Provincial Stroke Coordinator

The Provincial Stroke Coordinator provides leadership and coordination to guide and coordinate the effective implementation and ongoing operations of the Organized Stroke Care Program. They work closely with the Chronic Disease Prevention and Management Manager, Provincial Stroke Steering Committee, as well as key stakeholders within and outside the Department of Health. The Provincial Stroke Coordinator ensures the work is carried out in a coordinated, timely and effective fashion.

Areas of responsibilities for the coordinator include:

- Ensuring coordination among services;
- Development and implementation of education services;
- Development of policies, standards and protocols;
- Communication and liaison with internal and external partners;
- Evaluation of stroke services; and
- Serving as a resource to the Provincial Stroke Steering Committee.

Stroke Navigator

The Stroke Navigator works with stroke survivors, families, and care givers, providing guidance to access services to address a wide range of physical, psychological, social, emotional, and practical needs. The Stroke Navigator serves as the link between the stroke survivor, their families, health care professionals, and community partners providing a single focus point for coordination and integration of services. The Stroke Navigator builds relationships, solve problems, and locate resources.

Areas of responsibilities for the navigator include:

- Case management
- Education
- Liaison
- Advocacy, and
- Assisting with program development to facilitate the flow of the stroke survivor from acute care back to their “home” community (home includes community care and long term care facilities).
Physiatrist

The physiatrist consults with other physicians, acute care and rehabilitation staff working with stroke survivors and families on the Provincial Acute Stroke Unit, and directs the medical and rehabilitation care of patients on the Provincial Rehabilitation Unit patients followed by both the Ambulatory Provincial and District Stroke Rehabilitation Clinic and Teams. The role includes:

- Assessment of stroke survivor to determine appropriateness for admission to Rehabilitation Unit or Ambulatory Services on inpatient units and ambulatory clinics.
- Regular rounds and follow-up of inpatients on the Rehab Unit and Acute Care Units and ambulatory clinics and rounds.
- Assessment for and prescription of orthotic devices
- Participation and collaboration with Rehab Team members in Provincial Rehab Unit weekly team conferences, scheduled family conferences (case conferences) and interdisciplinary rounds.

Psychologist

The psychologist is available to work with stroke survivors at all stages of the stroke care continuum. They work closely with other members of the treatment team, from the acute to outpatient level. Administration of a neuropsychological assessment will:

- assist with better understand the effect of the stroke on memory, thinking, emotions and other aspects of brain function
- determine strengths and weaknesses, track improvement, help guide therapy, and help provide information regarding returning to activities such as the workforce.

The psychologist is also concerned with the emotional impact of stroke, and may meet with patients and families to help with adjusting to the changes, or for additional education.