Career Cruising For Intermediate Health Curriculum
(Recommended components for each grade level)

Note: Activities can be found at "I" on the menu bar.

Grade 7 (5 classes)
Introduce Career Cruising / Obtain Username and Password
Activity #1 (School Subjects and Careers)
Activity #2 (Using School Subjects in the workplace)
Complete the first 39 questions of Career Matchmaker
Activity #3 (Using Career Matchmaker)
Create a portfolio on Career Cruising to save Career Matchmaker results.
Add careers of interest. Students can also list extracurricular activities, interests, skills, etc...Students will still have a hard copy portfolio where these can be placed

Grade 8 (6-8 classes)
Search For careers by school subject
Activity #7 (Career Clusters Research Project)
Activity #8 (Career fair Project) This can be done in grade 8, grade 9, or both.
Complete the first 39 questions of Career Matchmaker. (These were completed in grade 7, but responses may have changed. Continue in Matchmaker doing all the additional questions in Matchmaker, except the My Skills questions. Do Answer More Questions to Improve my Results, Choose a level of Education, Review my answers and make changes, and See How Other Careers Match up with My Answers. Save results in Portfolio. Career Cruising and hard copy
Explore the career suggestions
Activity #4 (Your Career Ideas & Career Matchmaker)
Update careers of interest
Update portfolio (Career Cruising and hard copy)

Grade 9 (6-8 classes)
Activity #5 (Using Career Selector)
Activity #8 (Career Fair Project) This can be done in grade 8, grade 9, or both. Have student choose a different career cluster if this is done both years.
Go through Career Matchmaker again to see how career interests may have changed (optional).
Introduce the Education Plan section. (Supports L-9.4 and L-9.6)
Update Career Matchmaker results and careers of interest
Update Portfolio (Career Cruising and hard copy)
Introduce the Resume section
Produce first resume (optional)

At each grade level, teachers are encouraged to invite community members to their class to share their portfolios and discuss how they developed them and the purposes they serve.