



“We all have a story to tell ... I have too many. My *“friends”* trashed my Mom’s place and I was assaulted while passed out. I got my head smashed in. I threw up in an ambulance. There’s a lot I don’t remember. You wouldn’t believe the stupid things you do when you’re drunk.

I have been drinking way too much since grade 6 or 7. Thanks to the help I got, most days I now know when to stop.

That’s my story and it’s real” - PEI Youth, age 17

just talk

It always starts simply and innocently enough.
It can easily end in harm and/or addiction.
It doesn’t have to.

justtalkpei.ca

Need help? Contact Addiction Services:

Alberton
Western Hospital
(902) 853-8670

Summerside
Prince County Hospital
(902) 888-8380

Charlottetown
Provincial Addictions
Treatment Facility
1-888-299-8399

Montague
Addiction Services
Douses Road
(902) 838-0960

Souris
Addiction Services
Souris Hospital
(902) 687-7110

Health PEI



Liquor Control
Commission

Scan here.



ONE ISLAND FUTURE



ONE ISLAND HEALTH SYSTEM