

**“We all have a story to tell ...** I have too many.  
 My *“friends”* trashed my Mom’s place and I was assaulted while passed out. I got my head smashed in. I threw up in an ambulance. There’s a lot I don’t remember. You wouldn’t believe the stupid things you do when you’re drunk.

I have been drinking way too much since grade 6 or 7. Thanks to the help I got, most days I now know when to stop.

That’s my story and it’s real” - PEI Youth, age 17



[justtalkpei.ca](http://justtalkpei.ca)

It always starts simply and innocently enough.  
 It can easily end in harm and/or addiction.  
***It doesn't have to.***

Need help? Contact Addiction Services:

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| <b>Alberton</b><br>Western Hospital<br>(902) 853-8670 | <b>Summerside</b><br>Prince County Hospital<br>(902) 888-8380 | <b>Charlottetown</b><br>Provincial Addictions Treatment Facility<br>1-888-299-8399 | <b>Montague</b><br>Addiction Services<br>Douses Road<br>(902) 838-0960 | <b>Souris</b><br>Addiction Services<br>Souris Hospital<br>(902) 687-7110 |
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**Health PEI**



Liquor Control Commission

Scan here.

