

## Sample Learning Plan

Objectives	Resources/ Strategies	Evidence of Achievement	Target Dates	Criteria for Evaluation	Progress/ Status
I will concentrate on improving my skills in reviewing research literature. I will assess the relevance of the evidence to my practice and work setting. I will base practice decisions on current accepted research and standards of practice.	I learn best in a group setting with lots of interaction. On the advice of my mentor, I will apply to attend an interactive research conference on "using evidence for best practice." I value the perspectives of peers and so will attend the "lunch and learn" sessions at work to discuss research findings. With my mentor's assistance, I will apply to become a member of the Research Committee.	I will be able to critique research articles pertaining to medical / surgical nursing and know which journals offer best evidence for practice. I will attend three "lunch and learns" during the winter, actively participating in discussions.	Within 12 months	I am able to lead a discussion about a research article during the "lunch and learn". I select and introduce a research article that is pertinent to my units / facilities mandate. I introduce it at a team meeting for consideration. During the introduction, I am able to explain why an examination of present nursing practice may be required.	I will complete this area at key points during the mentoring experience (e.g., at three months, six months, and at the end of the experience) and reference achievements on the Learning plan and the Provincial Nursing Mentorship Program Progress Report

*Simpson ,(2005)*