

Hours of Operation

Brecken House is open Monday to Friday from 8:00am to 4:00pm with the exception of holidays.

Location

Brecken House is co-located at Prince Edward Home.

Unfortunately, Brecken House does not provide transportation for program participants; however, when family members are not available, staff can help access alternative transportation options including:

- City transit
- Taxis
- Pat and the Elephant

Volunteers Welcomed!

Volunteers are a very important part of the programs and services offered at Brecken House.

if you are interested in volunteering, Brecken House is happy to provide the necessary training!

Please call 902 368 4611 for more information.

Contact Us

For more information about the Adult Day Health Program, please contact us:

Brecken House Adult Day Health Program
Health PEI – Queens County
5 Brighton Road
Charlottetown, PEI C1A 8T6

Phone: 902.368.4611



Brecken House Adult Day Health Program is one of the services provided by Home Care, Queens County

Brecken House Adult Day Health Program



**Celebrating over 30 years
of reaching out to seniors in
our community.**

Health PEI



What is the Brecken House Adult Day Health Program?

The Brecken House Adult Day Health Program was established in 1978. Originally intended to be a program of activities, entertainment, conversation, learning and health care promotion, the program has evolved to meet the increasing needs of seniors and their families.

The Adult Day Health Program provides an environment which focuses on maintaining the health of seniors who require on-going support to continue living in the community.

The program also provides a respite role (a break) for the caregivers of program participants.

Brecken House staff work hard to ensure there is an interactive program of activities and events. Each staff member has the necessary training and skills to provide personal care to program participants.

Since its origin, the program has made changes to accommodate participants whose care needs require mechanical lifts, grab bars, stair rails, quiet rooms for rest periods, raised seating, and wheelchairs and walkers.

What Do Program Participants Do?

Program participants can expect to take part in a variety of activities designed to focus on their abilities and interests.

Activities may be conducted in a group or individually and can include:

- Seated exercise class
- Music and music therapy
- Baking
- Crafts and work projects
- Art therapy
- Guest speakers and presentations
- Cards and games
- Coffee and conversation

A quiet room is also available for participants who would like a rest.

Who Can Participate?

A pre-admission assessment will be conducted to determine eligibility for the Adult Day Health Program. Program participants must live in the area covered by Home Care, Queens County.

Are There Program Fees?

The fee to attend the program is \$5/ day, which includes a hot meal and snacks.

How Often Can You Attend the Program?

The initial assessment done by a staff member will help to determine how often a person should participate in the program. The recommendation could be for one or more days per week.

What Other Services Are Provided Through Brecken House?

Several other health and wellness services can be accessed through Brecken House, some of which include:

- Individual care plans
- Therapeutic baths (century tub)
- Physiotherapy consultations
- Occupational therapy consultations
- Foot care clinics
- Nutrition counseling
- Hair care
- Referrals to other support services