- Athena Consolidated

Programs: Books

Visualisation apprentissage et conscience

- Gérer des situations difficiles

- 7^e - 12^e année

- École François-Buote

GRIEF COUNSELLING (Con't)

Senior High

Resources: Programs

Resource and Description

Schools

Grieving Days, Healing Days
- By J. Dave Mannine -
Allyn and Bacon (1997)
- Book with activities to deal
with various stages of
grief

- Bluefield High

Dying is a Part of Living
- Sunburst (1986)
- Grades 9-12

- M.E. Callaghan
Intermediate

Parents/Professional

Grief in Children

- West Royalty Elementary

Good Grief

- West Royalty Elementary

A Child's View Of Grief

- Video
- Grades 5-12
- Also for Parents

- Most Schools
(Distributed in June,
1999, following CCA
Conference in Calgary)

The Grief Recovery
Handbook

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Resources: Videos

When Grief Comes To
School

- Good overviews of crisis
response
- Staff

- Guidance Consultant,
Department of Education
- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Dealing With The Impact of
Death & Grief

- Teachers' Resource
Center, Eastern District

Resources: Books

Grief In Children

- For use with parents
- Grades 1-8

- West Royalty Elementary

GRIEF COUNSELLING (Con't)

Resource and Description	Schools
<u>When Grief Comes To School</u> - Multimedia Materials for Professional Growth	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>The Grieving Child</u> - A Parent's Guide	- Summerside Intermediate
<u>Parenting with Wit & Wisdom in Times of Chaos & Loss</u> - Barbara Coloroso	- Summerside Intermediate
<u>Helping Children Cope with the Loss of a Loved One When Someone Very Special Dies</u> - Resource Guide - Grades 1-4	- West Royalty Elementary
<u>Talking with Children About Loss</u>	- Summerside Intermediate
<u>Death: The final stage of growth</u> - Elizabeth Kubler Ross	- Hernewood Intermediate
<u>Guide Them to Good Grief</u> - Resource book for adults to understand how young people grieve	- Souris Regional High
<u>Coping With Grief</u>	- Souris Regional High

MOTIVATIONAL SKILLS

Elementary/Intermediate

Resources: Programs

Motivation, Attitude, and Self Control in a Box
- Grades 1-8

- Elm Street Elementary
- Parkside Elementary

Intermediate

Resources: Videos

Yes, You Can Be A Winner
- Grades 7-9

- Summerside Intermediate

Be a Winner Self Motivation Sunburst (1987)
- Grades 7-9

- M.E. Callaghan Intermediate

You Can Choose - Conflict Resolution
- Grades 1-4

- Bloomfield Elementary
- Ellerslie Elementary
- O’Leary Elementary

You Can Choose - Dealing With Disappointment
- Grades 1-4

- Bloomfield Elementary
- Ellerslie Elementary
- O’Leary Elementary
- Teachers’ Resource Center, Eastern District

Resources: Books

Gaining Self Control - Personal Power-Succeeding with Self
- Grades 1-8

- Bloomfield Elementary
- Ellerslie Elementary
- O’Leary Elementary

Peer Interactions-Personal Power-Succeeding with Others
- Grades 1-8

- Bloomfield Elementary
- Ellerslie Elementary
- O’Leary Elementary

MOTIVATIONAL SKILLS (Con't)

Intermediate/ Senior High

Resources: Programs

Resource and Description

Schools

Providing All Children With the Foundations For Achievements
- Grades 7-12

- Three Oaks Senior High

Senior High

Resources: Programs

Health Concepts And Strategies
- Various strategies and activities
- Grades 9-12

- Morell Regional High

Life Choices
- Text
- Grades 9-12

- Morell Regional High

Professional

Resources: Videos

Motivating Students

- Teachers' Resource Center, Eastern District

Boosting Student Motivation

- Teachers' Resource Center, Eastern District

PEER MEDIATION/ PEER HELPING

Resource and Description Schools

Elementary

Resources: Programs

Conflict Managers -

Sunburst

- Training for peer mediators
- Grades 3-6

- Athena Consolidated
- Greenfield Elementary

Conflict Resolution In Schools: Program Guide And Student Manual

- Grades 5-6
- Research Press
60 Rankin Street
Waterloo ON N2V 1V9

- Souris Consolidated
- Rollo Bay Consolidated
- Eastern Kings Consolidated
- Fortune Consolidated
- Queen Elizabeth Elementary

Big Sister Mentors

- West Royalty Elementary

Peer Mediation Leadership

- Students assist students on the playground
- Student actively promotes school related events with school body

- Elm Street Elementary
- Parkside Elementary

Resources: Videos

Peer Counselling

- Greenfield Elementary

Elementary/ Intermediate

Resources: Programs

Mediation Skills - Sunburst

- Video
- Grades 5-9

- Cardigan Consolidated
- St. Peter's Consolidated
- Mt. Stewart Consolidated

Peer Mediation

- Trained mediators
- Grades 4-8

- Cardigan Consolidated
- West Royalty Elementary

PEER MEDIATION/PEER HELPING
(Con't)

Resource and Description

Schools

Book Buddies

-Intermediate students link up with grade one students for a reading time

- Fort Augustus

Resources: Books

Social Skills Activities

- By Darlene Marnix

- Spring Park Elementary

Resources: Videos

Student Workshop:

Mediation Skills

- Grade 5-9

- Teachers' Resource Center, Eastern District

Intermediate

Resources: Programs

Guide For Peer Helping

- Grades 7-9

- East Wiltshire Intermediate

Leadership

- Students are responsible for running various programs at school

- Montague Intermediate

A.Y. Peer ED. Program

- Grade 7

- Southern Kings Consolidated

Students Resolving Conflicts

- A Peer Mediation Program

- Summerside Intermediate

Students Helping Students

- A Peer Helping Program

- Summerside Intermediate

Project Schools Teaching

Options for Peach (STOP)

Teen Mediation Project

1993-94

- Grade 7-9

- Teachers' Resource Center, Eastern District

PEER MEDIATION/PEER HELPING
(Con't)

Intermediate/Senior High

Resources: Programs

Resource and Description

Schools

Peer Helping

- Conflict resolution,
mediation and tutoring

- East Wiltshire
Intermediate
- Montague Intermediate
- Colonel Grey Senior
High
- Souris Regional High
- Charlottetown Rural
High

HIV/AIDS /Training Manual

- Prevention Education
(AIDS P.E.I.)
- Grades 7-12

- M.E. Callaghan
Intermediate

Resources: Videos

Implementing a Peer Helper
Program

- Grades 7-12

- École François-Boute

Senior High

Resources: Programs

Students Resolving Conflict

- Souris Regional High

Someone to Talk to

- NFB
- Peer Helping in High
Schools
- Grades 10-12

- Hernewood Intermediate

Peer Counselling Training

- Souris Regional High

Institute Network

- Souris Regional High

Peace Works

- Grades 7-12

- Montague Intermediate

PEER MEDIATION/PEER HELPING
(Con't)

Professional/ Parents

Resources: Books

Resource and Description

Schools

Coping Through Conflict
Resolution and Peer
Mediation
- By Simpson

- West Royalty Elementary

Peer Mediation: conflict
Resolution in Schools-
Program Guide
- (1997)

- M.E. Callaghan Interm.
- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

PEER PRESSURE

Elementary

Resources: Programs

Your Choice. Our Chance - Prince Street Elementary
 - Video series
 - Grade 6

Resources: Videos

When It's Hard To Be A Friend - L.M. Montgomery Elementary
 - Grades 2-4

Your Choice-Your Change-Thanks But No Thanks - Spring Park Elementary

Saying No - Teachers' Resource Center, Eastern District
 - Grade 1-4

When Friends Mean Trouble - Prince Street Elementary
 - Grades 3-5
 - Teachers' Resource Center, Eastern District

Intermediate

Resources: Programs

Refusal Skills - Summerside Intermediate
 - Preventing Drug Use in Adolescents
 - Montague Intermediate

How to Say No and Keep Your Friends - Montague Intermediate
 - By Sharon Scott

Resources: Videos

Standing Up For Yourself Peer Pressure And Drugs - Hernewood Intermediate
 - East Wiltshire Intermediate
 - Coping with the pressure
 - M.E. Callaghan Intermediate
 - 15 Minutes
 - Grades 7-9

Dealing with Pressure (1994) - Teachers' Resource Center, Eastern District
 - Grades 5-9

PEER PRESSURE (Con't)

Resource and Description

Schools

The Group and You:
Handling the Pressure

- Teachers' Resource
Center, Eastern District

Acting on Your Values
(1994)
- Grades 7-12

- Teachers' Resource
Center, Eastern District

Caught In The Middle: The
Peer Pressure Squeeze
- Grade 7-9

- Teachers' Resource
Center, Eastern District

You and Your Values (1994)
- Grades 5-9

- Teachers' Resource
Center, Eastern School
District

For Teens: The Gentle Act of
Refusal
- Sunburst
- Grades 7-9

- Summerside Intermediate

Intermediate/Senior High

Resources: Books

Peer Pressure Revealed
- Grades 7-12

- Colonel Grey Senior
High

Positive Peer Groups
- Grades 7-12

- Colonel Grey Senior
High

How to Say No and Keep
Your Friends
- By Sharon Scott
- Grades 7-12

- Montague Intermediate

Senior High

Resource: Books

Listen To Us
- Grades 10-12

- Westisle Composite High

Coping With Cliques

- Souris Regional High

Resources: Video

Reflection - Drinking and
Driving

- Souris Regional High

PEER PRESSURE (Con't)

Parent/Professional

Resources: Books

Resource and Description

Schools

Peer Pressure Reversal
- An adult guide to
developing a responsible
child

- Summerside Intermediate

PERSONAL DEVELOPMENT

Elementary

Resources: Programs

You Can Choose

- Video series
- Grades 1-5

- Prince Street Elementary
- Teachers' Resource Center, Eastern District

FOCUS

- Grades 4-6

- Alberton Elementary
- St. Louis Elementary
- Tignish Elementary
- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary
- West Royalty Elementary

Classroom program for adapting to needs

- Spring Park Elementary

Complete classroom guidance sessions

- Each grade gets 9 per cycle class for 2-month blocks
- All ages

- Prince Street Elementary

Jump'in Jake Settles Down

- Help impulsive kids think before they react
- Grades Elementary

- Athena Consolidated

First Class Character Education Activities Program

- Montague Intermediate

Emotional Intelligence

- Teachers' Resource Center, Eastern District

Resources: Books

Changes In You And Me

- Puberty
- By Paulette Bourgeois

- Eliot River Elementary

PERSONAL DEVELOPMENT (Con't)**Resource and Description****Schools**

Group Interventions & Exercises for Enhancing Children's Communication. Cooperation & Confidence
- Grades 1-6

- Parkdale Elementary

Growing Up - Feeling Good
- Puberty
- By Ellen Rosenburg

- Eliot River Elementary

The Homework Myth

- Summerside Intermediate

Your Choice - A Personal Skills Course for Young People
- Grades 5+

- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

Saying What You Mean: A Children's Book About Communication Skills

- Teachers' Resource Center, Eastern District

The Centering Book: Awareness Activities for Children, Parents, and Teachers

Changing Children's Behaviour

- Teachers' Resource Center, Eastern District

Resources: Videos

Let's Talk Responsibility (1988)

- Teachers' Resource Center, Eastern School District

Being Responsible (1990)
- Grades 2-5

- Teachers' Resource Center, Eastern School District

Go, Go, Goals! (1993)
- Grades 4-6

- Teachers' Resource Center, Eastern School District

Respect Yourself and Others Too
- Grades 2-4

- LM Montgomery Elem.
- Teachers' Resource Center, Eastern District

PERSONAL DEVELOPMENT (Con't)

Resource and Description

Schools

Trust Me: Learning to Be Responsible

- Grade 6

- LM Montgomery Elem.
- Teachers' Resource Center, Eastern District

Asking for Help

- Grade 3-6

- Teachers' Resource Center, Eastern District

Student Workshop: Learning to Communicate

- Grade 2-4

- Teachers' Resource Center, Eastern District

What's Wrong With Vandalism?

- Grade 1-6

- Teachers' Resource Center, Eastern District

I Know How to Listen

- Sunburst video and work sheets

- Grades K-2

- Athena Consolidated
- Teachers' Resource Center, Eastern District

Learning About Honesty

- Sunburst video and work sheets

- Grades K-2

- Athena Consolidated

Say Please

- Sunburst video and work sheets

- Grades K-2

- Athena Consolidated

Manners Matter

- Teachers' Resource Center, Eastern District

Everyday Etiquette

- Grade 1-6

- Teachers' Resource Center, Eastern District

Elementary/Intermediate

Resources: Programs

Strong Kids

- Promoting social and emotional resiliency

- Grades 4-8

- Athena Consolidated

PERSONAL DEVELOPMENT (Con't)**Resource and Description****Schools**

	<u>Building Healthy Relationships</u> - Manual- Bilingual - Grades 5-8	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Resources: Videos</u>	<u>Liking Yourself With No Strings Attached</u> Self Esteem, (1990) -The School Co. (At Risk Student Video Series) - Grades 5-8	- M.E. Callaghan Intermediate
	<u>Exploring Your Feelings</u> - Sunburst (1987) - Grades 5-9	- M.E. Callaghan Intermediate
	<u>How To Develop Self-Confidence</u> - Grades 5-8	- M.E. Callaghan Intermediate
	<u>Acting On Your Values</u> - Grade 7-9	- Teachers' Resource Center, Eastern District
	<u>You and Your Values</u> - Grade 5-9	- Teachers' Resource Center, Eastern District
<i>Intermediate/Senior High</i>		
<u>Resources: Programs</u>	<u>The Forgiveness Workbook</u>	- Summerside Intermediate
	<u>Mentor Program</u> <u>Development Resume Kit</u> - All Grades	- Southern Kings Consolidated
<u>Resources: Videos</u>	<u>The Fourth "R": Responsibility</u> (1997) - Grades 7-12	- Teachers' Resource Center, Eastern School District
	<u>The Gentle Act of Saying No: Principles of Assertiveness</u> - Sunburst (1979) - Grades 8-12	- M.E. Callaghan Intermediate

PERSONAL DEVELOPMENT (Con't)

Resource and Description

Schools

Leadership Program

- Students are responsible for running various programs at school

- Montague Intermediate

Teamwork: A Skill You'll Need

- Grade 7-12

- Teachers' Resource Center, Eastern District

Taking Charge of Me: Emotional I.Q.

- Grade 7-9

- Teachers' Resource Center, Eastern District

Resources: Books

The Road Less Traveled & Others

- Scott Peck

- Summerside Intermediate

Please Understand Me

- Summerside Intermediate

Emotional Intelligence

- Summerside Intermediate

Working with Emotional Intelligence

- Summerside Intermediate

Seven Habits of Highly Effective People

- By Steven Covey

- Summerside Intermediate

Senior High

Resources: Programs

You Can Do It!

- Program Achieve
- Grades 9-12

- Kinkora Regional High

Developing Capable People

- Grades 9-12

- Kinkora Regional High

Two Different Classes in Leadership

- Colonel Grey Senior High

Various Career Exploration Courses

- Colonel Grey Senior High

PERSONAL DEVELOPMENT (Con't)

Resources: Videos

Resource and Description

Schools

Conflict Resolution

- Sunburst (1992)
- Grades 9-12

- M.E. Callaghan Intermediate

Person to Person: Learning to Communicate

- Sunburst (1984)
- Grades 9-12

- M.E. Callaghan Inter. Teachers' Resource Center, Eastern District

Resources: Books

Sexuality-Caught up in the confusion

- A resource kit to work with adolescents

- Colonel Grey Senior High

Turning Off Drugs and Peer Pressure

- Grades 10-12

- Three Oaks Senior High

PROFESSIONAL DEVELOPMENT

Elementary

Resources: Books

<u>Counseling Children</u> - Overview of counselors' roles - By Charles Thompson - Adult	- Parkside Elementary - Elm Street Elementary
<u>Support Groups for Children</u> - Counselor information - Grades 1-6	- Parkdale Elementary - Parkside Elementary
<u>Counseling in the Elementary School</u>	- Parkdale Elementary
<u>What Works When With Children & Adolescents</u> - Individual Counseling Techniques	- Parkdale Elementary
<u>Tricks of the Trade</u> - Techniques to help children grow & change	- Parkdale Elementary
<u>Orchestrating Positive And Practical Behaviourial Plans</u> - Teacher/Counselor	- Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary - West Royalty Elementary
<u>Orchestrating Academic Success</u> - Teacher/Counselor - Excellent resource	- All Schools
<u>Skill Streaming The Elementary School Child</u> - Grade level 1-6	- Alberton Elementary - St. Louis Elementary - Tignish Elementary
<u>Guidance in the Elementary School Teachers and Counsellors</u>	- Teachers' Resource Center, Eastern District

PROFESSIONAL DEVELOPMENT
(Con't)

Resource and Description	Schools
<u>Time Shifting: Creating More Time to Enjoy Your Life</u>	- Teachers' Resource Center, Eastern District
<u>The Handbook of School Psychology</u>	- Teachers' Resource Center, Eastern District
<u>Group Counselling for Elementary School Children from Separated and Divorced Families</u>	- Teachers' Resource Center, Eastern District
<u>Bring Out the Best in People: How to Enjoy Helping Others Excel</u>	- Teachers' Resource Center, Eastern District
<u>Crisis Counselling, Intervention, and Prevention in the Schools</u>	- Teachers' Resource Center, Eastern District
<u>Group Counseling For School Counselors - A Practical Guide</u> - Grades 4-6	- Prince Street Elementary - Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>It's Up to Me</u> - Available from Coalition Against Abuse in Relationships	- Queen Elizabeth Elementary
<u>Class Discussions for Teachers and Counselors in Elementary School</u>	- M.E. Callaghan Intermediate
<u>Assessment of Children</u> - Growth development resource for diagnostic and treatment support -by Sattler	- Colonel Grey Senior

PROFESSIONAL DEVELOPMENT
(Con't)

Resource and Description	Schools
<u>Understanding and Managing Children's Classroom Behavior</u> - By Goldstein - Reviews current knowledge of children's behavioral, emotional, and developmental problems	- Colonel Grey Senior High
<u>School Based Play Therapy</u> - Outlines techniques that can be incorporated into school settings	- Colonel Grey Senior High
<u>The School Counselor's Book of Lists</u> - By Blum	- Colonel Grey Senior High
<u>Options Series</u>	- West Royalty Elementary
<u>Mind Your Manners Game</u>	- Queen Elizabeth
<u>Negotiating Skills for Educators</u>	- Summerside Intermediate
<u>Cooperative Discipline</u> - Grades All	- Southern Kings Consol.
<u>Suicide Intervention</u>	- Summerside Intermediate
<u>School Refusal: School Based Intervention Manual</u>	- Summerside Intermediate - Western School Board

Resources: Games

Elementary /Senior High

Resources: Programs

PROFESSIONAL DEVELOPMENT
(Con't)

Resources: Books

Resource and Description

Schools

Counselling Towards Solutions (Linda Metcalf, 1995)

-handbook written for teachers, administrators and school counsellors who would like to approach school issues with a more positive, solution-focused approach

- Summerside Intermediate

Classrooms that Work (2001)
- Stan Shiparo

- Birchwood Intermediate

How Kids Are Smart: Multiple Intelligences (1995)

-Teachers' Resource Center, Eastern District

Discipline With Dignity

- Teachers' Resource Center, Eastern District

Reclaiming Children and Youth

- Colonel Grey Senior High

Resources: Videos

Anxiety and Developmental Disorders

-workshop explores the impact of mild to severe anxiety in the daily lives of people with developmental disabilities

- P.E.I. Association for Community Living
- ph:566-4844
- e-mail: peiacl@isn.net

Raising Young Voices

- Teachers' Resource Center, Eastern District

Waging Peace (2001). 70 min.

- A year in the life of Caledonia Junior High - promotes a model for positive change

- Birchwood Intermediate

Professional Ethics

- Teachers' Resource Center, Eastern District

PROFESSIONAL DEVELOPMENT
(Con't)

Intermediate

Resources: Books

Resource and Description	Schools
<u>Teaching Teenagers - Making Connection In The Transition Years</u> - By Jean Hewitt - Excellent book - Great Understanding of teenager's psycho-social development - Grades 7-12	- Queen Charlotte Intermediate
<u>Reviving Ophelia</u>	- Summerside Intermediate
<u>How to help Children with Common Problems</u>	- Summerside Intermediate
<u>The Drama of the Gifted Child</u>	- Summerside Intermediate
<u>Delinquent on Delinquence</u>	- Summerside Intermediate
<u>Real Boys</u>	- Summerside Intermediate
<u>Coping With Junior High Guidance: A Resource Book for Teachers and Counsellors</u>	- Teachers' Resource Center, Eastern District
<u>Choice Theory</u> - William Glasser	- Summerside Intermediate
<u>Counseling with Choice Theory</u> - William Glasser	- Summerside Intermediate
<u>Professional Ethics</u>	- Summerside Intermediate
<u>Talking with Children About Loss</u>	- Summerside Intermediate

PROFESSIONAL DEVELOPMENT
(Con't)

Senior High

Resources: Books

Resource and Description

Schools

A Survival Guide For The
Secondary School Counsellor

- By Hitchner
- Techniques for problem solving in all aspects of the job

- Souris Regional High

Counselling Children

- Overview of counsellors roles
- By Charles Thompson
- Adult

- Parkside Elementary
- Elm Street Elementary

SELF-CARE / WELLNESS/ HEALTH

Resource and Description

Schools

Elementary

Resources: Programs

Coping For Kids

- Stress-control program
- Grades 1-8

- Donagh Regional
- Amherst Cove Consol.
- Mischouche Consol.
- Somerset Elementary

Helping Children Cope With Fears And Stress

- By E. Robinson

- Spring Park Elementary

Reaching Out/ The Importance of Early Intervention

- The Schizophrenia Society (BC)
- Grades 9-12

- Amherst Cove Consol.
- Mischouche Consol.
- Somerset Elementary

Resources: Videos

Human Race Club: The Lean Mean Machine

- Handling emotions
- Grades 3-5

- Athena Consolidated

Lion Who Lost His Roar

- Facing fears
- Grades 1-3

- Parkdale Elementary
- West Royalty Elementary

Hyena Who Lost Her Laugh

- Changing negative thinking
- Grades 1-3

- Parkdale Elementary
- West Royalty Elementary

The Bear Who Lost his Roar

- West Royalty Elementary

Feelings, Glad, Mad, Sad - Sunburst

- Grades 4-6

- Greenfield Elementary

Coping With Depression

- Donagh Regional

SELF-CARE/WELLNESS/HEALTH
(Con't)

Resource and Description	Schools
<u>Well, Well, Well</u> - Feelings - Grade 2	- Prince Street Elementary
<u>Use Your Words</u> - Feelings - Grade 2	- Prince Street Elementary
<u>Dealing With Disappointment</u> - Grades 1-4 (1992)	- Teachers' Resource Center, Eastern District
<u>Dealing With Feelings: Fear</u> - Grades 2-5 (1990)	- Teachers' Resource Center, Eastern District
<u>Your Choice-Your Change "I Like My dad"</u>	- Spring Park Elementary
<u>All About Nutrition and Exercise</u>	- Teachers' Resource Center, Eastern District
<u>Nathan Learns About Feelings</u> - Grade 1-4	- Teachers' Resource Center, Eastern District
<u>Written Paths To Healing</u> - By John Allen and Judi Bertora - Contains a variety of activities for a small group of children or a class - Grades 1-3	- Westwood Primary
<u>I Like Being Alone</u> - Highlights the necessity for achieving balance between being alone or being with others - Grades 1-5	- Parkdale Elementary
<u>Thinking, Feeling, Behaving Emotional Education</u>	- Parkdale Elementary

Resources: Books

SELF-CARE/WELLNESS/HEALTH
(Con't)

Resource and Description

Schools

What To Do When You're Sad and Lonely
- Guide for kids

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

What To Do When You're Scared and Worried
- Guide for kids

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Mind Over Mood
- Change how you feel by changing how you think
- Grades 1-6

- Parkdale Elementary

Sometimes I Get Sad But Now I Know What Makes me Happy
- Grades 1-5

- Parkdale Elementary

Feelings: Sad, Hurt, Lonely, Afraid, Jealous, and Angry

- Spring Park Elementary

Feelings Fair Game

- Queen Elizabeth

Elementary/ Intermediate

Resources: Videos

Handling Emotions (1994)
- Grades 5-9

Taking Charge of Me: Emotions (1997)
- Grades 7-9

- Teachers' Resource Center, Eastern District

Smart Kids(Be Careful, Be Safe, RCMP Series)
- Grade 1-7

- Teachers' Resource Center, Eastern District

Intermediate

Resources: Programs

AIDS Education
- Variety of sex education programs

- Summerside Intermediate

Resources: Videos

Be Your Best Self
- Assertiveness training
- Grades 7-9

- Summerside Intermediate

SELF-CARE/WELLNESS/HEALTH

(Con't)

Intermediate/ Senior High**Programs****Resource and Description****Schools**

Individual Counseling Lessons for Adolescents
- Healthy relationships, stress, anger management, alcohol, and drugs.

- Athena Consolidated

Resources: Videos

Sexually Transmitted Disease: What You Should Know
- Pleasantville Media (1988)
- Grades 8-12

- M.E. Callaghan Intermediate

Personal Safety (Stalking, Criminal Harassment)
- Grade 7-12

- Teachers' Resource Center, Eastern District

Beyond Nutrition: Eating for Health

- Teachers' Resource Center, Eastern District

Health and Nutrition

- Teachers' Resource Center, Eastern District

Resources: Books

Talk With Teens About Self And Stress
- Grades 7-12

- Montague Intermediate

Senior High**Resources: Programs**

Reaching Out/ The Importance of Early Intervention
- The Schizophrenia Society (BC)
- Grades 9-12

- M.E. Callaghan Inter.
- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary**Resources: Books**

Don't Sweat the Small Stuff
- Several versions

- Kinkora Regional High

You Can Be Happy No Matter What

- Kinkora Regional High

SELF-CARE/WELLNESS/HEALTH
(Con't)

Resource and Description	Schools
<u>The Anxiety and Phobia Workbook</u> - Coping with anxiety, panic and negative self talk	- Souris Regional High
<u>A Parent's Guide to Eating Disorders and Obesity</u> - Recognizing, diagnosis, treatment and recovery - All ages	- Athena Consolidated
<u>Coping With...</u> - Series - Academic anxiety, grief depression, alcoholic parent, ADHD, cliques, stress, compulsive eating, emotional disorders, a learning disability, self control, being gifted, self mutilation... - Grades 10-12	- Souris Regional High
<u>The Wellness Book</u> - The Comprehensive Guide to Maintaining Good Health and Treating Stress Related Illness - By Herbert Benson and Aileen Stuart (1992) - Grades 7- Adult	- Bluefield High
<u>The Power of Positive Thinking</u>	- Kinkora Regional High
<u>Thinking, Feeling, Behaving</u> - Self acceptance, decision making, relationships - Grade level 7-12	- Montague Intermediate
<u>Coping With Depression</u> - Grades 10-12	- Teachers' Resource Center, Eastern District - M.E. Callaghan Intermediate

Resources: Videos

SELF-CARE/WELLNESS/HEALTH
(Con't)

Resource and Description

Schools

Diet and Weight Management: What Really Works?

- Teachers' Resource Center, Eastern District

Food Safety

- Teachers' Resource Center, Eastern District

Thinking Positive

- Concerning Youth and HIV/AIDS (1993)
- Grades 9-12

- M.E. Callaghan Intermediate

A Story of Teen Depression (1988)

- Grades 10-12

- Teachers' Resource Center, Eastern District

Check It Out

- Dealing with Acne
- Grades 10-12

- Westisle Composite High

SELF-ESTEEM

Elementary

Resources: Programs

Rainbows Curriculum - Discussion, games and activities to deal with loss (through divorce, separation or death) in a peer-support group setting.	- Alberton Elementary - St. Louis Elementary - Tignish Elementary
<u>Bright Beginnings</u> - 5 stories/activities/puppet regarding issues of self-esteem and getting along with others - Grades 1-2	- L.M. Montgomery Elementary
<u>Living Colour</u> - Building self-esteem, expression of feelings and developing communication - Grade 3	- Westwood Primary - West Kent Elementary - L.M. Montgomery - Souris Consolidated - Rollo Bay Consolidated - Eastern Kings - Fortune Consolidated
<u>Missouri Comprehensive Guidance</u> - Self-directed guidance curriculum - Elementary	- Parkside Elementary - Elm Street Elementary
<u>Positive Life-Using Skills</u>	- Southern Kings Consolidated
<u>Plus II - Positive Life-Using Skills</u> - Grades 1-6	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>School Song</u> - A real spirit booster	- Eliot River Elementary

SELF-ESTEEM (Con't)

Resources: Videos

Resource and Description	Schools
<u>The Self-Esteem Book, Vol(1)</u> - 150 activities - Grades 5-9	- Greenfield Elementary
<u>The Big Sister Mentor Program</u> - Grades Elementary	- West Royalty Elementary
<u>Mirror, Mirror</u> - Grades 3-4	- Prince Street Elementary
<u>I Like Being Me</u> - Grades 4-6	- Prince Street Elementary - Teachers' Resource Center, Eastern District
<u>No one Quite Like Me or You</u> - Grades 2-4	- Prince Street Elementary - Teachers' Resource Center, Eastern District
<u>Self-Esteem - Building A Strong Foundation</u> - Parent resource	- Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary
<u>Self-Esteem Classroom Video</u> - Grades 4-7	- Greenfield Elementary
<u>Yes I Can</u> - Grade 2-4	- Teachers' Resource Center, Eastern District
<u>The Dot</u> - Grade 1-3	- Teachers' Resource Center, Eastern District
<u>The Letter on Light Blue Stationary</u> - Grade 2-6	- Teachers' Resource Center, Eastern District
<u>Shrinking Violet</u> - Grade K-3	- Teachers' Resource Center, Eastern District
<u>TV & Me/Le Tele et Moi</u> - short commercials for children dealing with media literacy, self-esteem, drug abuse, bullying, active living	- Teachers' Resource Center, Eastern District

SELF-ESTEEM (Con't)**Resources: Books**

Resource and Description	Schools
<u>Only one Me...Only One You</u> (1994) - Grades 4-6	- Teachers' Resource Center, Eastern District
<u>Theme Boxes</u> - containing books related to self-esteem - Grade 1-2 - Grade 3-4	- Teachers' Resource Center, Eastern District
<u>Building Self-Esteem: A Guide for Parents, Schools and Communities</u>	- Teachers' Resource Center, Eastern District
<u>Book series by Jim and Joan Boulden</u> - Deal with a variety of concerns including bereavement, separation, divorce, conflict resolution, anger management and self- esteem - Grades 1-6	- Athena Consolidated
<u>The Whole Child Series</u> - Issues: self-esteem, discipline, - Good aid for parents - Grades 1-6	- Central Queens Elementary
<u>Don't Pop Your Cork On Monday</u> - Self-esteem/anti-stress - By Adolph Moser	- Spring Park Elementary
<u>Stick Up For Yourself</u> - Grade 6	- Bloomfield Consolidated - Ellerslie Elementary - O'Leary Elementary

SELF-ESTEEM (Con't)

	Resource and Description	Schools
	<u>Building Self-Esteem Through The Museum of 25 Original Projects</u> - Includes lots of creative ideas; some are a little demanding in terms of resources needed - Grades 3-6	- Central Queens Elementary - West Royalty Elementary
	<u>Building Positive Self-Concept</u> - 113 activities for adolescents	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
	<u>Esteem Builders:</u> - A K-8 self-esteem curriculum for improving student achievement, behaviour and school climate	- Teachers' Resource Center, Eastern District
	<u>"Feelings" Steck- Vaughan Series</u> - Grades 1-4	- Cardigan Consolidated
	<u>Everyone Wins!</u> - Grades 1-6	- West Royalty Elementary
	<u>Don't Feed The Monster On Tuesday</u> , by Adolph Moser - Self-esteem/anti-stress	- Spring Park Elementary
	<u>We're All Special</u>	- West Royalty Elementary
<u>Resources: Games</u>	<u>The Goose Game of Feelings</u> - Board game to explore feelings - Grades 1-6	- Bloomfield Elementary - Eilerslie Elementary - O'Leary Elementary
<u>Resources: CDs</u>	<u>I'm Special Because I'm Me</u> - Grades 1-2 - # NX723D	- Queen Elizabeth Elementary

SELF-ESTEEM (Con't)***Intermediate*****Resources: Programs****Resource and Description****Schools****Self-Awareness Workbook**

- Self-esteem
- By B. Harris
- Grades 7-9

- Stonepark Intermediate
- Summerside Intermediate

Grow With Guidance

- Grades 7-9

- Souris Regional High

FOCUS

- A Social-Emotional Skills Development Program
- Grades 7-9

- Hernewood Intermediate

Resources: Videos**How To Develop Self-Confidence**

- Forty minutes (good)
- Includes discussion guide
- Grades 7-8

- East Wiltshire Intermediate

Building Self-Confidence

- Sunburst, with Guide
- Grades 7-9

- Summerside Intermediate

Liking Yourself With No Strings Attached: Self Esteem

- M.E. Callaghan Intermediate

Intermediate/ Senior High**Resources: Videos****Self Esteem (1991)**

- Grades 7-12

- Teachers' Resource Center, Eastern District

Know Yourself: Secrets of Self-Esteem

- Grade 7-12

- Teachers' Resource Center, Eastern District

Resources: Books**Thinking, Feeling, Behaving**

- Self acceptance, decision making, relationships
- Grades 7-12

- Montague Intermediate

SELF-ESTEEM (Con't)**Senior High****Resources: Programs****Resources: Videos****Resource and Description****Schools****Feeling Good-The New Word Therapy**

- Anxiety, low self-esteem and procrastination
- Grades 7-12

- École François-Buoté

How to Raise Teenagers' Self-Esteem

- Teachers' Resource Center, Eastern District

Program Achieve

- Videos and manuals
- Grades 9-12

- Kinkora Regional High

The New Model Me

- Text
- Grades 9-12

- Morell Regional High

Talk 16

- Teenage society, relationships, self-esteem
- Grade level 10-12

- Morell Regional High

Coaching the Spirit of Sport

- Grades 10-12

- Three Oaks Senior High

Know Yourself: Secret of Self-Esteem

- Grades 10-12

- Three Oaks Senior High

You Can Do It!

- Program achieve
- Grades 9-12

- Kinkora Regional High

Underdeveloped & Overexposed

- Putting your self esteem in focus
- Grades 9-12

- Summerside Intermediate

SEXUALITY/ SEXUAL ORIENTATION

Intermediate/Senior High

Resources: Books

- | | |
|--|---|
| <u>Degrassi Talks on Sexuality</u> | - Summerside Intermediate |
| <u>Free Your Mind: The Book for Gay, Lesbian, & Bisexual Youth and their Allies</u> | - Summerside Intermediate |
| <u>XY Survival Guide: Everything you need to know about being young and gay</u> | - Summerside Intermediate |
| <u>Seeing the Rainbow Teachers talk about bisexual, gay, Lesbian, transgender and two-spirited realities</u> | - Summerside Intermediate
- Souris Regional High |

SOCIAL SKILLS

	Resource and Description	Schools
<p><i>Elementary</i></p> <p><u>Resources: Programs</u></p>	<p><u>Be Cool Series</u> - Five modules - By James Stanfield Publishing Co., Inc. - Great resource - Lower/Upper elementary</p> <p><u>Missouri Comprehensive Guidance</u> - Self-directed guidance curriculum - Elementary</p> <p><u>FOCUS</u> - Grades 4-6</p> <p><u>Friends</u> - A social skills, recreational program - Grades 3-5</p> <p><u>Options And Consequences</u> - Video series - Six included: Cheating, Gossip, Lying, Prejudice, Stealing and Teasing</p> <p><u>Bright Beginnings</u> -5 stories/activities/puppet regarding issues of self-esteem and getting along with others - Grades 1-2</p> <p><u>Social Language Program for Ages 6-10</u></p>	<p>- Greenfield Elementary</p> <p>- Parkside Elementary - Elm Street Elementary</p> <p>- Alberton Elementary - St. Louis Elementary - Tignish Elementary - West Royalty Elementary</p> <p>- Prince Street Elementary - West Royalty Elementary - Teachers' Resource Center, Eastern District</p> <p>- Spring Park Elementary</p> <p>- L.M. Montgomery Elementary</p> <p>- Georgetown Elementary - Cardigan Consolidated</p>

SOCIAL SKILLS (Con't)

Resource and Description	Schools
<u>Second Step</u> - Grades 1-8	-West Royalty Elementary - Southern Kings Consolidated - Souris Consolidated - Rollo Bay Consolidated - Eastern Kings Consolidated - Fortune Consolidated - Athena Consolidated - Spring Park Elementary
<u>Social Skills Activities For Special Children</u> - Book - By D. Mannix - Grades 1-6	- Georgetown Elementary - Dundas Consolidated - Cardigan Consolidated - St. Peter's Consolidated - Mt. Stewart Consolidated - Spring Park Elementary
<u>The TLC Program on Aggression and Loneliness</u> - Grades 1-4	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>TLC-Talk, Listen and Choose</u> -Communication in non verbal ways and how to develop conflict resolution skills - Grades 1-6	- All Elementary Schools
<u>Photo Emotions</u> - Forty-eight cards depicting feelings and social situations - Great for children who have a lot of difficulty expressing themselves - Grade 1	- Queen Elizabeth Elementary

SOCIAL SKILLS (Con't)

Resource and Description	Schools
<u>Social Skills Intervention Guide</u> - By Stephen Elliott	- Spring Park Elementary
<u>Helping Children Cope With Fears And Stress</u> - By E. Robinson	- Spring Park Elementary
<u>Peace Works</u> - I Care Program - Grades 1-2	- Spring Park Elementary
<u>Skillstreaming Elementary</u> - Grades 1-6	- Montague Intermediate - Alberton Elementary - St. Louis Elementary - Tignish Elementary
<u>Friendship Is...</u> - Includes sessions on self-esteem, anger management, problem solving, cooperation and assertiveness training - Grade 3	- Westwood Primary
<u>Skills For Life</u> - A pro-social skills program - Each grade level has a different theme - This program was a year in the making and was designed by our local school committee - Grades 1-6	- Queen Elizabeth Elementary
<u>Inclusivity Program</u> - A variety of materials emphasizing inclusivity and celebrating our differences - Includes Video, Books, and Instruments - Grades 1-8	- St. Teresa's Elementary

SOCIAL SKILLS (Con't)

Resource and Description	Schools
<u>A.O.K. Wall Of Fame</u> - Acts of kindness are rewarded by tickets - 10 tickets-certificate on the wall	- Eliot River Elementary
<u>Social Skills Development Group</u> - grade 3 girls who have difficulty with others and with teachers	- Central Queens Elementary
<u>Friendship Club</u> - Weekly noon hour programs to increase self esteem, and positive friendship connections - Grades 1-4	- Athena Consolidated
<u>Decision Making for Success in Life</u> - Grades 4-6	- Athena Consolidated
<u>Social Groups</u> - For students who have difficulty interacting with peers	- West Royalty Elementary
<u>Talkabout</u>	- Queen Charlotte
<u>Young Women's Lives: Healthy Relationships</u>	- Queen Charlotte - Montague Intermediate
<u>Young Men's Lives</u>	- Montague Intermediate
<u>Human Race Club: The Fair Weather Friend</u> - How to make friends - Grades 3-5	- Athena Consolidated
<u>Friends For David</u> - Friendship - Grades 4-5	- Prince Street Elementary

Resources: Videos

SOCIAL SKILLS (Con't)

Resource and Description	Schools
<u>Relating To Peers</u> - Classroom video Unit C 9005 Centarus Circle, Barnaby BC V3J 7N4 - Grades 3-6	- Greenfield Elementary
<u>What's Respect?</u> - Good for discussion - Covers several different examples of showing respect - Grades K-3	- Central Queens Elementary - L.M. Montgomery Elementary (for Charlottetown Rural family) - Fort Augustus - Athena Consolidated - Teachers' Resource Center, Eastern District
<u>Options And Consequences</u> - Series of six: Cheating, gossip, lying, prejudice, stealing and teasing	- Spring Park Elementary (for Colonel Gray family)
<u>Casey's Revenge: A Story About Fighting and Disagreement</u> - Grade 3-5	- Teachers' Resource Center, Eastern District
<u>No One Quite Like Me or You</u> - Grade 2-4	- Teachers' Resource Center, Eastern District
<u>Dealing with Feelings</u> - Grade 2-5	- Teachers' Resource Center, Eastern District
<u>Being Responsible</u> - Grade 2-5	- Teachers' Resource Center, Eastern District
<u>What's Wrong With Vandalism?</u> - Grade 1-6	- Teachers' Resource Center, Eastern District
<u>Let's Be Friends</u> - Grade K-2	- Teachers' Resource Center, Eastern District

SOCIAL SKILLS (Con't)

Resource and Description	Schools
<u>Best Friends</u> - Grade 1-3	- Teachers' Resource Center, Eastern District
<u>Thank You Meiling</u> - Grade 1-3	- Teachers' Resource Center, Eastern District
<u>Manners Matter</u> - Grade 1-4	- Teachers' Resource Center, Eastern District
<u>Everyday Etiquette</u> - Grade 1-6	- Teachers' Resource Center, Eastern District
<u>Doing the Right Thing (1992)</u> - Grades 3-5	- Teachers' Resource Center, Eastern District
<u>Being Friends</u> - Foster an appreciation of friends - Grades 1-2	- Westwood Primary - Teachers' Resource Center, Eastern District
<u>Respect Yourself And Others Too</u> - Grades 2-4	- L.M. Montgomery Elementary (for Charlottetown Rural family) - Teachers' Resource Center, Eastern District
<u>TLC: An Answer To Loneliness</u> - Good resource to discuss being a good friend, how it feels to be left out and resolving conflict - Grades 1-2, 3-4, 5-6	- All Elementary Schools
<u>Be A Better Listener (1995)</u> - Grades 2-4	- Teachers' Resource Center, Eastern District
<u>I'm Telling: A Tattler's Tale (1996)</u> - Grades K-2	- Teachers' Resource Center, Eastern District

SOCIAL SKILLS (Con't)Resources: Books

Resource and Description	Schools
<u>Let's Talk About Series</u>	- West Royalty Elementary
<u>Mine and Yours: A Children's Book About Rights and Responsibilities</u> - by Joy Wilt	- Teachers' Resource Center, Eastern District
<u>The Rainbow Fish</u> - Grade 1-3	- Teachers' Resource Center, Eastern District
<u>The Cooperative Classroom: Social and Academic Activities</u>	- Teachers' Resource Center, Eastern District
<u>Dinner at Albert's</u> - by Russell Hoban	- Teachers' Resource Center, Eastern District
<u>The Grouchy Ladybug</u> - by Eric Carle - Grade 1-3	- Teachers' Resource Center, Eastern District
<u>Do I Have To?</u> - The advantages of responsible social behaviour - Grades 1-3	- Parkdale Elementary
<u>Making Up Your Own Mind</u> - Problem solving - By Joy Wilt - Grades K-4	- St. Peter's Consolidated - Mount Stewart Consol.
<u>The Dangers Of Strangers</u> - Grades 1-4	- West Royalty Elementary
<u>Franklin Learning System</u> - Grades Elementary	- Greenfield Elementary
<u>Franklin - In The Dark</u> - By P. Bourgeois - Grades K-1	- St. Peter's Consolidated - Mount Stewart Consol. - Teachers' Resource Center, Eastern District

SOCIAL SKILLS (Con't)

Resource and Description	Schools
<u>Franklin - Gets Lost</u> - By B. Clark - Grades K-1	- St. Peter's Consolidated - Mount Stewart Consol.
<u>Franklin's Bad Day</u> - Grade 1	- LM Montgomery
<u>Franklin is Bossy</u> - Grade 1	- LM Montgomery - Teachers' Resource Center, Eastern District
<u>Franklin - Goes To School</u> - Grades K-1	- St. Peter's Consolidated - Mount Stewart Consol. - LM Montgomery
<u>The Values Book</u> - By Schiller and Bryant - Grades 1-6	- Queen Elizabeth Elementary
<u>Don't Tell A Whopper on Friday- Guide 2000</u> - Grades 1-8	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>World of Serendipity Readers</u> - teach tolerance, kindness, friendship and other values - Grade 2-3	- Teachers' Resource Center, Eastern District
<u>Improving Communication Skills</u> - By Gust and McChesney - Grades 3-6 - ISBN: 1-57310-081-1	- Queen Elizabeth Elementary
<u>What It Means To Be A Friend</u> - By E. Schemenever - Grades 1-3	- Cardigan Consolidated - St. Peter's Consolidated - Mount Stewart Consol.
<u>Trust Your Feelings</u> - Good introduction to feelings - Grades 1-4	- Southern Kings Consolidated

SOCIAL SKILLS (Con't)

Resources: Games

Resource and Description	Schools
<u>How to be a Friend</u> - Grades 1-3	- Athena Consolidated
<u>Bullying in Schools and What To Do About It.</u> - Grades Elementary	- West Royalty Elementary
<u>Dealing With Feeling Left Out</u> - Grades Elementary	- West Royalty Elementary
<u>101 Ways to Teach Children Social Skills</u>	- West Royalty Elementary
<u>Dinofours</u>	- West Royalty Elementary
<u>101 Social Skills</u> - Workbook/CD	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Cognitive Behavioral Therapy for Impulsive Children</u>	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Make Time To Play</u> - Board game that teaches social skills and social assistance - Grades 1-4	- Athena Consolidated
<u>Friendship Island</u> - Grades 2-6	- Parkdale Elementary
<u>Mad Sad Glad Game</u>	- Spring Park Elementary
<u>Magic Map Of Feelings Game</u>	- Spring Park Elementary
<u>Maxwell's Manor</u> - A social language game - Grades 1-3	- West Royalty Elementary
<u>Circle of Respect</u> - Board game, versions for - Grades 1-2 and 3-6	- Athena Consolidated - Greenfield Elementary

SOCIAL SKILLS (Con't)**Resources: Other*****Elementary / Intermediate*****Resources: Programs****Resources: Videos**

Resource and Description	Schools
<u>Circle of Respect</u> - Board game, versions for - Grades 1-2 and 3-6	- Athena Consolidated - Greenfield Elementary
<u>The Socially Speaking Game</u>	- Queen Elizabeth
<u>Catch Me Being Good</u>	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>How Do You Feel Today?</u> Mirror Poster - Grade level 1 - Available from Wintergreen Learning Materials # LA475	- Queen Elizabeth Elementary
<u>Strong Kids</u> - A curriculum for promoting social & emotional resiliency - Grades 4-8	- All Schools, Western Board - Psychologist, Western School Board
<u>Social Skills Training with Children and Adults</u> - A Counsellors Manual, Nelson Canada, reprinted 1985 - Grades 1-8	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Seven Habits of Highly Effective Teens</u>	- Montague Intermediate
<u>Respect and You</u> - Grades 5-9	- L.M. Montgomery Elementary (for Charlottetown Rural family) - Teachers' Resource Center, Eastern District
<u>Respecting Others</u> - Grades 5-9	- Teachers' Resource Center, Eastern District

SOCIAL SKILLS (Con't)

	Resource and Description	Schools
	<u>Trust Me: Learning To Be Responsible</u> - Grades 6-9	- L.M. Montgomery Elementary (for Charlottetown Rural family) - Teachers' Resource Center, Eastern District
	<u>Friendship</u> - Grades 5-9	- Teachers' Resource Center, Eastern District
	<u>Respect and You</u> - Grades 5-6	- L.M. Montgomery Elementary
<u>Resources: Books</u>	<u>Dealing with Feelings</u> - Teaches steps for dealing with feelings - Grades 1-9	- Athena Consolidated
<u>Resources: Games</u>	<u>Problem Solver</u> - Board Game for reinforcing problem solving skills during adolescence - Grades 5-9	- Athena Consolidated
<i>Elementary/Senior High</i>		
<u>Resources: Books</u>	<u>Ready to Use Social Skills Activities</u> - Address a variety of social skills - Grades 1-12	- Athena Consolidated
<u>Resources: Games</u>	<u>Ups And Downs With Feelings</u> - Identifying feelings - Ages 6 to adult	- Athena Consolidated
<u>Programs</u>	<u>Thumbs Up</u> - Problem Solving Game - Grades 7-8	- Stonepark Intermediate

SOCIAL SKILLS (Con't)

Intermediate

Resources: Videos

Resources: Books

Resource and Description

Schools

FOCUS Kit

- Social/Emotional Skills Development Program
- For classroom use
- Grades 7-9

- Stonepark Intermediate
- Hernewood Intermediate

Youth Service Worker Program

- One to one
- Holland College Students Life Skills group

- Queen Charlotte Intermediate

Skill Streaming Adolescents

- Grades 7-9

- Montague Intermediate

The Lover Of Choice

- Series
- Ideal for family life/health
- Good humorous peer relating series
- Comedian: Michael Pritchard
- Grades 7-9

- Queen Charlotte Intermediate

Skills for Living: Group Counselling Activities for Young Adolescents

- Excellent resource for group activities on social issues

- Queen Charlotte Intermediate
- Hernewood Intermediate

Big Changes Big Choices

- Ideal for family life/ health
- Good broad topics related to typical peer situations
- Comedian: Michael Pritchard
- Grade level 7-9

- Queen Charlotte Intermediate

SOCIAL SKILLS (Con't)***Intermediate/ Senior High*****Resources: Programs****Resource and Description****Schools****Strong Teens**

- A curriculum for promoting social & emotional resiliency
- Grades 9-12

- All Schools, Western Board
- Psychologist, Western School Board

Resources: Books**Thinking, Feeling, Behaving-**

- Self acceptance, decision making, relationships
- Grade level 7-12

- Montague Intermediate

Talk With Teens About Feelings, Family Relationships...

- Montague Intermediate

Playing Fair

- By Jean Hewitt
- Managing student conduct
- Grades 7-12

- Queen Charlotte Intermediate

Resources: Videos**Your Best Stuff: Assertiveness Training - Sunburst**

- Teaches assertiveness skills
- Grade level 7-12

- Hernewood Intermediate
- Stonepark Intermediate

Let's Talk About Responsibility

- Grade 7-12

- Teachers' Resource Center, Eastern District

The Fourth "R" Responsibility

- Grade 7-12

- Teachers' Resource Center, Eastern District

Senior High**Resources: Programs****Social Skills Lessons And Activities**

- Grades 7-12

- Souris Regional High
- Colonel Grey Senior High

The New Model Me

- Text
- Grades 9-12

- Morell Regional High

SOCIAL SKILLS (Con't)

Resources: Books

Resource and Description

Schools

Self Awareness,
Assertiveness, Conflict

- Morell Regional High

- Making decisions
- Grades 10-12

Ready to Use Social Skills
Activities

- Athena Consolidated

- Address a variety of social skills
- Grades 1-12

Resources: Videos

R-E-S-P-E-C-T

- Teachers' Resource Center, Eastern District

- Grades 9-12

Developing Social Skills

- Three Oaks Senior High

- Filmstrip
- Grades 10-12

SPECIAL NEEDS

Elementary

Resources: Programs

<p><u>Special Needs</u> - The Special Education Teacher's Book of Lists - By R. Pierangelo</p>	<p>- Spring Park Elementary</p>
<p><u>Learning To Slow Down And Pay Attention</u> - ADD/ADHD small groups - Book - Plus other children's books on this topic - Grades 1-3</p>	<p>- Westwood Primary</p>
<p><u>ADD/ADHD Behavioral-Change Resource Kit</u> - Book/kit</p>	<p>- Souris Consolidated - Rollo Bay Consolidated - Eastern Kings Consolidated - Fortune Consolidated</p>
<p><u>Peer Buddies</u> - Forming teams to support students who are isolated or have special needs</p>	<p>- Eliot River Elementary</p>
<p><u>ADHD Counsellors Program</u></p>	<p>- L.M Montgomery Elementary</p>
<p><u>The Attention Deficit Hyperactivity Disorder Counselling Program</u> - A Parent-Teacher Resource Center for Recognition and Management of ADHD</p>	<p>- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary</p>
<p><u>All About Attention Deficit</u> - Part 1 and 2 - Parent resource</p>	<p>- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary - L.M. Montgomery Elementary</p>

Resources: Videos

SPECIAL NEEDS (Con't)

Resources: Books

Resource and Description	Schools
<u>Jumpin' Jack Get Back To Work</u> - ADHD - Grades 1-4	- Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>I'm Not Stupid (1988)</u> -Describes the difficulties experienced by people with Asperger's Syndrome	- Teachers' Resource Center, Eastern District - PEI Association for Community Living
<u>Medication for ADD</u> - 1994 Resource for parents, adults and professionals	- Amherst Cove Consol. - Miscouche Consol. - Somerset Elementary
<u>Shelley The Hyperactive Turtle</u> - By Deborah Moss - Grades K-3	- St. Peter's Consol. - Mount Stewart Consol. - Bloomfield Elementary - Ellerslie Elementary - O'Leary Elementary
<u>Jumping Jake Settles Down</u> - Helping impulsive children learn to think before they act - Grades 1-5	- Parkdale Elementary - LM Montgomery
<u>Come and Sit By Me</u> - Acceptance of an HIV positive classmate - Grades Elementary	- Athena Consolidated
<u>Social Skill Activities For Special Children</u> - By D. Mannix - Grades 1-6	- St. Peter's Consolidated - Mount Stewart Consol.
<u>Trouble With School</u> - A family story about learning disabilities - Good for ages 5-10 - For parent to explain why child must seek resource help at school	- St. Peter's Consolidated - Mount Stewart Consol.

SPECIAL NEEDS (Con't)

Resource and Description	Schools
<u>I Can't Always Hear You</u> - Grades 1-3	- LM Montgomery
<u>My Sister is Different</u> - Grades 1-3	- LM Montgomery
<u>ADD/ADHD Behaviour Change</u> - Resource kit - Grades 1-6	- Souris Consolidated - Rollo Bay Consolidated - Eastern Kings Consolidated - Fortune Consolidated
<u>Windows To Our Children</u> - By Violet Oaklander - Activities that involve art, play therapy, and drama and address specific problems and behaviors of children - Grades 1-3	- Westwood Primary
<u>Teacher's Resource Manual on Attention Deficit Hyper-Activity Disorder</u>	- West Royalty Elementary
<u>Teaching Students With Emotional Disorders and /or Mental Illness</u> - All Ages	- Athena Consolidated
<u>Kevin's Story</u> - Regarding a child with learning disabilities - Grade level 4-7	- West Royalty Elementary
<u>Spel is a Four Letter Word</u>	- West Royalty Elementary
<u>Ella the Bad Speller</u>	- West Royalty Elementary

Elementary/Intermediate

Resources: Books

SPECIAL NEEDS (Con't)

Resource and Description

Schools

Putting On The Brakes:
Young People's Guide To
Understanding ADHD

- Guide and activity book
- For young people with ADHD
- Grade level 4-8

- Athena Consolidated

Life Skills Activities for
Students with Special Needs
(1995)

- 190 ready to use lessons

- M.E Callaghan
Intermediate

The ADD Hyperactivity
Handbook for Schools

- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

***Intermediate/
Senior High***

Resources: Programs

Reaching Out

- Schizophrenia Society of PEI
- Video and lesson plans
- Grades 7-12

- All Intermediate/Senior High Schools
- Southern Kings Consol.

Senior High

Resources: Programs

ADD/ADHD Behaviour
Change Resource Kit

- By G.L.Flick

- Souris Regional High

International Friendship
Group

- Monthly meetings with students who are new to Canada or an exchange student
- Grades 9-12

- Colonel Grey Senior High

SPECIAL NEEDS (Con't)

	Resource and Description	Schools
	<u>STRIVE</u> - In association with the Rotary Club, they offer scholarships to individuals who show significant improvement in grade 12 - Takes in account school attendance, achievement, improved self-confidence and post secondary goals. - Grade 12	- Colonel Grey Senior High
<u>Resources: Books</u>	<u>Coping With...</u> - Series - Grades 10-12	- Souris Regional High
	<u>ADHD</u>	- Souris Regional High
	<u>Being Gifted - A Learning Disability</u>	- Souris Regional High
	62 Ways to Create Change - Grades 10-12	- Three Oaks Senior High
	<u>What Do You Do With a Child Like This?</u> - Grades 10-12	- Three Oaks Senior High
<u>Resources: Videos</u>	<u>Walk Awhile in My Shoes</u> - Living with a Disability - Grades 10-12	Westisle Composite High
<u>Professional</u>	<u>How To Reach And Teach ADD/ADHD Children</u> - Book, grades 1-6	- Souris Consolidated - Rollo Bay Consolidated - Eastern Kings Consolidated - Fortune Consolidated

SPECIAL NEEDS (Con't)

Resource and Description	Schools
<u>Teaching Students with Emotional Disorders and/or Mental Illness</u> - Alberta Learning - Covers Anxiety Disorders, Eating Disorders, Depression, Schizophrenia, Appositional Defiant Disorders, Conduct Disorders	- Summerside Intermediate
<u>Eastern Spectrum '99 Behavioural Assessment Of Childhood Disorders</u> - By Mash and Terdal	- Souris Regional High
<u>Treatment Of Childhood Disorders</u> - By Mash and Barkley	- Souris Regional High
<u>Integrating Students With Special Needs</u> - By Ed Napier - Practical guidebook - Grade level 7-12	- Queen Charlotte Intermediate
<u>Dyslexia: An Introduction for Parents, Teachers and/or Individuals with Dyslexis</u>	- Teachers' Resource Center, Eastern District
<u>Teaching the Dyslexic Child</u>	- Teachers' Resource Center, Eastern District
<u>ADHD: A Guide to Understanding and Helping Children With Attention Deficit Hyperactivity Disorder In School</u>	- Teachers' Resource Center, Eastern District
<u>A Parent's Resource Manual on Attention Deficit Hyperactivity Disorder</u>	- Teachers' Resource Center, Eastern District
<u>Meeting the ADD Challenge: A Practical Guide for Teachers</u>	- Teachers' Resource Center, Eastern District

SPECIAL NEEDS (Con't)

Resource and Description	Schools
<u>Teaching Gifted Kids In The Regular Classroom</u>	- Teachers' Resource Center, Eastern District
<u>Helping Students Succeed In the Regular Classroom: A Guide for Developing Intervention Assistance Programs</u>	- Teachers' Resource Center, Eastern District
<u>Why Your Child is Hyperactive</u>	- Teachers' Resource Center, Eastern District
<u>Motor Disorders</u>	- Teachers' Resource Center, Eastern District
<u>Understanding Tourette Syndrome: A Handbook for Educators</u>	- Teachers' Resource Center, Eastern District
<u>Teaching Reading to Children with Down Syndrome: A Guide for Parents and Teachers</u>	- Teachers' Resource Center, Eastern District
<u>Classroom Language Skills for Children with Down Syndrome: A Guide for Parents and Teachers</u>	- Teachers' Resource Center, Eastern District
NOTE: PEI Association for Community Living has an extensive video collection on all special needs and syndromes	Phone 566-4844 Fax:368-8057 E-Mail: peical@isn.net

STRESS CONTROL

Resource and Description Schools

Elementary

Resources: Books

Don't Pop Your Cork On Monday - Spring Park Elementary

- Self-esteem/**anti-stress**
- By Adolph Moser

Don't Feed The Monster On Tuesday - Spring Park Elementary

- Self-esteem/**anti-stress**
- By Adolph Moser

Anxiety and Stress Management Tool Kit - LM Montgomery

- Grades 1-6

Every Time I Blow My Top I Lose My Head - LM Montgomery

- Handling Stress
- Grades 1-6

The Lion that Lost His Roar - West Royalty Elementary

The Bear Who Lost his Sleep - West Royalty Elementary

Mustang the Little Dog Who Was Afraid to go to School - West Royalty Elementary

The Handbook for Helping Kids With Stress and Anxiety - Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Resources: Videos

Your Choice- Your Change-Fitting In - Spring Park Elementary

Stress Busters - Greenfield Elementary
- Grades 3-6

STRESS CONTROL (Con't)***Elementary /Senior High*****Resources: Programs****Resource and Description****Schools****Coping For Kids**

- Stress control program
- Grades 1-12

- Donagh Regional
- Stonepark Intermediate
- Hernewood Intermediate
- Souris Regional High

Treating Anger, Anxiety and Depression in Children and Adolescents

- Grades 1-12

- Alberton Elementary
- St. Louis Elementary
- Tignish Elementary

Intermediate/ Senior High**Resources: Programs****Stress Management for Teens**

- 50 reproducible masters + cassette
- Grades 7-12

- Summerside Intermediate

Resources: Videos**Teens, Stress & How to Cope**

- Sunburst Video
- Grades 7-10

- Summerside Intermediate

When Things Get Tough

- Teens cope with crisis
- Grades 7-10

- Summerside Intermediate

What Can I Do When I Feel Bad?

- Grades 7-12

- Summerside Intermediate

Stress Reduction Strategies That Really Work

- Grade 7-12

- Teachers' Resource Center, Eastern District

Resources: Books**You Can Feel Good Again**

- Strategies for releasing unhappiness and changing your life

- Summerside Intermediate

STRESS CONTROL (Con't)

Senior High

Resources: Books

Resource and Description

Schools

Don't be S.A.D.

- A teenager's guide to handling stress, anxiety and depression

- Souris Regional High

Stressed Out: Taking Control of Student Stress

- Souris Regional High

Coping With.

- Series
- Academic anxiety
- Grades 10-12

- Souris Regional High

Professional/ Parents

Resources: Books

Obsessive/ Compulsive Disorder

- Resource book

- West Royalty Elementary

Keys to Parenting Your Anxious Child

- West Royalty Elementary

Anxiety and Panic Attacks

- West Royalty Elementary

STUDY SKILLS

Elementary

Resources: Videos

Sunburst

- Video and resources
- Grades 5-9

- East Wiltshire Inter.
- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

The Study Game

- Combines study tips and organizational skills
- Ages 8-14

- Southern Kings Consolidated

Resources: Books

Developing Appropriate Classroom Skills

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Becoming An Effective Student

- Bloomfield Elementary
- Ellerslie Elementary
- O'Leary Elementary

Learning to Learn: Student Activities for Developing Work, Study and Exam Writing Skills

- Grade 5+

- Teachers' Resource Center, Eastern District

Intermediate

Resources: Programs

Sunburst

- Video and resources
- Grades 5-9

- East Wiltshire Intermediate

Book Buddies

- Junior high students link up with grade 1 students for a reading time
- Grades 7-9

- Donagh Regional

Homework Club

- Highschool students come after school (Mon.-Thurs.) to help with homework
- Grades 7-9

- Summerside Intermediate

STUDY SKILLS (Con't)**Resources: Videos****Resources: Books*****Intermediate/Senior High*****Resources: Videos****Resource and Description****Schools**

HM Study Skills Program
- Grade 5-7

- Teachers' Resource
Center, Eastern District

The Study Game
- Combines study tips and
organizational skills
- Ages 8-14

- Southern Kings
Consolidated

Crash Course For Study
Skills
- Grades 5-6

- LM Montgomery

Help! It's Homework Time
- Tips for parents and
students
- All levels

- Athena Consolidated
- Eliot River

101 Ways to Get Straight
A's
- Tips on homework, note
taking, class work, reports,
etc.
- All ages

- Athena Consolidated

How to Take Essay Tests
- Grade 9-12

- Teachers' Resource
Center, Eastern District

Effective Study Skills
- Cambridge Career Products
- Grades 7-12

- Hernewood Intermediate

Effective Test-Taking
- Cambridge Career Products
- Grades 7-12

- Hernewood Intermediate

Study Skills Plus Attitude:
The Winning Combination
- Sunburst (1989)
- Grades 7-12

- M.E. Intermediate

How to Listen Effectively
- Grade 7-12

- Teachers' Resource
Center, Eastern District

STUDY SKILLS (Con't)

Resource and Description

Schools

How to Listen Effectively
- Grade 7-12

- Teachers' Resource Center, Eastern District

How to Use the Library
- Grade 4-12

- Teachers' Resource Center, Eastern District

How to Manage Your Time
- Grade 7-12

- Teachers' Resource Center, Eastern District

How to Take Notes
- Grade 9-12

- Teachers' Resource Center, Eastern District

Resources: Books

Various pamphlets and booklets on Study Skills
- Grades 7-12

- Summerside Intermediate

Learning to Learn
- Activities to develop work/study skills
- ISBN -1-55138-153-2
- Grades 7-12

- Hernewood Intermediate

Senior High

Resources: Programs

Study Skills Workbook for Secondary Students
- 9 sessions

- Souris Regional High

125 Ways to be a Better Student

- Souris Regional High

How to Get Good Grades in 10 Easy Steps

- Souris Regional High

Resources: Books

The Power Of Positive Students

- Kinkora Regional High

The Simplicity Reader

- Kinkora Regional High

The Simplicity Reader

- Kinkora Regional High

Seven Habits Of Highly Effective Teens
- By Sean Covey
- Grades 9-12

- Kinkora Regional High

STUDY SKILLS (Con't)**Resources: Videos*****Professional*****Resources: Books**

Resource and Description	Schools
<u>Strategies for Study</u> - Learning how to learn handbook	- Souris Regional High
<u>How to Write Tests and Exams</u>	- Souris Regional High
<u>Study Skills: How to Take Notes (1990)</u> - Grades 9-12	- Teachers' Resource Center, Eastern District
<u>Study Skills Last a Life Time</u> - Grades 10-12	- Three Oaks Senior High
<u>Step to Tomorrow</u> - Grades 10-12	- Three Oaks Senior High
<u>Tackling Textbooks</u> - Grades 10-12	- Three Oaks Senior High
<u>Time on Your Hands</u> - Grades 10-12	- Three Oaks Senior High
<u>Exam Preparation</u> - Grades 10-12	- Three Oaks Senior High
<u>Tools for Learning: A Guide to Teaching Study Skills</u>	- Teachers' Resource Center, Eastern District

SUICIDE/ DEPRESSION

Resource and Description Schools

Elementary/Intermediate

Resources: Books

Guidance For Grade 1-8 Option Series
 - Set of ten titles
 - Includes **suicide**, abuse, counselling in the elementary school
 - Grade level 1-8
 - Peguis Publishers, Winnipeg

- Georgetown Elementary
 - Dundas Consolidated
 - Cardigan Consolidated
 - St. Peter's Consolidated
 - Mount Stewart Consolidated
 - Spring Park Elementary

Intermediate/Senior High

Resources: Programs

S.O.S. (Signals of Suicide) Suicide Prevention Program offered by Canadian Mental Health, PEI Division.
 Coordinated by Pat Doyle

- Birchwood Intermediate
 - Summerside Intermediate
 - Souris Regional High

Resources: Books

Suicide pamphlets

- Kensington Intermediate/Senior High

Coping With Self-Mutilation

- Souris Regional High

Coping With Emotional Disorders

- Souris Regional High

Conquering the Beast Within
 - Grades 7-12

- Summerside Intermediate

Resources: Videos

David's Story: A Teen Suicide (1991)
 - Grades 7-12

- Teachers' Resource Center, Eastern District

Coping With Depression
 - How I fought Depression and Won
 - Written by a teen
 - Grades 7-9

- Summerside Intermediate

SUICIDE DEPRESSION (Con't)

Senior High

Resources: Videos

Resource and Description	Schools
<u>Ordinary People</u> - suicide , family relations - Grades 10-12	- Morell Regional High
<u>Bullying CBC</u> - Video - Describes results of bullying on one teenager - Suicide - Grades 10-12	- Morell Regional High
<u>Teenage Blues: Coping With Depression</u> - Sunburst (1983) - Grades 9-12	- M.E. Callaghan Intermediate
<u>Cries for Help</u> - Grades 9-12	- M.E. Callaghan Inter. - Souris Regional High
<u>Did Jenny Have to Die?</u> - Sunburst (1980) - Grades 9-12	- M.E. Callaghan Inter.
<u>A Number of Resources Dealing With Causes/Signs and Prevention</u> - Grades 10-12	- Three Oaks Senior High
<u>Coping With Depression</u> - Grade 10-12	- Teachers' Resource Center, Eastern District
<u>Remembering Tom Aftermath</u> - Coping with suicide - Grades 10-12	- Westisle Composite High
<u>Sad, Angry, Lonely and Scared: The Masks of Depression</u> - Grade 9-12	- Teachers' Resource Center, Eastern District
<u>A Story of Teen Depression</u> - Grade 9-12	- Teachers' Resource Center, Eastern District

SUICIDE DEPRESSION (Con't)

Professional

Resources: Books

Resource and Description

Schools

Adolescent Depression: A practitioner's manual

- Summerside Intermediate

Suicide Intervention Handbook

- Summerside Intermediate

- Specific Strategies for risk assessment and intervention

Youth Suicide- A Comprehensive Manual for Prevention and Intervention

- Colonel Grey Senior High

Living Works- A Suicide Prevention Training Manual

- Three Oaks Senior High

TEENAGE PREGNANCY

Intermediate/ Senior High

Resources: Videos

Baby Blues
- Grades 9-12
- Summerside Intermediate
- Morell Regional High

Playing for Keeps
- Grades 9-12
- Summerside Intermediate
- Morell Regional High
- M.E. Callaghan Intermediate

Teen Pregnancy-Children Having Children
- Grades 7-12
- Three Oaks Senior High

Real People: Teen Mothers and Fathers Speak Out
- Grade 7-12
- Teachers' Resource Center, Eastern District

Teenage Father
- Grade 7-12
- Teachers' Resource Center, Eastern District

Reproduction (embryonic development)
- Grade 7-12
- Teachers' Resource Center, Eastern District

Resources: Books

Children Are From Heaven
- Kinkora Regional High

Kids Still Having Kids
- Grades 7-12
- Three Oaks Senior High

VIOLENCE PREVENTION

Resource and Description Schools

Elementary

Resources: Programs

Second Step - A Violence Prevention Curriculum

- Separate modules
- Grade level K-6

- Queen Elizabeth Elementary
- Greenfield Elementary
- Westwood Primary
- Souris Consolidated
- Rollo Bay Consolidated
- Eastern Kings Consolidated
- Fortune Consolidated
- Parkside Elementary
- Elm Street Elementary

A School Anti-Violence Program (A.S.A.P.)

- Souris Consolidated
- Rollo Bay Consolidated
- Eastern Kings Consolidated
- Fortune Consolidated
- Teachers' Resource Center, Eastern District
- Hernewood Intermediate

Peace and Development Club

- West Royalty Elementary

Creating The Peaceful School Program

- Montague Intermediate

Running Ahead: Aggressive Girls Group

- Montague Intermediate

Resources: Videos

Violence Prevention Program - Sunburst Communications

- 1-800-431-1934
- Grades K-5

- Greenfield Elementary

VIOLENCE PREVENTION (Con't)

Resources: Books

Elementary / Intermediate

Resources: Programs

Resources: Videos

Resources: Books

Elementary/ Senior High

Resources: Programs

Resource and Description

Schools

Is It Right to Fight

-Story book to teach conflict resolution
- Grades 1-3

- Athena Consolidated

It's Up To Me

- Program to build healthy relationships through the presentation of skits and discussions
- Grades 5-8

- Summerside Intermediate

Open Flame

- Put out by Canadian Association of Chiefs of Police
- Grades 7-9

- Cardigan Consolidated
- St. Peter's Consolidated
- Mount Stewart Consolidated

Preventing Conflict and Violence

- Grades 5-9

- Teachers' Resource Center, Eastern District

Creating The Peaceable School

- By R. Bodine, D. Crawford and F. Schfumpf (1994)
- Student manuel, Program guide
- Grades 4-9

- St. Peter's Consolidated
- Mount Stewart Consol.
- Westwood Elementary
- Guidance Consultant, Dept. of Education
- Queen Elizabeth Elem.
- Amherst Cove Consol.
- Miscouche Consol.
- Somerset Elementary

Thumbs Down: A classroom response to Violence towards Women

- Canadian Teachers' Federation (1990)
- A Classroom response to Violence against women

- Summerside Intermediate

VIOLENCE PREVENTION (Con't)

Intermediate

Resources: Programs

Resource and Description

Schools

Love Without Violence - A Kit On Dating Violence

- Queen Charlottetown Intermediate

Strategies For A Peaceful School

- Various materials being used to promote appropriate ways of developing relationships
- Main resource: Second Step - Violence Prevention

- Stonepark Intermediate

Second Step: A Violence Prevention Curriculum for Middle School/Junior High Level

- Teachers' Resource Center, Eastern District

Project Schools Teaching Options for Peace (STOP) Teen Mediation Project 1993-94

- Grade 7-9

- Teachers' Resource Center, Eastern District

Caring Places To Learn Team - Peaceful School Activities

- Queen Charlotte Intermediate

Resources: Videos

Youth Violence
- Grades 9

- East Wiltshire Intermediate

Youth Violence: What's Out There
- Grade 4-12

- Teachers' Resource Center, Eastern District

Intermediate/ Senior High

Resources: Programs

Peace Works Materials (www.isn.net/~cliapei/peaceworks.htm)
- Grades 7-12

- Montague Intermediate

VIOLENCE PREVENTION (Con't)

Resource and Description	Schools
<u>Anger Management and Violence Prevention</u> - Group activities - Grades 7-12	- Queen Charlotte Intermediate
<u>Responding to Hate at School</u> - Grades 7-12	- Summerside Intermediate
<u>The Coolien Challenge</u> -With CD ROM -violence prevention becomes "cool, how to resolve conflict constructively, divided into eleven teaching modules - Grades 7-12	- Athena Consolidated
<u>Love Taps</u> - Dating violence - National Film Board of Canada - Grades 9-12	- Hernewood Intermediate - M.E. Callaghan Intermediate
<u>Bullies, Loners and Violence</u> - Grade 9-12	- Teachers' Resource Center, Eastern District
<u>Teen Violence Prevention Video</u> - Grades 8-10	- Summerside Intermediate - Colonel Grey Senior High - Three Oaks Senior High
<u>Real People's Relationships</u> - Grades 8-12	- Summerside Intermediate
<u>Safe Teen</u> - Grades 10-12	- Three Oaks Senior High
<u>Staying Safe in Dates</u> - Grades 10-12	- Three Oaks Senior High
<u>Domestic Violence</u> - Grades 10-12	- Three Oaks Senior High

Resources: Videos

VIOLENCE PREVENTION (Con't)

Professional

Resources: Books

Resource and Description

Schools

Violence in the Schools:
Programs and Policies for
Prevention
(Canadian Education
Association, 1993)

- Teachers' Resource
Center, Eastern District

Effective Strategies for
School Security (1981)

- Teachers' Resource
Center, Eastern District

Reducing School Violence
Through Conflict Resolution

- Teachers' Resource
Center, Eastern District

Break It Up: A Teacher's
Guide to Managing Student
Aggression

- Teachers' Resource
Center, Eastern District

Bullies and Victims in
Schools: A Guide to
Understanding and
Management

- Teachers' Resource
Center, Eastern District

Violence Prevention:
Learning to Get Along

- Teachers' Resource
Center, Eastern District

Combating School Violence:
A Handbook of Proactive
Strategies

- Teachers' Resource
Center, Eastern District

Resources: Journals

Orbit, (vol.29,no. 4, 1999)
"Safe Schools '99", OISE
- A special edition devoted
completely to concerns and
strategies for safe schools

- Teachers' Resource
Center, Eastern District