



"I am just a normal kid. It started with a strawberry daiquiri party with my friends in grade 6. Drug free days were so few and far between, no one knew the difference. I've run away and slept in furnace rooms to stay warm. I've been chased by drug dealers for money I've owed. My family went on vacation without me, and I don't blame them. I got a second chance, rehab saved my life ... now I am high on life."

That's my story and it's real - PEI Youth, age 21



It always starts simply and innocently enough. It can easily end in harm and/or addiction. ***It doesn't have to.***

Need help? Contact the people who can help:

Alberton
Western Hospital
(902) 853-8670

Summerside
Prince County Hospital
(902) 888-8380

Charlottetown
Provincial Addictions
Treatment Facility
1-888-299-8399

Montague
Addiction Services
Doues Road
(902) 838-0960

Souris
Addiction Services
Souris Hospital
(902) 687-7110



Department of Health

ONE ISLAND FUTURE



ONE ISLAND HEALTH SYSTEM