Prince Edward Island CANADA Health and Wellness

Better access Better care

Better Access for Islanders to Mental Health and Addictions Services and Supports

November 2013

SUPPORT A YOUTH ADDICTIONS AFTERCARE PILOT PROGRAM

Q: Why has government decided to support a community-led aftercare program?

A: Mental health and addictions services and supports extend beyond treatment. Government recognizes that there are gaps in the availability of aftercare or follow-up supports in the community for Islanders struggling with addictions and their families.

The Department of Health and Wellness is extending support to a newly developed foundation focused on building a network of support for Island youth, and their families, who are transitioning from addictions treatment back to their community.

Q: What is the Reach Foundation?

A: The Reach Foundation is a newly established non-profit organization engaged in finding community solutions to social issues affecting children, youth and their families.

The foundation will build services that are family focused, community-based; evidence based and that are complementary to existing government and community services.

The foundation's approach will focus on partnerships, innovation, flexibility, and problem solving to work successfully with youth and families in our communities.

Q: What programs will be offered?

A: The Reach Foundation's first initiative will be the program, "Courage to Continue".

The objective of the program is to assist youth ages 14-24, struggling with addiction and mental health, who are transitioning from treatment to the community. The program features a safe, structured environment for youth who have had treatment and are in recovery.